

# Akınafarir Pol Efesusin Nguibamın itir Sios bagha Osirizim

*Akar Faragha Zuim*

Akınafarir kamin akar mingarim a kamakin, God kamaghın nighnisi, an overiam ko nguazimin ingarizir biziba bar, dar amu da isi Kraisin apenggan dar arigham. Eighti Krais biziba bar dar dapanimin ikiam (1:10). Ezi God kamaghın ifonge, a uan gumazamiziba gaghuvkinti, eighti me bar Krais ko poroghič ikiva egh me navir vamira ikiam.

Ezi akınafarimin aven faragha itir akaba, Pol Godin apangkuvimin migirigiar aviribagh ami. A ghaze, God gumazamizibagh amima, me bar nighnizir gavgavim Kraisin ikiava uari akuvagha, egha ikizir vamiran gumazamizibar otifi. Jesusin ingangarimin, God ua gumazamiziba inigha, egha Godin Duam me ganingga. Ezi tuavir kamin me bar fo, me Godin akar dikirizimin bizir mikemeziba, me bar da iniam (1:14).

Egha akınafarimin itir namba 2in akar otevimin, Pol kamaghın migia ghaze, Kraisin adarasi me Krais ko poroghav iti. Kamaghın, me bar navir vamira ikiva, egh Godin arazibar gin mangi.

Ezi akınafarir kamin Pol akar isin zuibar migiava, egh kamaghın men akakaghti me kamaghın fogh suam, me Krais ko poroghav ikia egha ikizir vamiran gumazamizibar oto. A kamaghın mikeme, Godin gumazamiziba, me

nivafizir vamiran min oto, ezi Krais mati nivafizir vamiran kamın dapanim. (4:1-16). Ezi uaghan, Godin gumazamiziba mati dipenir mam, ezi Krais, a mati dipenir kamın guarir akınim (2:19-22). Egħa Godin gumazamiziba mati amizir mam, ezi Krais mati amizir kamín pam (5:22-32). Ezi akinafarir kamin aven e bar deravira bizir aghuir God uan gumazamizibar amuamibar gari.

## **E Kraisin porogħav itima, God e gamizi e gumazamizir igiabar otifi**

*(Sapta 1-3)*

<sup>1</sup> Ki Pol, God uan ifongiamin gin ghua Krais Iesusin aposelin ikiasi na misefe. Ia, Efesusin itir Kraisin adarasi, ia Krais ko porogħava ikia deraghvira an gin zui. Ki ia bagħha akinafarir kam osirigha anemadi. <sup>2</sup> Ki kamagh sua, God en Afeziam ko Krais Iesus en Ekiam, aning apangkuvim ko navir amirizim ia daningam.

*E Krais Iesusin porogħav itima, God uan Nguibamin itir bizir aghuiba bar da isava e ganidi*

<sup>3</sup> E Krais Iesusin porogħav itima, ezi tuavir kamín God deravira e gamua en duabar akurvaghosa uan Nguibamin otivir bizir aghuiba e ganidi. Kamagħin amizi, e God minabagħam, a en Ekiam Krais Iesusin Afeziam ko an God. <sup>4-5</sup> Dugħiar God tighar nguazir kamín ingaramim, a kamagħin ifonge, e a bagħivira itir gumazamizibar ikīva, an damazim in arazir kuratam ikian

kogham, egha a fomira e ginaba. Egha ghaze, e Krais ko porogħiv iki, egh tuavir kamin e an gumazamizibar min otogħam. A fomira bar e għifongegħha egha e ginabagħha ghaze, a Krais Iesu sin ingangarim min tuavimin e damighti, e an boribar otivigham. God uan bar akongezir arazim ko uan ifongiamin ġin ghua bizir kam gami. <sup>6</sup> A ifongezir Otarim min ziamin, a bar pura bizir aghuimin min uan apangkuvim isa e ganingi. Kamaghin e apangkuvir bar ekiar kam ginighnighiva, egh Godin ziam fam.

<sup>7-8</sup> E fo, Krais in ovevemin God uam e ini, egha en arazir kuraba ġin amada. Godin apangkuvim guizbangira bar ekevegħha izifa. Kamaghin a uan apangkuvim e gufusfuzima an e girava, fofozir aghuim ko nighnizir aghuim e ganidi. <sup>9</sup> God fomira uan ifongiamin ġin ghua, Krais in ingangarim min tuavimin uan nighnizir mogomem azenim darīghass nighniki. Ezzi a datirighin an nighnizir mogomer kam a en akazi an azenan oto. <sup>10</sup> Godin nighnizir kam a kamakin, a ingarizir biziba bar dar amuti da mangiwa dughiar a in-abazimira a da isi Krais in apengan dar arīgham. Overiamin itir biziba ko nguazimin itir biziba sara bar. Eghti Krais biziba bar dar dapanim min ikiam.

<sup>11</sup> God uan ifongiam ko nighnizim min ġin ghua, bizibagh amima da otifi. A faraghavira uan nighnizim min ġin ghua, e Krais ko porogħ egh an gumazamizibar min ikiasi, an e amisefe. <sup>12</sup> E

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**1:6:** Mt 3:17, Jo 3:35, Ro 3:24, 5:15, Kl 1:13    **1:9:** Ro 16:25, Ef 3:4, 3:9-11, Kl 1:26, 2 Ti 1:9    **1:10:** 1 Ko 3:22-23, Ga 4:4, Fl 2:9-10, Kl 1:16, 1:20, Hi 1:2, 1 Pi 1:20    **1:11:** Ro 8:17, 8:28-29, Kl 1:12, Ta 3:7, Je 2:5, 1 Pi 1:4

Judaba, e faraghavira Krais mizuava an gin zuir gumazamiziba, e Godin ziar ekiam bar a pírafam.

**13** Ez i ia Kantrin Igharazibar Gumaziba uaghan, ia guizin akam baraghizima God ia gamizi ia an gumazamizibar otifi. Akar aghuir kamra kara: God ian akurvasi. Ia nighnizir gavgavim Kraisin itima God uan Duam ia gati. Kamaghin me fogh suam, ia an gumazamizibara. Kar Godin Duar a fomira akar dikirigha amizim. **14** E Godin Duam inigha gifä, kamaghin e bar fo, e bizir God akar dikirizimin uan gumazamizibav kemeziba, e bar da iniam. Bizir kamin e fo, God uan gumazamiziba damighti me guizbangira firighregham. Kamaghin e Godin ziar ekiam bar a pírafam.

*Pol God ko migia ghaze, God fofozim Efesusin sios daningam*

**15** Ki fo, God bizir kabanang gami, ez i ki orasi, ia nighnizir gavgavim Ekiam Jesusin ikiava, Godin gumazamiziba bar me gifonge, **16** kamaghin amizi, ki zurara ia ginighnigha God ko migia ia bagha God minabavira iti. **17** Egha ki Godin azangsisi, en Ekiam Krais Jesusin God, Afeziar ziar ekiam itim, ki an azangsigha ghaze, a uan Duam ia danighti a ia damutti, ia fofozir aghuim iniam. Eghti Godin Duam uan guizin akam ian akaghti, ia deragh Godra fogham. **18** Ki kamaghin Godin azangsisi, ian nighnizim kuighrighti ia Godin angazangarimin ganam. Egh ia kamaghin fogham, God ian diazima ia bizir aghuir ia fogha iniamiba da bagha mizuai

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**1:13:** 2 Ko 1:22, 6:7, Ef 4:30, Kl 1:4-6      **1:14:** Lu 21:28, Ro 8:23, 2 Ko 1:22, 1 Pi 2:9      **1:15:** Kl 1:4      **1:16:** Fl 1:3-4, Kl 1:3, 1 Te 1:2

**1:17:** Kl 1:9      **1:18:** Ap 26:18, Ef 2:12, 4:4, Kl 1:12

iti. Egh kamaghin fogham, bizir aghuir God uan gumazamizibar aningamiba, da bar ekevegha piñ ko. <sup>19-20</sup> Egh ia kamaghin fogham, Godin gavgavim zurara en navibar aven ikia ingara en akurvasi, e nighnizir gavgavim an itiba. Gavgavir kam, guizbangira bar ekefe, e guizbangira an gavgavim tuisiva avegham. Gavgavir en aven ingarir kamra, dughiar Krais ovengezimin, God gavgavir kamin Krais gamizi, a ua dikafi. Egha a inigha uan Nguibamin ghua a isa uan agharir guvimin amadaghan anefa. <sup>21</sup> Kamaghin Krais Godin Nguibamin ikia egha duar gavgaviba itiba bar, ko gumazir dapaniba, ko gavmanin gumaziba, ko atriviba, a bar men gavgavibagh afiragha me gatifa. Egha Ziar Krais uan ingangarim bagha inizim a ziar manaba, manaba bar dagh afira, dughiar kamin ziaba ko dughiar tighar izamimin ziaba bar. <sup>22</sup> God biziba bar dagh amizima da Kraisin apengan iti. Egha a gamizi, a sios bagha biziba bar dar dapanimin oto. <sup>23</sup> Sios mati Kraisin namnam. Ezzi Krais biziba bar dar aven ikia bar dagh izifa. Egha Krais uan siosin aven ikia bar a gizifa.

## 2

*E gumazamizir ariaghreziba, God e gamizi e Krais ko angamra iti*

<sup>1</sup> Ia fomira Godin akam barazi puvatigha arazir kurabagh amuava, kamaghin ian duaba guizbangira aremezzi moghin iti, mati

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**1:21:** Ro 8:38, Fl 2:9-10, Kl 2:10, 2:15, Hi 1:4      **1:22:** Sng 8:6, Mt 28:18, Kl 1:18, Hi 2:7      **1:23:** Ro 12:5, Ef 4:10, 4:15, Kl 2:9, 3:11

**2:1:** Ef 4:18, Kl 1:21

gumazamizir ariaghreziba. <sup>2</sup> Faragha zuir dughiamin, ia nguazir kamin arazir kurabar gin zui. Egha ia duar kurar overiamin itibar atrivim, ia an akam baregha an gin zui. Duar kurar kam, gumazamizir Godin akam barazi puvatizibar navir averiabar aven ingari. <sup>3</sup> Fomira e bar moghira men min ami, egha uan navir ghurimin ifongiamin gin zui. E uan nivafizir agorogem ko uan nighnizir kurabar gin zui. Dughiar kamin e nguazimin itir gumazamizibar min amima, kamaghin God bar en arazir kuraba bagh ivezir kuram e daningasa nighnizim gami. <sup>4-5</sup> Guizbangira, en arazir kuraba e gamizi en duaba guizbangira aremezi moghin iti, mati gumazamizir ariaghreziba. Ezzi God bar e gifongezi, an apangkuvir dafam bar e avara. Kamaghin an e gamizi e Krais ko angamra iti. God uan apangkuvimin tuavimra, a en akura. <sup>6</sup> A kamagh sua, e Krais Jesus ko Godin Nguibamin atrivimin ikiam. Kamaghin an e gamizi e Krais ko poroghav ikia, a ko ua dikafi. <sup>7</sup> A kamagh sua, a uan apangkuvir bar dafam, tighar izamin dughiabar gumazamiziba bar men akaghosa. Eghti me fogh suam, a Krais Jesusin ingangarimin tuavimin a bar me gifonge. Kamaghin an arazir aghuir kamin e gami. <sup>8-9</sup> Ia nighnizir gavgavim Godin itima, ezzi a uan apangkuvimin tuavimra ian akurvasi. Kar ia uari amizir puvatizir bizim. Puvati. God pura ia ganingi. Kar ian

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**2:2:** Jo 12:31, Ef 5:6, 6:12, Kl 1:21, 3:6-7, Ta 3:3    **2:3:** Ro 5:12, Ga 5:16, Kl 3:6, Ta 3:3, 1 Pi 4:3    **2:4-5:** Lu 15:24, 15:32, Ap 15:11, Ro 5:6-10, 6:4-5, 6:13, 10:12, Ef 1:7, 2:1, 2:7, Kl 2:12-13    **2:6:** Ef 1:20, Kl 2:12    **2:7:** Ef 1:7

ingarimin iveau puvati. Kamaghin bizir kam bagh gumazitam uabi uan ziam fan marki. **10** God fomira e bagha, ingangarir aghuir e gin damuamiba, a dagh nighnigha da ati. A kamagh sua, e ingangarir kabar amuasa, egha kamaghin an e gamizi, e Krais Jesus ko porogħav ikia datirighin gumazamizir igiabar otifi.

*Krais apanim gamir arazim a givazi, ezi Judaba ko Kantrin Igharazibar Gumaziba ikizir vamira iti*

**11** Ia Kantrin Igharazibar otivir gumaziba, ia kamaghin fo, Judaba, uan gumazibar mikarzir mogomebar aghori. Egha me kamaghin ia dibori, ia gumazir mikarzir mogomebar aghorir puvatiziba. Arazir kam kamakin, gumaziba uari uan mikarzir mogomebar aghori. Eughti ia deravira nighnigh, ia fomira Kantrin Igharazibar Gumazibar min ike. **12** Dughiar kam ia Kraisin saghon iti. Ia Israelin gumazamizibar azenan iti, kamaghin ia nguibar igharazibar gumazibar min iti. God uan adarasi ko akam akirigha, egha uan gumazamiziba akar gavgavir dikirizim me ganingi. Ezi ia akar gavgavir dikirizir kamin aven itir puvati. Ia nguazir kamin ikiava God gifozir puvatigha, egha ia bizir aghuir mizuai iti tam itir puvati. **13** Ia faragħha saghon iti, ezi datirighin Kraisin ghuzim ia ruegha egha ian akua izezi, ezi ia Krais Jesus ko porogħav ikia, Godin borogħin iti.

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**2:10:** 1 Ko 3:9, 2 Ko 5:5, 5:17, Ef 4:24, Ta 2:14    **2:11:** Ro 2:28-29, 1 Ko 12:2, Ef 5:8, Kl 1:21    **2:12:** Ro 9:4, 9:8, Ga 4:8, Ef 4:18, Kl 1:21, 1 Te 4:5, 4:13    **2:13:** Ga 3:28, Ef 2:17, Kl 1:20

**14** Krais uabi e gamizi e navir amirizim ikiava deravira uari inigha iti. Fomira Judaba ko Kantrin Igharazibar Gumazamiziba uarir apanim gami. Ezi arazir kam a divazimin min men tongin ikia me abiki. Ezi Krais uan ovevemin tuavimin divazir kam anekariaghaghita egha apanir arazir kam agifa. Ezi Judaba ko Kantrin Igharazibar Gumaziba ikizir vamiram oto. **15** Krais, Moses Osirizir Araziba, ko akar gavgaviba, ko arazir me anogorogheziba sara bar da gifa. A ghaze, a kamaghin damigh, ikizir pumuning damuti, aning a ko porogh ikiva egha ikizir igiar vamiran otogham. A tuavir kamin an e gamizi e navir vamira iti. **16** Krais ter ighuvimin aremegha egha tuavir kamin ikizir pumuning gamizi aning ikizir vamiran oto. Egha uam aning inigha God bagha ize. Egha an ovever tuavir kamra me uarir apanim gamir arazim anegifa. **17** Kamaghin Krais izeghava akar aghuim gumazamiziba bar me mikira ghaze, ia navir vamira iki. A, gumazamizir Godin saghon itiba ko gumazamizir Godin boroghin itiba bar, akar aghuim me mikiri. **18** Kamaghin Kraisin ingangarimin tuavimra e bar, Judaba ko Kantrin Igharazibar Gumaziba, Godin Duam en akurvazima e uari akuvagha Afeziamin boroghin izi.

### *E Kraisin adarasi, e mati Godin Dipenimra*

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**2:14:** Ais 9:6, Mai 5:5, Jo 16:33, Ap 10:36, 1 Ko 12:13, Kl 1:20, 2:14

**2:15:** 2 Ko 5:17, Ga 6:15, Ef 4:24, Kl 1:20-22, 2:14, 2:20      **2:16:** Sek 9:10, Ro 6:6, 8:3, Kl 1:20, 2:14      **2:17:** Ais 57:19, Sek 9:10, Ap 2:39,

Ro 5:1      **2:18:** Ro 5:2, 1 Ko 12:13, Ef 3:12, Hi 4:16, 1 Pi 3:18

**19** Kamaghin amizi, datirighin ia Kantrin Igharazibar Gumaziba, ia ua kamaghin nighnighan marki egh suam, ia nguibar igharazibar gumazamiziba o nguibaba puvatizir gumazamiziba. Puvati. Ia Godin adarasi ko uaghara ghu, egha uaghan Godin gumazamizibar tongin itir marasi. **20** Ia uaghan mati God ingarizir dipenimin min iti. Gumazim dipenim ingarasa ter akiniba kuazizi moghin, God aposelba ko uan akam inigha izir gumaziba me amisevezzi me an tuivigha ingangarim gami. Ezi Krais Jesus, a uabi dipenir guarimin min iti. **21** Dipenir guarim a dipenir agharim bar a gupuzi moghin, Krais bar e isafuragha e gamima e aghua, ghuava God baghavira itir dipenimin oto. **22** Ia uaghan Krais ko poroghav iti, ezi God igharaz darazi ko ia isafuragha ia gamizi, ia guizin Godin Dipenimin min oto. Ezi Godin Duam dipenir kamin aven iti.

### 3

*Pol Kantrin Igharazibar Gumazibar tongin akar  
aghuim akunamin ingangarim gami*

**1** God guizbangira deravira ia gami. Ezi bizar kam bagha ki Pol, ki Krais Jesusin ingangarim gamua egha ia Kantrin Igharazibar Gumaziba ian akurvagha, kamaghin ki kalabusin iti. Egha ki ia bagha God ko migei. **2** Ia ti oreghama, God apangkuvim ikia ia bagha ingangarir kam na

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**2:19:** Ga 6:10, Ef 3:6, Fl 3:20, Hi 12:22-23    **2:20:** Mt 16:18, 1 Ko 3:9-11, Ga 2:9, MAA 21:14    **2:21:** 1 Ko 3:16-17, 2 Ko 6:16, Ef 4:15-16, Kl 2:19    **2:22:** 1 Pi 2:5    **3:1:** Ef 4:1, Fl 1:7, 1:13, Fm 1, 9    **3:2:** Kl 1:25

ganingi. <sup>3</sup> Egha God uan nighnizir mogomem azenan aneka, egha na gamizi, ki a gifo. Ki mong an gun osiri, <sup>4</sup> eghti ia migirigar ki osirizibar ganiva fogh suam, ki Krais amizir ingangarimin nighnizir mogomem, ki bar a gifo. <sup>5</sup> Faragha zuir dughiaba, God gumazamiziba nighnizir mogomer kamin me mikemezir puvati. Ezı datırighın God uan Duamin tuavimin uan aposelin a baghavira itiba ko an akam inigha izir gumazibar akazi an azenim giri. <sup>6</sup> Nighnizir mogomer kam a kamakin: Akar aghuimin aven Kantrin Igharazibar Gumaziba ko Judaba uaghara, God uan bizir aghuibisa bar moghira me ganidi. Me uari ko ikia mati nivafizir vamiran aven iti. Me bar moghira, Krais Iesusin ingangarimin tuavimin, bizir God e bagha akam akiriziba e da iniam.

<sup>7</sup> Godin apangkuvimin tuavimin, a bizir aghuir kam pura na ganingi, egha a na gamizi an gav-gavim nan aven ingari, ezı ki akar aghuimin ingangarir gumazimin oto. <sup>8</sup> Ki, Godin gumazamizibar abuan itir gumazim, ki bar an gin iti. Ezı God bar nan deragha Kantrin Igharazibar Gumaziba akar aghuim akunasa ingangarir ekiar kam na ganingi. Akar aghuir kam, a Kraisin bizir aghuibar gun migei. Bizir aghuir kaba, gumaziba dagh nighnigh da tuisighiva avegham. <sup>9</sup> God biziba bar dar ingari, egha faragha zuir dughiaba uan nighnizir mogomem men ghuara. Egha iza datırighın a uan nighnizir mogomem aghurasa,

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**3:3:** Ef 1:9-10, Kl 1:26      **3:6:** Ga 3:14, 3:28-29, Ef 2:13-19      **3:7:**  
Kl 1:23-25      **3:8:** 1 Ko 15:9-10, Ga 1:16, Ef 1:7, Kl 1:27, 1 Ti 1:13-15  
**3:9:** Ro 16:25, 1 Ko 2:7, Ef 1:9, Kl 1:16, 1:20, Hi 1:2

ingangarir kam na ganingi, eghti ki gumazamiziba bar me damut*ı* me God damuamin araziiba bar dagh fogham. <sup>10</sup> God kamagh sua, datirighin dughiar kam a uan sios damut*ı*, eghti sios, enselba ko duar gavgavir overiamin itibar amut*ı*, eghti da an fofozir aghuimin tuavir aviriba dagh fogham. <sup>11</sup> God fomira bizir kam damuasa nighniki egha datirighin en Ekiam Krais Iesusin ingangarimin an a gamizi an oto. <sup>12</sup> E Krais ko porogħav ikia nighnizir gavgavim an iti, egha tuavir kamin e Godin borogħin mangasa gavgavigha, atiatir pu-vati. <sup>13</sup> Ki pamtem ia gakaghori, ia osimtizir ki ia bagha aterir kam, ia a ginighnigh osiman marki. Guizbangira ki ian dabirabir aghuarim bagha osimtizir kam ateri.

*Pol Efesusin nguibamin itir sios bagha God ko migei*

<sup>14</sup> Ki bizir Afeziam amizir kabagh nighnigha, egha an damazimin uan tevimming apiri. <sup>15</sup> A uan Nguibamin itir ikiziba ko nguazimin itir ikiziba bar, a bar men Afeziam. Egha vaghvagħa ziaba me gariki. <sup>16</sup> Ez-i ki bizir kam bagħha Godin azangsigha ghaze, God bizir aghuir an Nguibamin otivir taba ia daning, eghti an Duam gavgavim ia daningti, ian navir averiaba gavgavigham. <sup>17</sup> Ki kamagħin Godin azangsisi, ian nighnizir gavgavimin tuavimin Krais zurara ian navir averiabar ikiam. Eghzi igharaz darazigh ifongezir arazim, a ian navir averiabar aven iki

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**3:10:** Ro 8:38, 11:33, Ef 1:21, 1 Pi 1:12    **3:12:** Jo 14:6, Ro 5:2, Ef 2:18, Hi 4:16    **3:13:** Kl 1:24    **3:15:** Ef 1:10, Fl 2:9-11    **3:16:** Ro 9:23, 2 Ko 4:16, Fl 4:19, Kl 1:11, 1:27    **3:17:** Jo 14:23, Ef 2:22, Kl 1:23, 2:7

gavgavigh ia damut*ı*, eghti ia tuivigh gavgavigh, mati nguazim temer bibar suirazi temem tughha gavgavigha aghui. <sup>18</sup> Egh ia Godin gumazamizir igharaziba ko, gavgavim iniva deravira fogham, Krais gumazamizibagh ifongezir arazim bar ekevegha, bar pin ghuavanaga, bar ruarvagha, egha bar vin uaghiri. <sup>19</sup> Guizbangira God gumazamizibagh ifongezir arazim a gumazibar fofozim bar a gafira. Eghti ia guizbangira arazir kam gifogham. Eghti bizir aghuir God gizivaziba, uaghan bar ia gizivagham.

<sup>20</sup> Godin gavgavim en navir averiabar ingari, ezi gavgavir kam bar en nighnizibagh afira. Bizir God damuasa e an azangsiziba, o bizir e God damuasa e nighniziba, da mati pura biziba, an gavgavim bar dagh afira. <sup>21</sup> Kamaghin dughiaba bar, e siosin aven itir gumazamiziba Krais Jesus ko poroghiv iki, zurazurara Godin ziam fam! Bar guizbangira.

## **E mati Kraisin nivafizimin min iti, kamaghin e Godin arazibar gin mangam**

### 4

(Sapta 4-6)

*E Kraisin adarasi, e Kraisin nivafizimin min iti*

<sup>1</sup> Ki Pol, ki Ekiamin ingarim gamua, kamaghin ki kalabuziamin iti. Ki fo, God ian diagha ghaze, ia an arazir bar pin itibar gin mangi. Kamaghin

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**3:20:** Ro 16:25, 1 Ko 2:9, Kl 1:29      **3:21:** Ro 11:36, 16:27, Hi 13:21

**4:1:** Ef 3:1, Fl 1:27, Kl 1:10, 1 Te 2:12, Fm 1, 9

amizi, ki mighighavira ia migia ghaze, ia bar deraghvira Godin arazir kabar girara mangi. <sup>2</sup> Ia igharaz darazir apengan iki, egh men asughasugh, egh dughorir amirizimin iki, egh osimtzizir me ia gariziba, da ateriva, egh tuavir kamin bar me gifongegh. <sup>3</sup> Godin Duam e gamima e navir amirizim iti. Egha tuavir kamin arazir navir vamiran ikiamim e ganingi. Ezzi arazir kam benimin min e ikegha gavgavizi e ikizir vamiran iti. Kamaghin amizi ia arazir kam an suiragh gavgafigh. <sup>4</sup> E fo, e uari inigha nivafizir vamiran min iti. Ezzi Godin Duar vamira iti. Ezzi kamaghira, God ian diagha ghaze, a bizir vamira ia a daningam, eghti ia a baghivira mizuamam. <sup>5</sup> Ezzi en Ekiar vamira iti. Ezzi nighnizir gavgavir arazir vamira iti. Ezzi rurir arazir vamira iti. <sup>6</sup> Ezzima Godin vamira iti. A bar moghiram en Afeziam. A gumazamiziba bar me gatifa, egha a men tongin ingara egha men aven iti.

<sup>7</sup> E fo, Krais vaghvagha bar en apangkufi. Egha kamaghira uan apangkuvir ekiamin abaragha an mirara, a bizir bar aghuim vaghvagha e ganingi. <sup>8</sup> Godin Akinafarim kamaghin mikeme,

“A bar pin ghuavanabogha,  
kalabuziar bar avirim inigha uabin gin ghu.  
Egha bizir bar aghuiba pura gumazamizibagh  
anungi.”

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**4:2:** Ap 20:19, Ga 5:22-23, Kl 3:12-13    **4:3:** Kl 3:14-15    **4:4:** Ro 12:5, 1 Ko 12:4, 12:11-12, Ef 1:18, 2:16-18    **4:5:** Jo 10:16, 1 Ko 1:13, 2 Ko 11:4, Ga 3:27-28, Hi 6:6    **4:6:** Ro 11:36, 1 Ko 12:6    **4:7:** Ro 12:3, 12:6, 1 Ko 12:11    **4:8:** Sng 68:18, Kl 2:15

**9** Akar kam, “A ghuavanabo,” a kamaghin en akazi e fo, Krais a faragha nguazir bar vin mar itim giraghu.\* **10** Egha gumazir faragha iraghuzir kam, a uaghan pin ghuavanaga, uabi isi biziba bar dagh izivaghaha, kamaghin an overiar bar pin itimin ghuavanabo. **11** Gumazir kamra a “bizir bar aghuiba pura gumazamizibagh aningi.” A bizir aghuir kaba me ganingi, marazi an aposelin ingangarim me ganingi. Egha marazi, Godin akam inigha izir gumazimin ingangarim me ganingi. Egha marazi, Godin akar aghuim akunamin ingangarim me ganingi, egha marazi, Godin gumazamizibar ganamin ingangarim me ganingi, egha marazi, gumazamizibar God ifongezir arazibar men sure damuamin ingangarim me ganingi. **12** Krais kamaghin ifonge, e Godin gumazamiziba a en akuraghti e a bagh ingangarir aghuibar amuam. Eghti kamaghin e Kraisin nivafizimin otogh gavgavigh deravira ikiam. Kamaghin a bizir aghuir kaba e ganingi. **13** Eghti ingangarir kam mamaghira iki mangiti en nighnizir gavgavim bar gavgavichti bizir kam e damuti e bar moghira navir vamira ikiamin arazim inigh, egh e Godin Otarim guizbangira bar a gifogham. Kamaghin damichti e Kraisin gin zuir darorir kamin aven, e tugh gavgavighiva aghung mangi, gumazir aruabar avaghiva egh e guizbangira Kraisin min otogham.

**4:9:** Jo 3:13      \* **4:9:** (4:9) Fofozir gumazir maba, akar kam giragha ghaze, “A faragha nguazir kam bar an vin izaghiri.”

**4:10:** Hi 4:14, 9:24    **4:11:** Ro 12:7, 1 Ko 12:28, 2 Ti 4:5    **4:12:** 1 Ko 12:7, Ef 1:23, 2 Ti 3:17    **4:13:** 1 Ko 14:20, Kl 1:28, 2:2

**14** E ua boribar min ikian kogham. Ia fo, gumazir ifavariba, me gumazibagh ifara me gamima me tuavir kurabar zui. Eghti men migirigiar ifavariba uaghan ia munamangan kogham, mati ongarim ko aminim kurim givai. **15** E men migirigiar ifavariba baraghan kogham. E igharaz darazigh ifongezir arazim damuva egh guizin akabar me mikimam. Eghiva e Kraisin mirara aghungiva a ko poroghiv ikiti an en dapanimin ikiam. **16** A en dapanimin itima en soroghafariba ko damaziba ko nivafizimin bizir maba sara dar min iti. Egha an e gamima e nivafizimin aven bar uari isavsira. Ezî mati nivafizimin aven itir tevir agiriba ko aghariba uari isavsuirhizi moghin, an e gamima e uari isavsuiki, egha bar uarigh ifongezir arazim gami. E vaghvagha uan ingangarir aghuim gamua, kamaghin nivafizir kam uabi aghua ghua gavgafi.

### *Kraisin adarazi arazir igiabar gintigh*

**17** Kamaghin amizi, ki Ekiamin ziamin akar mam pamtem kamaghin ia mikimasa. Ia uam gumazir Ekiam gifozir puvatizibar arazibar gintighan marki. Men nighniziba, mingariba puvati. **18** Egha men nighniziba mati me mitatemin iti. Egha me fofoziba bar puvatigha men naviba bar gavgafi, kamaghin me Godin ikirimirimin azenan iti. **19** Me arazir kurabagh amuavira ikiava egha datirighin uam aghumsiziba puvati. Me bar uari isa arazir

**4:14:** Ais 28:9, 1 Ko 14:20, 2 Ko 2:17, Hi 13:9    **4:15:** Ef 1:22, 4:25,  
Kl 1:18, 1 Jo 3:18    **4:16:** Kl 2:19    **4:17:** Ro 1:21, 1 Pi 1:14    **4:18:**  
Ap 26:18, Ga 4:8, Ef 2:12, 1 Te 4:5    **4:19:** Kl 3:5

kurabagh aningi, egha me arazir mizirizir avirir igharazibar amusi bizitam men suiraghan kogham.

**20** Ez i ki ghaze, ia Krais in guiz in akam baraghizir dughiamin, me bizi kurar kabar ian sure gamizir puvati. **21** Ia guizbangira Krais in akam baregha gifa. Ez i ia an gin zuir darasi, me guiz in akam in ian sure gamigha gifa. Guiz in akar kam, a Iesus in aven iti.

**22** Ia fomira uan navir ghuribar arazibar gin zuima da ia gamima ia arazir ifavariba ko arazir kurabar amuasa navim dikava, egha ia gasighasisi. Ez i datirighin ia navir ghurim ateghiva mati gumazim korotiar ghurim sue.

**23** Egh ian nighniziba ko navibagh iragha bar igiabar otifigh. **24** Ia navir igiaba inigh mati gumazim korotiar igiam aru. God uabi navir igiar ian aven itibagh amizi ia an min otifi. Eghti gumaziba bar ian gan fogham, ia God in damazimin deragha egha a baghavira iti.

**25** Kamaghin ia ifavarir arazim atakigh. E bar moghira Krais in nivafizimin soroghafariba ko an bizi bar min iti. Kamaghin amizima, ia vaghvagh Krais in adarazi guiz in akabara me mikim.

**26** Egh ia atar, ia uaribagh ganigh, egh ia arazir kuratam damighan kogham. Ian adarim ikivira ikiti aminim piran marki. **27** Ian adarim zuamira givaghan koghti, kamaghin ia Satan bagh tiam

**4:22:** Ro 6:6, 8:13, Ef 2:2-3, 4:17, Kl 3:9, Hi 12:1, 1 Pi 4:3      **4:23:**  
Ro 12:2, Kl 3:10      **4:24:** Stt 1:26, Ro 6:4, Ef 2:10, Kl 3:10      **4:25:**  
Sek 8:16, Ro 12:5, Kl 3:8-9      **4:26:** Sng 4:4, Je 1:19-20      **4:27:** 2 Ko  
2:10-11, Je 4:7, 1 Pi 5:9

kuighti a ian nighnizibagh asighasigham. Ia kamaghin damuan marki.

**28** Okimakiar gumaziba uam okiman marki. Me uari uan dafaribar ingangarir aghuibar amu. Egh uaghan gumazamizir onganarazibar akurvaghsı, ingariva bizir taba inigh me daning.

**29** Eghti akar mizirizir kuraba ian akabar otivan marki. Ia gumazamizibar akurvaghamin akabara ia dav kim. Akar aghuir igharaz darazi gavgavim me daningamibara, dar ian akabar otiv. Egh akar ia migeir kaba, da gumazamizir ia barazibar akurvagham.

**30** Eghti ia Godin Duam osimtizim a daningan marki. Ia fo, God ia an gumazamizibar otivasa, a uan Duam ia ganıngi. Eghti a ian akaghti ia fogh suam, ia guizbangira an gumazamizibara, egh dughiar a uam ia iniamimin a ia damichti ia bar firighregham. **31** Ia arazir kurar kaba atakigh: navir kurar igharazi tavın itir arazim, ko aningagharim, ko adarir arazim, ko pamtem dagarvagha uari adoghadozir arazim, ko akar kuraba uari gasir arazim, ko igharaz darazir aghuaghuażir arazir maba sara. **32** Egh ia arazir aghuibar Kraisin adarasi me damu, egh men apangkuv. Egh uaghan uari uan arazir kuraba gin amang, mati God Kraisin ingangarimin tuavimin, ian arazir kuraba gin amadi.

**4:28:** 1 Te 4:11, 2 Te 3:8, 3:11-12    **4:29:** Ef 5:4, Kl 3:8, 3:16, 4:6, 1 Te 5:11    **4:30:** Ais 63:10, Ro 8:23, Ef 1:13-14, 1 Te 5:19    **4:31:** Kl 3:8, 3:18-19, Ta 3:2-3, 1 Pi 2:1    **4:32:** Mt 6:14, 18:22-35, Mk 11:25, 2 Ko 2:10, Kl 3:13

**5***E angazangarimin aven daruam*

<sup>1</sup> Ia God bar ifongezir boriba, kamaghin ia an amir arazibar gin mangi. <sup>2</sup> Ian arazir ia amiba, arazir gumazamizibagh ifongezir arazim gisın tugh, mati Krais bar e gifuegha e bagha uabi anigha areme. Kamaghin an ovevem mati ofan mughuriar aghuir God ifongezim. <sup>3</sup> Ia Godin gumazamizibara. Kamaghin ia, gumazamiziba tintiniba uari bakia uari isava akuir arazim, ko arazir miziriziba, ko igharaz darazir bizibar ganiva dagh ifongamin araziba, ia arazir kabar amuan marki. Egh uaghan ia arazir kabar migirigiaba tong ian tongin otivan marki. <sup>4</sup> Egh ia akar miziriziba ko akar onganiba ko asuir migirigiar kurabar amuan marki. Kar uaghan ia damuamin araziba puvati. Arazir ia damuamimra kara, ia God minabi. <sup>5</sup> Ia kamaghin fogh, gumazamizir tintiniba uari isava akuir arazim gamiba, ko gumazamizir arazir mizirizibagh amiba, ko gumazamizir marazir bizibar gara ifuer arazim gamiba, (Arazir kam mati ia uari isa God ganidi moghin ia uari isa bizir ifongezibagh anidi), ezi gumazamizir kamaghin amiba, me God ko Krais Ativir Gumazamizibar tongin ikian kogham.

<sup>6</sup> Ia tav ateghti a ia gifar ia damuti, ia akar ifavaribar gin mangan marki. Arazir kurar

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**5:1:** Mt 5:48, Lu 6:36    **5:2:** Kis 29:18, Wkp 1:9, Sng 40:6, Jo 13:34, Ro 14:15, 2 Ko 2:15, Ga 2:20, Hi 7:27, 10:10, 1 Jo 3:11, 3:23    **5:3:** Ro 6:13, 1 Ko 5:1, 2 Ko 12:21, Kl 3:5, 1 Te 4:3    **5:4:** Mt 12:35, Ro 1:28, Ef 4:29    **5:5:** 1 Ko 6:9-10, Ga 5:19-21, Kl 3:5    **5:6:** Ro 1:18, Kl 2:4, 2:8, 2 Te 2:3

kaba bagh Godin aningagharim gumazamizir an akamin gin zuir puvatiziba me bativam.  
**7** Kamaghin, ia ifavarir gumazir kaba tong men poghan marki.

**8** Ia faragha mitatemin aven ike, egha datirighin ia Ekiamin gumazamizibar otivigha, egha angazangarimin aven iti. Kamaghin ia gumazamizir angazangarimin aven itibar min daru. **9** (Angazangarim arazir aghuiba ko Godin damazimin derazir araziba ko guizin akamin arazibagh ami, da otifi.) **10** Ia, arazir God damutti a bar akongeghamiba, ia da buri dagh fogh dar amu. **11** Ia arazir mitatemin itibagh amir gumazamizibar poghan marki. Men arazir kinir kaba, da gumazamizibar akurvazir puvati. Eghti ia men arazibar amutti, da azenan otogh, mati angazangarim dagh isirazi moghin, eghti me fogh suam, arazir me amiba, da ikufi. **12** Me amir arazir mogomeba, ki dar gun mikiman kogham. Ki dav mikiman bar aghumsiki. **13** Angazangarim bizibagh isiragli, da azenim girighti, gumazamiziba fogh suam, bizir kabar mingariba kamakin. **14** Bizitam bar azenim girigh egh a guizbangira angazangarimin min otogham. Kamaghin, marazi ghaze,

“Ni aremezir gumazim,  
 ni ua dikafigh, mozim ategh

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**5:8:** Jo 12:36, Ap 26:18, Ro 1:21, 2 Ko 3:18, Ef 2:11-13, Kl 1:13, 1 Pi 2:9, 1 Jo 2:9    **5:9:** Ga 5:22    **5:10:** Ro 12:2, Fl 1:10, 1 Te 5:21, 1 Ti 2:3    **5:11:** Ro 6:21, 1 Ko 5:9-11, Ga 6:8, 2 Te 3:6, 3:14, 2 Jo 10:11  
**5:13:** Jo 3:20-21, Hi 4:13    **5:14:** Ais 26:19, 60:1, Ro 13:11

egh uam azenan izi.  
Eghti Kraisin angazangarim ni gisiraghram.”

**15** Kamaghın, ia uan daroriba deravıra dar gan. Ia gumazamizir organibar mın daruan markı. Ia fofoziba itir gumazamizibar mın daru. **16** Datırıghın ia Godın arazibar amuamin dughiam iti. Ezi e datırıghın itir dughiam, a gumazamiziba arazir kurabagh amir dughiam, a dughiar kuram. Kamaghın amizi, ia deravıra gan, dughiar kam pura mangı givaghan kogham. Dughiaba vaghvagh ia arazir aghuibar amu. **17** Kamaghın ia arazir organibar amuan markı. Egh arazir God damutı a bar akongeghamiba, ia da buri dagh fogh dar amu. **18** Ia wainın dipar avırim ramıva onganan markı, arazir kam ia gasıghasigham. Ia Godın Duam ategħti a ia gizifagh.

**19** Egh ia uariv kimsi, Ighiabar Akınafarimın aven itir ighiaba ko, Godın ziam fer ighiaba ko, Godın Duam ian navir averiabagh atızir ighiaba, ia uariv kim. Egh ia ighiabar amuva, Ekiamın ziam fiva, uan navir averiabar aven, ziar ekiam a daning. **20** Egh ia zurara, en Ekiam Krais Iesusin ziamin, bizir otiviba bar, da bagħ God Afeziam minabi.

### *Pol porogħamibav gei*

**21** Ia Kraisin apengan iti, kamaghın ia uarira uarir apengan ikiva uari baragh.

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**5:16:** Ga 6:10, Kl 4:5    **5:17:** Ro 12:2, Kl 1:9, 1 Te 4:3, 5:18    **5:18:**  
Snd 20:1, Ais 5:11, 5:22, Lu 21:34    **5:19:** Sng 33:2-3, Ap 16:25, 1 Ko  
14:26    **5:20:** Sng 34:1, Ais 63:7, Hi 13:15, 1 Pi 2:5    **5:21:** Fl 2:3, 1  
Pi 5:5

**22** Ia amizir paba itiba, ia Kraisin apengan ikiava a barazi mogħin, ia uan pabar apengan ikīva me baragh. **23** E fo, Krais uan siosin dapanim in iti mogħin, paba uan amuibar dapanibar iti. Ez i Krais uabi siosin Akurvazir Gumazim, ez i sios Kraisin nivafizim in min iti. **24** Sios Kraisin apengan iti mogħin, ia amuiba uaghan zurara uan pabar apengan iki.

**25** Paba, ia uan amuiba bar me gifongegħ, mati Krais uan sios gifongegħha a bagħha uabi isava a ganigha a bagħha areme. **26** Krais kamaghin ifonge, an akam in tuavim in, a uan sios isi dipam in a ruegħti a Godin damazim in zuegham. **27** A kamagh sua, a sios damighti an an damazim in bar aghungħiġ, egh bar zueghiva, arazir kurram puvatigħi, egh duar kuriba ko seghsariba puvatigħiva, egh bizir kurar maba sara uaghan puvatigham. Kamaghin Krais a bagħha uabi isa a ganingi. **28** Ez i kamaghira ia gumaziba uan nivafizibagh ifongezi mogħin, ia uan amuibagh ifongegħ. Gumazir uan amuim gifongezim mati a uabi gifonge.

**29** E fo, tav uabi uan nivafizim in apanim gamir pu. Puvati, a dagheba a ganigava an akurvasi, mati Krais siosin akurvasi. **30** E fo, erara, e Kraisin nivafizim in aven itir soroghafariba ko bizibar minn iti. **31** Godin Akinafarim in aven itir osizirim kamagħin migei,

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**5:22:** Stt 3:16, Ef 6:5, Kl 3:18, 1 Pi 3:1      **5:23:** 1 Ko 11:3, Ef 1:22-23, Kl 1:18      **5:25:** Ga 1:4, Kl 3:19, 1 Pi 3:7      **5:26:** Jo 15:3, 17:17, Ta 3:5, Hi 10:10, 10:22, 1 Jo 5:6      **5:27:** 2 Ko 11:2, Ef 1:4, Kl 1:22      **5:30:** Ro 12:5, 1 Ko 6:15, 12:27, Ef 1:22-23      **5:31:** Stt 2:24, Mt 19:5, Mk 10:7-8, 1 Ko 6:16

“Kamaghin, gumazim uan ameboghfeziaba ategħ mangi,  
uan amuimin porogh egh  
anī nivafizir vamiram otogħam.”

<sup>32</sup> Akar mogomer kam, a mīngarir ekiam iti. Ez i kī uabi kamaghin nighnisi, a Krais uan sios ko aning geħġari. <sup>33</sup> Ez i akar kam a uaghan ia migia ghaze, ia gumaziba vaghvagh uarigh ifongezi mogħin uan amuibagh ifongegħ. Eġħi ia amuiba vaghvagh uan pabar apengen ikki me baragh.

## 6

### *Pol boriba ko ameboghfeziabav gei*

<sup>1</sup> Ia boriba, arazir aghuir ia damuamimra kara, ia Ekiam ko porogh egh uan ameboghfeziabar akaba da baragh. <sup>2</sup> Godin Akinafarim ghaze, “Ia uan ameboghfeziabar apengen ikiva men akabar gin mangi.” Akar gavgavir kam, an akar gavgavibar tongi ikia, egha dar faraghavira akar dikirizim sara iti. <sup>3</sup> Akar dikirizir kam kamakin, “Ia kamaghin damuti, ian dabirabim bar deragħti ia nguazir kam dugħiar ruarim in an ikiam.”

<sup>4</sup> Ia afeziaba, ia uan boribar nighnizibagh asighasigh me damuti, me ataran marki. Egh ia deravira men ganiva Ekiamin damazim in men kuariba iniva men araziba akiriva, Ekiamin arazibar men sure damu.

### *Pol ingangarir gumazir kiniba ko men gumazir ekiar men garibav gei*

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**6:1:** Snd 23:22, Kl 3:20    **6:2:** Mt 15:4    **6:4:** Lo 4:9, 6:7, 6:20-25,  
Sng 78:4, Snd 19:18, 22:6, Kl 3:21

**5** Ia ingangarir gumazir kiniba, ia uan gumazir ekiar ian garibar men atiatingiva, men akaba baraghiva men apengan iki. Egh ia ifaran kogh, egh navir zuruzimin ingangarim damu, mati ia Kraisin akam baragha an ingangarim gami.

**6** Ia fo, ian gumazir ekiar ian gariba ian gan suam, ia ingangarim deraviram a gamizi me ia gifonge. Egha ia kamaghin nighnighan marki, me ian garir dughabara, ia ingangarir aghuim damuam. Puvati. Ia Kraisin ingangarir gumazir kinibara, kamaghin ia God ifongezi moghin ia uan nighniziba bar da isi ingangarim daningiva a damu.

**7** Kamaghin ia ingangarir gumazir kinibar min ingangarim damuva, ian naviba bar akongegh suam, e uan gumazir ekiar en gariba me baghavira ingangarim gamir puvati, e Ekiam bagha ingangarim gami.

**8** Ia ingangarir gumazir kinibar min iti, o ia tavin apengan ingangarim gamir puvatiziba, ia kamaghin fogh, gumazamizir ingangarir aghuibagh amiba, Ekiam da bagh iveauz aghuiba bar vaghvagh me daningam.

**9** Kamaghira ia, men garir gumazir ekiaba, ia uaghan arazir aghuiba uan ingangarir gumazir kiniba me damu. Ia atiatir araziba me damuan marki. Ia zurara bizir kam ginighnigh, ia ko ian ingangarir gumazir kiniba, ia bar Gumazir Ekiar Ian Garir vamira iti, egha a uan Nguibamin pin iti. An arazir vamira gisn tugha gumazamiziba bar me tuisisi.

### *Kraisin adarasi mati midorozir gumaziba*

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**6:5:** 2 Ko 7:15, Fl 2:12, Ta 2:9-10, 1 Pi 2:18    **6:8:** 2 Ko 5:10, Ga 3:28,  
Kl 3:11    **6:9:** Lo 10:17, Ro 2:11, Kl 3:25, 4:1

**10** Nan migirigiar abuananaba, ezi ki kamaghin mikimasa, ia Ekiamin poroghti an gavgavir ekiam ia damut i tuivigh gavgavigham. **11** God ia ganidir midorozir biziba, ia bar dar aghuigh dar suikigh. Kamaghin ia tugh gavgavigh Satanin ifavarir nighnizir kuraba da munasam. **12** Ia deravira nighnigh, e gumazamizir igharaziba ko uariv sozir puvati. E duar kurar overiamin itiba ko uariv sosi. Duar gavgavir gumazamizibagh ativiba, ko aser gavgaviba itiba, ko nguazir kamin garir adariaba, duar kurar kaba dughiar mitater kamin aven ingarima e da ko uariv sosi. **13** Kamaghin ia God ia ganingizir midorozir bizibar suigh dar aghuigh. Egh arazir kuraba otivamin dughiam, ia tugh gavgavigh uan apanim munasi, mangi midorozim givaghamin dughiam, ia tugh gavgavigh mamaghira ikiam. **14** Ia tugh gavgavighsi, Godin guizin akam benimin min uan ivariam gikegh. Egh arazir aghuir ia zuraram amiba evarimin pizir korotiamin min anerugh. **15** Egh ia Akar Aghuim anekunsi zurrara bar ifongegh, ezi arazir kam mati ia dagarir asuabar min da zui. Akar Aghuir kam kamakin, God e ko navir vamira ikiasa. **16** Egh dughiaba bar ia oramin min nighnizir gavgavim uaghan an suiragh, eghti gumazir kuram, Satan, a barir avim itiba ia gasavamangiti, eghti ia orar kamin

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**6:10:** 1 Ko 16:13, Ef 1:19, 3:16, Kl 1:11    **6:11:** Ro 13:12, 2 Ko 6:7, 10:4, Ef 4:14, 1 Te 5:8    **6:12:** Jo 12:31, 14:30, Ro 8:38, 1 Ko 15:50, Kl 2:15, 1 Pi 5:8-9    **6:13:** 2 Ko 10:4, Ef 5:16    **6:14:** Ais 11:5, 59:17, 2 Ko 6:7, 1 Te 5:8    **6:15:** Ais 40:9, 52:7, Nah 1:15, Ro 10:15    **6:16:** 1 Jo 5:4

amodoghin barir avir kaba mungam. <sup>17</sup> Ia God ian akurazir arazim ḡinighnigh, egh nighnizir kam mati ia dapanir asuar gavgavimin min anerughiti a ian dapaniba avegham. Eghti Godin akam, an Duam ia ganingizir midorozir sabamin min ia an suiragh. <sup>18</sup> Ia bizir kabar amuva, egh God ko mikim. Egh a ian akurvaghsı ia an azangsigh. Ia zurara, Godin Duam ian navibagh invit, ia God ko mikim. Egh angamra iki gan, egh dughiatam God ko migeir arazim ataghraghan marki, egh zurara Godin gumazamiziba bar me bagh a ko mikim.

<sup>19</sup> Egh ia uaghan na bagh God ko mikim suam, God uan akam na danighti, eghti ki anekunsi, ki atiatingan koghiva, egh bighvira mikimam. Egh Akar Aghuimin nighnizir mogomem aghuram. <sup>20</sup> Ezi ki Akar Aghuim gumazamizir igharazibav kimasa, ki Krais Iesusin abuir gumazimin iti, kamaghin ki datirighin kalabusin iti. Eghti ia God ko mikim suam, ki an Akar Aghuimin gun mikimsi, a gavgavim na danighti, ki atiatingan koghiva bighvira Akar Aghuim mikimam.

*God deravira Efesusin itir Kraisin adarazir amuasa, Pol an azangsisi*

<sup>21</sup> Tikikus, a mati en aveghbuar e bar ifongezim, a Ekiam baghavira ikiava an ingangarim gami. A na bativir bizibar gun ia mikimam. Eghti ia fogham, ki manmaghin iti. <sup>22</sup> Ki kamagh sua, an en ikirimirir e itimin gun ia mikimiva gavgavim

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**6:17:** Ais 49:2, 59:17, 1 Te 5:8, Hi 4:12, MAA 19:15    **6:18:** Mt 26:41, Lu 18:1, Ro 12:12, Kl 4:2, 1 Te 5:17, 1 Ti 2:1    **6:19:** Ap 4:29, 2 Ko 3:12, Kl 4:3-4, 2 Te 3:1    **6:20:** 2 Ko 5:20, Fl 1:20, Fm 9-10    **6:21:** Ap 20:4, Kl 4:7-8, 2 Ti 4:12, Ta 3:12

ian navibar aningam. Kamaghin, ki ia bagha anemadi. <sup>23</sup> Ki ia bagha God ko migia ghaze, God en Afeziam ko en Ekiam Krais Jesus, aning navir amirizim ko igharaz darazigh ifongezir arazim, ko nighnizir gavgavim sara, Kraisin adarazi me daning. <sup>24</sup> Eghtima, gumazamizir en Ekiam Krais Jesus gifuegha mamaghira itiba, Godin apangkuvim bar me ko iki.

## **Godin Akar Aghuim; Akar Dikirizir Gavgavir Igiam**

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