

## KALATA YA PAULO YOLEMBERA AEFESO

<sup>1</sup> Paulo, mtumwi wa Khristu Yesu mwachifuniro cha Mulungu.

Kulembera oyera mtima a ku Efeso, okhulupirika mwa Khristu Yesu:

<sup>2</sup> Chisomo ndi mtendere kwa inu zochokera kwa Mulungu Atate athu ndi Ambuye Yesu Khristu.

### *Madalitso Auzimu mwa Khristu*

<sup>3</sup> Tiyamike Mulungu, Atate a Ambuye athu Yesu Khristu, amene anatipatsa madalitso onse a uzimu kumwamba mwa Khristu. <sup>4</sup> Dziko lapansi lisanalengedwe, Mulungu anatisankhiratu mwa Khristu kuti tikhale oyera mtima ndi wopanda cholakwa pamaso pake. Mwa chikondi chake, <sup>5</sup> Iye anakonzeratu kuti ife titengedwe ngati ana mwa Yesu Khristu, molingana ndi kukonda kwake ndi chifuniro chake. <sup>6</sup> Anachita zimenezi kuti tiziyamika ulemerero wa chisomo chake, umene watipatsa kwaulere mwa Khristu amene amamukonda. <sup>7</sup> Mwa Yesu Khristu, chifukwa cha magazi ake, ife tinawomboledwa ndi kukhululukidwa machimo athu molingana ndi kuchuluka kwa chisomo cha Mulungu <sup>8</sup> chimene anatipatsa mosawumira. Mwa nzeru zonse ndi chidziwitso, <sup>9</sup> Iye watiwululira chifuniro chake chimene chinali chobisika, chimene anachikonzeratu mwa Khristu, molingana ndi kukoma mtima kwake. <sup>10</sup> Chimene anakonza kuti chichitike n'chakuti, ikakwana

nthawi yake asonkhanitsa pamodzi mwa Khristu zinthu zonse za kumwamba ndi pa dziko lapansi.

<sup>11</sup> Iye anatisankhiratu mwa Khristu, atatikonzeratu molingana ndi machitidwe a Iye amene amachititsa zinthu zonse kuti zikwaniritse cholinga cha chifuniro chake, <sup>12</sup> n'cholinga chakuti, ife amene tinali oyamba kukhala ndi chiyembekezo mwa Khristu, tiyamike ulemerero wake. <sup>13</sup> Ndipo inunso pamene munamva mawu a choonadi, Uthenga Wabwino wa chipulumutso chanu, munayikidwanso mwa Khristu. Mutakhulupirira, anakusindikizani chizindikiro pokupatsani Mzimu Woyera amene Iye analonjeza. <sup>14</sup> Mzimu Woyerayo ndi chikole chotsimikizira kuti tidzalandira madalitso athu, ndipo kuti Mulungu anatiwombola kuti tikhale anthu ake. Iye anachita zimenezi kuti timuyamike ndi kumulemekeza.

### *Kuyamika ndi Kupemphera*

<sup>15</sup> Choncho, kuyambira pamene ndinamva za chikhulupiriro chanu mwa Ambuye Yesu ndi za chikondi chanu pa oyera mtima onse, <sup>16</sup> ine sindilekeza kuyamika Mulungu chifukwa cha inu. Ndimakukumbukirani m'mapemphero anga. <sup>17</sup> Ndimapemphera kuti Mulungu wa Ambuye athu Yesu Khristu, Atate a ulemerero akupatseni mzimu wa nzeru ndi wa vumbulutso, kuti mumudziwe kwenikweni. <sup>18</sup> Ndimapempheranso kuti maso a mitima yanu atsekuke ndi cholinga choti mudziwe chiyembekezo chimene Iye

anakuyitanirani, chuma cha ulemerero chomwe chili mwa anthu oyera mtima. <sup>19</sup> Ndiponso ndikufuna kuti mudziwe mphamvu zake zazikulu koposa zimene zili mwa ife amene timakhulupirira. Mphamvuyi ndi yofanana ndi mphamvu yoposa ija <sup>20</sup> imene inagwira ntchito pamene Mulungu anaukitsa Khristu kwa akufa, namukhazika Iye ku dzanja lake lamanja m'dziko la kumwamba. <sup>21</sup> Anamukhazika pamwamba pa ulamuliro onse ndi mafumu, mphamvu ndi ufumu, ndiponso pamwamba pa dzina lililonse limene angalitchule, osati nthawi ino yokha komanso imene ikubwerayo. <sup>22</sup> Ndipo Mulungu anayika zinthu zonse panso pa mapazi ake ndi kumusankha Iyeyo kukhala mutu pa chilichonse chifukwa cha mpingo, <sup>23</sup> umene ndi thupi lake, chidzalo cha Iye amene adzaza chilichonse mu njira iliyonse.

## 2

### *Amene anali Akufa Alandira Moyo*

<sup>1</sup> Kunena za inu, kale munali akufa chifukwa cha zolakwa zanu ndi machimo anu, <sup>2</sup> mmene inu munkakhalamo pamene munkat-satira njira za dziko lapansi ndi za ulamuliro waufumu wa mlengalenga, mzimu umene ukugwira ntchito tsopano mwa amene samvera. <sup>3</sup> Nthawi ina tonsefe tinalinso ndi moyo wonga wawo, tinkachitanso zilizonse zimene matupi ndi maganizo athu ankafuna. Mwachibadwa chathu, tinali oyenera chilango monga anthu ena onse. <sup>4</sup> Koma chifukwa cha chikondi chake chachikulu pa ife, Mulungu amene ndi olemera

m'chifundo, <sup>5</sup> anatipanga kukhala amoyo ndi Khristu ngakhale pamene ife tinali akufa mu zolakwa zathu. Koma tinapulumsidwa mwachisomo. <sup>6</sup> Ndipo Mulungu anatiukitsa pamodzi ndi Khristu ndi kutikhazika pamodzi ndi Iye mmwamba mwa Khristu Yesu, <sup>7</sup> ndi cholinga chakuti m'nthawi imene ikubwera, Iyeyo adzaonetse chuma choposa cha chisomo chake, choonetsedwa mwa kukoma mtima kwake kwa ife mwa Khristu Yesu. <sup>8</sup> Pakuti mwapulumutsidwa mwachisomo, kudzera m'chikhulupiriro ndipo izi sizochokera mwa inu eni, koma ndi mphatso ya Mulungu, <sup>9</sup> osati ndi ntchito, kuti wina aliyense asadzitamandire. <sup>10</sup> Pakuti ndife ntchito ya Mulungu, olengedwa mwa Khristu Yesu kuti tichite ntchito zabwino, zimene Mulungu anazikonzeratu kale kuti tizichite.

### *Umodzi mwa Khristu*

<sup>11</sup> Chifukwa chake kumbukirani kuti poyamba inu amene munali anthu a mitundu ina mwachibadwa ndipo munkatchedwa “osachita mdulidwe” ndi amene amadzitcha okha “a mdulidwe” (zimene zinachitika m'thupi ndi manja a anthu). <sup>12</sup> Kumbukirani kuti nthawi imene inu munali wopanda Khristu, simunkawerengedwa ngati nzika za Israeli ndipo munali alendo pa pangano la lonjezo, wopanda chiyembekezo ndi opanda Mulungu m'dziko lapansi. <sup>13</sup> Koma tsopano mwa Khristu Yesu, inu amene nthawi ina munali kutali, mwabweretsedwa pafupi kudzera m'magazi a Khristu.

<sup>14</sup> Pakuti Iye mwini ndiye mtendere wathu, amene anachita kuti awiri akhale mmodzi

ndipo anagumula chotchinga, khoma la udani lotilekanitsa, <sup>15</sup> pothetsa m'thupi lake lamulo pamodzi ndi zolamulira zake ndi malangizo. Cholinga chake chinali chakuti alenge mwa Iye mwini, munthu mmodzi watsopano kuchokera kwa abwino, motero n'kupanga mtendere, <sup>16</sup> ndi kuyanjanitsa onse awiriwa m'thupi lake kwa Mulungu, kudzera pa mtanda, umene Iye anaphapo udani wawo. <sup>17</sup> Iye anabwera ndipo analalikira mtendere kwa inu amene munali kutali ndi mtendere ndiponso kwa iwonso amene anali pafupi. <sup>18</sup> Pakuti mwa Iye, ife tonse titha kufika kwa Atate mwa Mzimu mmodzi.

<sup>19</sup> Kotero kuti, inu sindinunso alendo ndi adani, koma nzika pamodzi ndi anthu a Mulungu ndiponso a m'banja la Mulungu. <sup>20</sup> Ndinu okhazikika pa maziko a atumwi ndi a aneneri, pamodzi ndi Khristu Yesu mwini ngati mwala wa pa ngodya. <sup>21</sup> Mwa Iyeyo, nyumba yonse yalunikizidwa pamodzi ndipo yakwezedwa kukhala Nyumba yoyera mwa Ambuye. <sup>22</sup> Ndipo mwa Iye, inunso mukamangidwa pamodzi ndi ena onse kukhala nyumba yokhalamo imene Mulungu amakhala mwa Mzimu wake.

### 3

#### *Paulo Mlaliki wa Anthu a Mitundu Ina*

<sup>1</sup> N'chifukwa chake ine Paulo, ndili wam'ndende wa Khristu Yesu chifukwa cha inu anthu a mitundu ina.

<sup>2</sup> Ndithudi, inu munamva za ntchito yachisomo cha Mulungu imene anandipatsa chifukwa cha inu, <sup>3</sup> ndicho chinsinsi chimene chinawululidwa

kwa ine mwa vumbulutso, monga ndinakulemberani kale mwachidule. <sup>4</sup> Pamene mukuw-erenga izi, inu mudzazindikira za chidziwitso changa pa chinsinsi cha Khristu, <sup>5</sup> chimene sichi-nawululidwe kwa anthu amibado ina monga momwe tsopano chawululidwa ndi Mzimu wa Mulungu mwa atumwi oyera ndi aneneri. <sup>6</sup> Chinsinsicho n'chakuti, kudzera mu Uthenga Wabwino anthu a mitundu ina ndi olowam'malo pamodzi ndi Aisraeli, ndi ziwalo za thupi limodzi, ndi olandira nawo pamodzi malonjezo a mwa Khristu Yesu.

<sup>7</sup> Mwachisomo cha Mulungu ndi mphamvu zake, ine ndinasanduka mtumiki wa Uthenga Wabwinowu. <sup>8</sup> Ngakhale ndili wamng'ono kwambiri pakati pa anthu onse a Mulungu, anandipatsa chisomo chimenechi cholalikira kwa anthu a mitundu ina chuma chopanda malire cha Khristu. <sup>9</sup> Ndinasankhidwa kuti ndifotokoze momveka bwino kwa munthu aliyense za chinsinsi chimenechi, chinsinsi chimene kuyambira kale chinali chobisika mwa Mulungu amene analenga zinthu zonse. <sup>10</sup> Cholinga chake tsopano n'chakuti, kudzera mwa mpingo, mafumu ndi a ulamuliro onse a kumwamba adziwe nzeru zochulukira za Mulungu. <sup>11</sup> Chimenechi chinali chikonzero chamuyaya cha Mulungu, chimene chinachitika kudzera mwa Khristu Yesu Ambuye athu. <sup>12</sup> Mwa Khristu ndi mwa chikhulupiriro chathu mwa Iye, timayandikira kwa Mulungu momasuka ndi molimbika mtima. <sup>13</sup> Choncho, ine ndikukupemphani kuti musakhumudwe popeza ndikusautsidwa chifukwa cha inu pakuti

masautso angawa ndi ulemerero wanu.

*Paulo Apempherera Aefeso*

<sup>14</sup> N'chifukwa chake ine ndikugwada pamaso pa Atate, <sup>15</sup> amene banja lililonse kumwamba ndi pa dziko lapansi limatchulidwa ndi dzina lawo. <sup>16</sup> Ndikupemphera kuti kuchokera m'chuma cha ulemerero wake alimbikitse moyo wanu wa m'kati ndi mphamvu za Mzimu wake, <sup>17</sup> kuti Khristu akhazikike m'mitima mwanu mwachikhulupiriro. Ndipo ndikukupemphererani kuti muzikike ndi kukhazikika m'chikondi <sup>18</sup> kuti mukhale ndi mphamvu, kuti pamodzi ndi anthu oyera mtima onse muthe kuzindikira kupingasa, katalika ndi kukwera komanso kuzama kwake kwa chikondi cha Khristu. <sup>19</sup> Ndikukupemphererani kuti mudziwe chikondi chija cha Khristu chopitirira nzeru za anthu, kuti mudzazidwe kwathunthu ndi moyo wa Mulungu mwini.

<sup>20</sup> Tsopano kwa Iye amene angathe kuchita zochuluka kuposa zimene tingapemphe, kapena kuganiza molingana ndi mphamvu zake zimene zikugwira ntchito mwa ife, <sup>21</sup> Iyeyo akhale ndi ulemu mu mpingo ndi mwa Khristu Yesu pa mibado yonse mpaka muyaya. Amen.

## 4

*Umodzi M'thupi la Khristu*

<sup>1</sup> Ine monga wam'ndende chifukwa chotumikira Ambuye, ndikukulimbikitsani kuti mukhale moyo woyenera mayitanidwe amene munalandira. <sup>2</sup> Mukhale odzichepetsa

kwathunthu ndi ofatsa; mukhale oleza mtima, ololerana wina ndi mnzake mwachikondi. <sup>3</sup> Muyesetse kusunga umodzi wa Mzimu; umodzi umene umatimangirira pamodzi mu mtendere. <sup>4</sup> Pali thupi limodzi ndiponso Mzimu mmodzi, monganso pali chiyembekezo chimodzi chimene anakuyitanirani. <sup>5</sup> Pali Ambuye mmodzi, chikhulupiro chimodzi, ubatizo umodzi; <sup>6</sup> Mulungu mmodzi ndi Atate a onse, ndipo ali mwa onse.

<sup>7</sup> Koma aliyense wa ife wapatsidwa chisomo molingana ndi muyeso wa mphatso ya Khristu.

<sup>8</sup> N'chifukwa chake akunena kuti,

“Iye atakwera kumwamba,  
 anatenga chigulu cha a m'ndende  
 ndipo anapereka mphatso kwa anthu.”

<sup>9</sup> Kodi mawu akuti, “Iye anakwera” akutanthauza chiyani, ngati Iyeyo sanatsikire kuni kwa dziko lapansi? <sup>10</sup> Iye amene anatsika ndi yemweyo anakwera koposa m'mayiko a kumwamba onse, ndi cholinga choti zinthu zonse zikhale zodzaza ndi Iye. <sup>11</sup> Iye ndiye amene anapereka mphatso kwa ena kuti akhale atumwi ndi ena aneneri, ena alaliki, ndi ena abusa ndi aphunzitsi. <sup>12</sup> Ntchito yawo ndi kukonza oyera mtima kuti agwire ntchito ya utumiki kuti thupi la Khristu lilimbikitsidwe. <sup>13</sup> Izi zidzatifikitsa tonse ku umodzi wachikhulupiro, kumudziwa Mwana wa Mulungu, kukhwima msinkhu ndi kufika pa muyeso wangwiroweni weniwopezeke mwa Khristu.

<sup>14</sup> Motero sitidzakhalanso makanda,  
 ogwedezekagwedezeka ndi mafunde,



otengekatengeka ndi mphepo iliyonse ya chiphunzitso ndi kuchenjera kwa anthu achinyengo amene amasoheretsa anthu ndi kuchenjera kwawo. <sup>15</sup> M'malo mwake, poyankhula choonadi mwachikondi, tidzakula mu zinthu zonse ndi kukhala thupi la Khristu, amene ndi Mutu, omwe ndi mpingo. <sup>16</sup> Mwa Iye thupi lonse lalumikizidwa ndi kugwirana pamodzi ndi mitsempha yothandizira. Likukula ndi kudzilimbitsa lokha mwachikondi, pomwe chiwalo chilichonse chikugwira ntchito yake.

### *Malangizo pa Makhaliidwe a Chikhristu*

<sup>17</sup> Tsono ine ndikukuwuzani izi, ndipo ndikunenetsa mwa Ambuye, kuti musayendenso monga amachitira anthu a mitundu ina potsata maganizo awo opanda pake. <sup>18</sup> Maganizo awo ndi odetsedwa, ndi osiyanitsidwa ndi moyo wa Mulungu chifukwa cha umbuli umene uli mwa iwo chifukwa cha kuwuma mtima kwawo. <sup>19</sup> Popeza sazindikiranso kanthu kalikonse, adzipereka okha kuti akhumbwe zonyansa, kuti achite mtundu uliwonse wa zoyipa ndi zilakolako zosatha.

<sup>20</sup> Koma inu simunadziwe Khristu m'njira yotere. <sup>21</sup> Zoonadi munamva za Iye ndipo munaphunzitsidwa mwa Iye molingana ndi choonadi chimene chili mwa Yesu. <sup>22</sup> Inu munaphunzitsidwa molingana ndi moyo wanu wakale, kuchotsa umunthu wakale, umene ukupitirira kuwonongeka ndi zilakolako zachinyengo; <sup>23</sup> kuti mukonzedwe mwatsopano m'mitima mwanu; <sup>24</sup> ndi kuti muvale umunthu watsopano, wolengedwa kuti ufanane ndi

Mulungu mu chilungamo chenicheni ndi chiyero.

<sup>25</sup> Chifukwa chake, aliyense wa inu aleke kunama ndipo ayankhule zoonza kwa m'bale wake, pakuti ife tonse ndife ziwalo za thupi limodzi. <sup>26</sup> Kwiyani koma musachimwe. Dzuwa lisalowe mukanali chikwiwiyire. <sup>27</sup> Musamupatse mpata Satana. <sup>28</sup> Iye amene wakhala akuba asabenso, koma agwire ntchito ndi kuchita kenakake kaphindu ndi manja ake, kuti akhale ndi kenakake kogawana ndi amene akusowa.

<sup>29</sup> M'kamwa mwanu musatuluke mawu aliwonse onyansa, koma okhawo amene ndi othandiza kulimbikitsa ena molingana ndi zosowa zawo, kuti athandize amene akawamve. <sup>30</sup> Ndipo musamvetse chisoni Mzimu Woyera wa Mulungu amene mwasindikizidwa naye chizindikiro cha tsiku la kuwomboledwa. <sup>31</sup> Chotsani kuzondana, ukali ndi kupsa mtima, chiwawa ndi kuyankhula zachipongwe, pamodzi ndi choyipa chilichonse. <sup>32</sup> Mukomerane mtima ndi kuchitirana chifundo wina ndi mnzake. Khululukiranani wina ndi mnzake, monga momwe Mulungu anakukhulukirani mwa Khristu.

## 5

<sup>1</sup> Choncho, monga ana okondedwa, tsatirani chitsanzo cha Mulungu. <sup>2</sup> Muzikondana monga Khristu anakonda ife nadzipereka yekha chifukwa cha ife monga chopereka cha fungo lokoma ndi nsembe kwa Mulungu.

<sup>3</sup> Koma pakati panu pasamveke n'pang'ono pomwe zadama, kapena za mtundu wina uliwonse wa chodetsa, kapena za umbombo, chifukwa izi ndi zosayenera kwa anthu oyera a Mulungu. <sup>4</sup> Musamatukwane, kuyankhula zopusa kapena kunena nthabwala zopanda pake, zomwe ndi zosayenera, koma m'malo mwake muziyamika. <sup>5</sup> Dziwani ichi, palibe wadama, wochita zonyansa kapena waumbombo, munthu wotero ali ngati wopembedza mafano, amenewa alibe malo mu ufumu wa Khristu ndi Mulungu. <sup>6</sup> Musalole wina akunamizeni ndi mawu opanda pake, pakuti chifukwa cha zinthu ngati izi mkwiyo wa Mulungu ukubwera pa amene samvera. <sup>7</sup> N'chifukwa chake musamayanjane nawo anthu otere.

<sup>8</sup> Pajatu inu nthawi ina munali mdima, koma tsopano ndinu kuwunika mwa Ambuye. Mukhale ngati ana akuwunika <sup>9</sup> (pakuti pamene pali kuwunika pamapezekaponso zabwino zonse, chilungamo ndi choonadi). <sup>10</sup> Inu mufufuze chimene chimakondweretsa Ambuye. <sup>11</sup> Musayanjane nazo ntchito zosapindulitsa za mdima, koma m'malo mwake muzitsutse. <sup>12</sup> Pakuti ndi zochititsa manyazi ngakhale kutchula zomwe zimachitika mseri. <sup>13</sup> Koma kuwala kumawunikira zinthu, ndipo chilichonse chimaonekera poyera. Choncho chilichonse choonekera poyera chimasandukanso kuwala. <sup>14</sup> N'chifukwa chake Malemba akuti,

“Dzuka, wamtulo iwe,  
uka kwa akufa,  
ndipo Khristu adzakuwalira.”

<sup>15</sup> Samalani makhalidwe anu, musakhale ngati opanda nzeru koma ngati anzeru. <sup>16</sup> Gwiritsani ntchito mpata uliwonse, chifukwa masiku ano ndi oyipa. <sup>17</sup> Choncho musakhale opusa, koma mudziwe zimene Ambuye akufuna kuti muchite. <sup>18</sup> Musaledzere ndi vinyo, chifukwa adzawononga moyo wanu. M'malo mwake, mudzazidwe ndi Mzimu Woyera. <sup>19</sup> Muziyankhulana wina ndi mnzake mawu a Masalimo, nyimbo za Mulungu ndi nyimbo za uzimu. Muziyimbira Ambuye movomerezana ndi mitima yanu. <sup>20</sup> Muziyamika Mulungu Atate nthawi zonse chifukwa cha zonse, m'dzina la Ambuye athu Yesu Khristu.

*Malangizo kwa Akazi ndi Amuna M'banja*

<sup>21</sup> Gonjeranani wina ndi mnzake, kuonetsa kuopa Khristu.

<sup>22</sup> Inu akazi, muzigonjera amuna anu, monga mumagonjera kwa Ambuye. <sup>23</sup> Pakuti mwamuna ndi mutu wa mkazi monga momwe Khristu ali mutu wa mpingo, thupi lake, limene Iyeyo ndi Mpulumutsi wake. <sup>24</sup> Tsono monga mpingo umagonjera Khristu, momwemonso akazi akuyenera kugonjera amuna awo mu zonse.

<sup>25</sup> Inu amuna, kondani akazi anu monga momwe Khristu anakondera mpingo nadzipereka yekha m'malo mwa mpingowo <sup>26</sup> kuti awupatule ukhale oyera, atawuyeretsa powusambitsa ndi madzi omwe ndi mawu ake. <sup>27</sup> Anachita zimenezi kuti awupereke mpingowo kwa Iye mwini, mpingo wowala

ndi waulemerero, wopanda banga kapena makwinya kapena chilema chilichonse, koma oyerera ndi wangwiro. <sup>28</sup> Momwemonso, amuna akuyenera kukonda akazi awo monga matupi awo. Iye amene akonda mkazi wake adzikondanso yekha. <sup>29</sup> Pakuti palibe amene amadana nalo thupi lake, koma amalidyetsa ndi kulisamalira bwino, monga momwe Khristu amachitira ndi mpingo wake <sup>30</sup> pakuti ndife ziwalo za thupi lake. <sup>31</sup> “Pa chifukwa ichi, mwamuna adzasiya abambo ndi amayi ake nakaphatikana ndi mkazi wake, ndipo awiriwo adzakhala thupi limodzi.” <sup>32</sup> Ichi ndi chinsinsi chozama, koma ine ndikunena za Khristu ndi mpingo. <sup>33</sup> Chomwecho, aliyense mwa inu akuyenera kukonda mkazi wake monga adzikondera iye mwini, ndipo mkazi akuyenera kulemekeza mwamuna wake.

## 6

### *Ana ndi Makolo Awo*

<sup>1</sup> Inu ana, mverani makolo anu mwa Ambuye, pakuti zimenezi ndi zoyenera. <sup>2</sup> “Lemekeza abambo ndi amayi ako.” Limeneli ndi lamulo loyamba lokhala ndi lonjezo. <sup>3</sup> Ngati ulemekeza abambo ako ndi amayi ako, “zinthu zidzakuyendera bwino ndipo udzasangalala ndi moyo wautali pa dziko lapansi.” <sup>4</sup> Abambo musakwiyitse ana anu; m'malo mwake, muwalere m'chiphunzitso ndi m'chilangizo cha Ambuye.

### *Antchito ndi Mabwana Awo*

<sup>5</sup> Inu antchito, mverani mabwana anu mwaulemu ndi mwamantha ndi moona mtima, monga momwe mungamvere Khristu.

<sup>6</sup> Musawamvere pamene akukuonani kuti akukomereni mtima, koma ngati akapolo a Khristu ochita chifuniro cha Mulungu kuchokera mu mtima mwanu.

<sup>7</sup> Tumikirani ndi mtima wonse, ngati kuti mukutumikira Ambuye, osati anthu.

<sup>8</sup> Inu mukudziwa kuti Ambuye adzamupatsa munthu aliyense mphotho chifukwa cha ntchito yake yabwino imene anagwira, kaya munthuyo ndi kapolo kapena mfulu.

<sup>9</sup> Ndipo inu mabwana, muziwachitiranso chimodzimodzi antchito anu. Musamawaopseze, popeza mukudziwa kuti Mbuye wawo ndi wanunso, nonse Mbuye wanu ali kumwamba, ndipo Iyeyo alibe tsankho.

### *Zida Zankhondo za Mulungu*

<sup>10</sup> Potsiriza ndikuti, dzilimbiseni mwa Ambuye ndi mwa mphamvu zake zazikulu.

<sup>11</sup> Valani zida zonse za Mulungu kuti muthe kuyima ndi kukana machenjerero a Satana.

<sup>12</sup> Pakuti sitikulimbana ndi thupi ndi magari, koma tikulimbana ndi maufumu, maulamuliro, mphamvu za dziko la mdima, ndi mphamvu zoyipa kwambiri zauzimu zamlengalenga.

<sup>13</sup> Choncho valani zida zonse za Mulungu, kuti pamene tsiku loyipa kwambiri lifika, mudzathe kuyima chilili, ndipo mutatha kuchita zonse, mudzayimabe mwamphamvu. <sup>14</sup> Tsono imani mwamphamvu, mutamangira choonadi ngati lamba m'chiwuno mwanu, mutavala

chilungamo ngati chitsulo chotchinjiriza pa chifuwa. <sup>15</sup> Valani Uthenga Wabwino wamtendere ku mapazi anu ngati nsapato. <sup>16</sup> Kuwonjezera pa zonsezi, nyamulani chishango cha chikhulupiriro, ndipo ndi chimenechi mudzatha kuzimitsa mivi yonse yoyaka moto ya oyipayo. <sup>17</sup> Valani chipewa cha chipulumutso ndi kutenga lupanga la mzimu, limene ndi Mawu a Mulungu. <sup>18</sup> Ndipo mupemphere mwa Mzimu nthawi zonse, m'mitundu yonse ya mapemphero ndi zopempha. Ndipo pozindikira izi, khalani achangu kupempherera oyera mtima nthawi zonse.

<sup>19</sup> Mundipempherere inenso, kuti nthawi iliyonse pamene nditsekula pakamwa panga, andipatse mawu kuti ndiwulule zinsinsi za Uthenga Wabwino mopanda mantha. <sup>20</sup> Ndine kazembe wa Uthenga Wabwinowu ngakhale ndili womangidwa m'ndende. Pempherani kuti ndilalikire mopanda mantha, monga ndiyenera.

### *Mawu Otsiriza*

<sup>21</sup> Tukiko, m'bale wanga wokondedwa ndi mtumiki wokhulupirika mwa Ambuye, adza-kuwuzani zonse kuti inunso mudziwe mmene ndilili ndi zimene ndikuchita. <sup>22</sup> Ine ndikumutumiza kwa inu, kuti mudziwe za moyo wathu, ndi kuti akulimbikitseni.

<sup>23</sup> Mtendere, chikondi pamodzi ndi chikhulupiriro kuchokera kwa Mulungu Atate ndi Ambuye Yesu Khristu zikhale ndi abale onse.

<sup>24</sup> Chisomo kwa onse amene amakonda Ambuye athu Yesu Khristu ndi chikondi chosatha.

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Note that in addition to the rules above, revising and adapting God's Word involves a great responsibility to be true to God's Word. See Revelation 22:18-19.

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