

## **Iwarakha i Napaolo wa Attu o Uefeso Malhove o uholhelha**

Iwarakha i Napaolo wa attu o Uefeso yaalhepiye iyaakha cho ulhikaana vaalhepiye aya iwarakha wa attu o Ukolosai iyaakha yo 60 baada yo uyaria wa Kuristo. Ntu lhempe uyo nowihimiacha mwanene ukhalha phi akarumiya Napaolo (nlhako wo 1:1). Attu o ushoma enchi anoorumelhelha wiira Napaolo phi lhempe iwarakha wa attu o Uefeso inakhalhaka khirina malhove menchi o wiihimiacha thoko chiri aya iwarakha wa attu o Ukolosai. Wo yoyo nlhatu uyo etu, inoonia wiira yaalhakelhiye wiira ikawaniye mmilhokoni mwa attu anrumelhenlhe Kuristo o yeyo iwani iyo vekha ayaru. Napaolo tho anoohimiacha wiira yeyo ikatema vaalhepa aya iwarakha iyo yaari muuttukiyani (nlhako wo 3:1, 4:1, 6:20). Napaolo jaarweehilhe iwarakha iyo wa moonu u Natikiko yaari munkwahani alhukamaka uweetelhelhani mlhoko cha attu anrumelhenlhe Kuristo o Uefeso (nlhako wo 6:21-22).

Iwani yo Uefeso yaari iwani yulhupalhe chinene, ikhalhaka phi iwani yulhupalhe yo ilhapo yo utawara wa Arumi ilhapo yo Asia ikani. Iwani yo Uefeso yaari ichuwaniaka wo inupa yo ulhapelha yaakumihiye wa nlhuku a Ayunani, nlhuku nthiyana ehaniya Artemi (Mitk nlhako wo 19:23-31). Nlhoko wa attu anrumelhenlhe Kuristo o Uefeso waachokhonlhe wo machiri

nansho mmiholho uwo, khawonrie uvarelhelha untuna waya Kuristo thoko chaachokhonlhe aya (Upat nlhako wo 2:1-7).

Napaolo anochokholha wo uhimiacha nhina iwarakha aya iyo Nlhuku chenre awe wo waathanlha attu awe ni wookholha mu uwonyani mwaya wo iphiro yo Yesu Kuristo. Anolhikaaniha nlhoko wa attu anrumelhenlhe Kuristo ni iruttu ya Kuristo, Kuristo akhalhaka phi muru. Tho, anolhikaaniha ni inupa, Yesu akhalhaka phi nlhuku no uchokholha nsingi, nlhuku no vathetho. Vanothepa aya nhina iwarakha mmo, Napaolo anowaamuka attu o nlhoko wa attu anrumelhenlhe Kuristo akhalhe makhalhelho anothananiya wa attu anrumelhenlhe Kuristo.

### **Chiri nhina**

Napaolo anowiihiamiacha anene ni waashikuria attu o Uefeso (nlhako wo 1:1-2). Anoothepa uhimiacha unlhoko wa attu anrumelhenlhe Kuristo ni Kuristo (nlhako wo 1:3-3:21).

Napaolo anoolhepa iphiro chinothananiya aya ukhalha attu anrumelhenlhe Kuristo (nlhako wo 4:1-6:20).

Napaolo anoomalhiha iwarakha aya wo waalhapelha ibarakha ni mpuha (nlhako wo 6:21-24).

<sup>1</sup> Mii Paolo, karumiya a Yesu Kuristo wo uttuna wa Nlhuku, kinoolhepa iwarakha iwe uwaninyu mwaatti attu a Nlhuku nnokhalha Uefeso, attu o ukhulhuvelhiya mu ulhutaanani ni Yesu Kuristo.

<sup>2</sup> Kinoulhapelhelhani nnema ni mpuha ukhuma wa Nlhuku Athumwanihu ni wa Athithi Yesu Kuristo.

*Ibarakha chinokhuma wa Kuristo*

<sup>3</sup> Athimichiye Nlhuku, Athumwanaya Athithi Yesu Kuristo! Yayo phi nivanhe ibarakha cho kila iphiro wiirimu, wo iphiro yo Iphumu ya Nlhuku, wo ulhutaana wihu ni Kuristo. <sup>4</sup> Ilhapo ihinaaya wuupiya, Nlhuku ahomalha unithanlha nikhalhe attu awe mu ulhutaanani ni Kuristo. Nikhalhe atakatifu ahiri ni ittu yo ulhaphachiya mmiholho mwawe.

Wo nlhatu wo unittuna wawe, <sup>5</sup> Nlhuku ahomalha unithanlha ukhuma khalhayi nikhalhe ashaana awe mwanene wo iphiro ya Yesu Kuristo. Apannge chiicho wo uteelhiya ni uttuna wawe mwanene. <sup>6</sup> Paahi etu, nitotopelheke nthimicho wa Nlhuku wo nlhatu wo nnema wo ushangiha nivanhe awe wo maphathi, yaani Mwaamwanawe nonttuna awe! <sup>7</sup> Ukhalhawaya wo iphome awe, Nlhuku honoopolha, honihiyerera uwonya wihu, wo ulhikaana ni winchiva wo nnema wawe, <sup>8</sup> univanhe awe wo uhikhalha maphimelho! Wo irusho ni uchuwelha wawe wonkhaye.

<sup>9</sup> Nlhuku ahopanga ilhe yaathananne awe, nkaanichuwelhiha chittu chiivithilhe wo uthanana wawe toka khalhayi wo iphiro yo Kuristo. <sup>10</sup> Utimira unohalha uwa ikatema yaayaka, uthukumanihya vamoka chittu chuupiye chonkhaye, cho wiirimu ni cho velhaponi, mu ikuru ya Kuristo.

<sup>11</sup> Wo ulhutaana ni Kuristo hii nahothanlhiya ni Nlhuku ukhalha attu awe mwanene, wo

ulhikaana ni uthanana wawe thoko chaathanana awe toka khalhayi. <sup>12</sup> Paahi, hii niholhenlhe unkhulhovelha Kuristo va, nikhalleke etu ittu yo utotopelhiya nthimicho wa Nlhuku!

<sup>13</sup> Ni inyu mwaatti chiicho, mwahokhalha attu a Nlhuku veewilhe inyu nttenga we ikeekhene, yaani Malhove Orera anommwiiha noopo, nkamwanrumelhelha Kuristo. Nlhuku nkookhomani nhuri wo ukhalha attu awe wo lphumu yaalhehilhe awe, <sup>14</sup> iri phi imboote inohalha ihu upatta, Nlhuku yaahimenrie awe attu awe onkhaye. Ittu inohimiechesha wiira Nlhuku nowoopolha kabisaa attu awe onkhaye. Nitotopelheke etu nthimicho wawe.

### *Ulhapelha u Napaolo*

<sup>15</sup> Wo yoyo nlhatu uyo, ni mii toka veewilhe aka mwaha wo nrima winyu wo waarumelhelha Athithi Yesu ni waattuna winyu attu onkhaye a Nlhuku, <sup>16</sup> akinahiya mena unshukuru Nlhuku wo nlhatu winyu. Kinowupuwelhani vanolhapelha aka <sup>17</sup> wiira Nlhuku a Athithi Yesu Kuristo, Athithi o nthimicho, ovaheni Iphumu aya yo uvahani irusho ni upatakulhelhani wiira mwaachuwelhe. <sup>18</sup> Kinonlhapelha Nlhuku apatakulhe mirima chinyu choone nthuko aya, wiira nchuwelhe ichikurupi mwiihanelhiye inyu ni uchuwelha nthimicho waya mwinchi wo ushangiha, ulhenhe awe Nlhuku wa attu awe, <sup>19</sup> ni uchuwelha machiri awe chiri aya ni ikuru yulhupalhe nhina mwihu hii nirumelhenlheva. Yayo machiri anovara ntheko nhina mwihu ayo, ari thoko machiri molhupalhe <sup>20</sup> aapange awe

vanhihimushilhe awe Kuristo ni unkhaliha wi-imonono wawe wiirimu.

<sup>21</sup> Wowo Kuristo nootawara vachulhu kila ikuru ni kila machiri ni kila ipilhi, nchina nawe nikhalihaka phi nchina nulhupalhe up-waha machina onkhaye kuhii ilha ilhapo ilha vekha ayaru, nansho ata ilhapo inowa.

<sup>22</sup> Nlhuku hommaha Kuristo chittu chonkhaye ni unthanlha ukhalha muru chittu chonkhaye ni waatawara attu onkhaye anonrumelhelha Kuristo, <sup>23</sup> arii phi iruttu ya Kuristo. Yeyo iruttu iyo phi nontimiriha Kuristo, ni uyo phi notimir-ihha chittu chonkhaye wo iphiro chonkhaye.

## 2

### *Ukhuma nnookhwani ukelha ukumini*

<sup>1</sup> Khalhayi mwaari nnakhwilhe wo nlhatu wo milhatu ni uwonya winyu. <sup>2</sup> Yeyo ikatema iyo mwaattwara iphiro cho uwonya cho velhaponi va nkamwanthimicha nholhelhi o ikuru notawara irimu, nshoka ninaatawara vano attu ahinomwiiwelhelha Nlhuku. <sup>3</sup> We ikekhiaye hii onkhaye nahanaa meetelho thoko yayo manyaattu ayo nikhalihaka wo itama chihu cho uwonya cho uyariana, nipangaka chittu chiriy-oothe chinochiva mwiiruttuni ni mwiirushoni mwihu. Ni wo yoyo mwaha uyo thoko riyoothe nkina, nahophwanelhiya uhukumulhiya ni Nlhuku.

<sup>4</sup> Nansho Nlhuku hochara ikiriri, ni unittuna wawe uri winchi chinene, <sup>5</sup> kwaani vaari ihu ninakhwilhe wo nlhatu wo uwonya wihu, ahoni-hihimusha vamoka ni Kuristo. Mwoopolhiye

wo nnema wa Nlhuku. <sup>6</sup> Wo ulhutaana wihu ni Kuristo Yesu ahonihimusha vamoka ni uyo ni unikhalhiha vamoka wiira nantawarane wiirimu. <sup>7</sup> Aapannge chiicho wiira wo iyari chonkhaye cho ikatema inowa apatakulhe wunuwa wo nnema wawe wo ushangiha, univanhe awe mu ulhutaanani wihu ni Yesu Kuristo. <sup>8</sup> Ukhalhawaya wo nnema wa Nlhuku mwa-hoopolhiya wo iphiro yo upisha nrima, ihikhalhaka wo machiri inyu mwaashinene, nansho wo mahalha o isadaka ya Nlhuku. <sup>9</sup> Yayo mahalha ayo khawilhe wo mitheko chinyu mwaashinene, ntu hiwe echoona. <sup>10</sup> Nlhuku anuupilhe hii thoko chiri ihu, ni wo ulhutaana wihu ni Yesu Kuristo, honuupa nivare mitheko choombone, chineeshenre awe toka khalhayi niwe naapanga.

### *Ukhalha amoka nhina Kuristo*

<sup>11</sup> Paahi etu muupuwelheke chaari inyu khalhayi, mwaatti nhiri Ayahudi wo uyaria va, Ayahudi owiihanani “attu o uhinelhiya unyawo.” Nansho ashinene echiihanaka “owinelhiya,” wo nlhatu wo ittu inopanga aya mwi-iruttuni mwaya ni miono cha attu, wooniha wiira phi attu a Nlhuku. <sup>12</sup> Yeyo ikatema iyo mwaari wo uhikhalha ni Kuristo. Mwaari alheto, khamwaari Aisraeli, attu athanhiye ni Nlhuku. Mwaattiva khamwari ni ittu iriy-oothe nhina malhehano aapangiye ni Nlhuku wa attu awe. Mwaakhanlhe velhaponi wo uhikhalha ni nikhulhovelho mena unchuwelha Nlhuku. <sup>13</sup> Nansho vano, wo ulhutaana ni Yesu Kuristo, mwaatti mwaari utayi va, nhowiihiya vakhiviru wo iphiro yo iphome awe Kuristo.

<sup>14</sup> Ukhalhawaya Kuristo mwanene phi niwihenree mpuha, nkaanipanga hii onkhaye va, Ayahudi ni attu ahiri Ayahudi ukhalha amokaru. Wo iphome awe, ahophomolha ishiri yaanimwalhaaniha ni woonana thoko amalhaponi.

<sup>15</sup> Ni uyo wo iruttu awe ahokwanyulhacha malhehero a Ayahudi vamoka ni malheheriyo aya, ni ikano chaya. Wiira aapange Ayahudi ni ahiri Ayahudi akhalhe amokaru, iyari ya attu o naanano wo ulhutaana ni Kuristo, ni uwiiha mpuha.

<sup>16</sup> Wo ukhwa wawe vansalaabani Kuristo ahomalhiha umalhaponi. Wo iphiro yo nsalaaba ahaathaniha attu o makosho melhi, onkhaye akhalhe iruttu imoka, ahaathaniha ni waa-hokolhosha wa Nlhuku. <sup>17</sup> Paahi etu, Kuristo ahowa ni uhimiacha Malhove Orera o mpuha wa attu onkhaye, uwaninyu mwaati nhiri Ayahudi va, mwankhalhelha Nlhuku utayi ni Ayahudi yaamwaatamenrie. <sup>18</sup> Ukhalhawaya wo iphiro ya Kuristo uyo hiyaano onkhaye va, Ayahudi ni attu ahiri Ayahudi, ninonrweelha Nlhuku Athumwanihu wo iphiro yo Iphumu ya Nlhuku yoyo mmoka uyo.

<sup>19</sup> Paahi etu vano, mwaattiva nhiri Ayahudi va, kanhi alheto tho mena amalhaponi. Nansho vano mwa anenchi vamoka ni attu a Nlhuku ni imbumba awe Nlhuku. <sup>20</sup> Mwaattiva chiicho, nthekiye vachulhu nsingi uthekiye ni akarumiya ni anamilhohi, Kuristo Yesu mwanene akhalhaka phi nlhuku nulhupalhe no nsingi. <sup>21</sup> Yoyo, phi nolhutaaniha inupa yonkhaye ratarata onnuwihaka wiira ikhalhe inupa itakatifu ya Nlhuku

ikumihiye wa Athithi. <sup>22</sup> Chiichammo etu, wo ulhutaana vamoka ni Kuristo, nholhutaanihiya vamoka ni attu akina onkhaye nkalhe inupa ya Nlhuku wo iphiro ya Iphumu awe.

### 3

#### *Ntheko u Napaolo wa attu ahiri Ayahudi*

<sup>1</sup> Wo yoyo nlhatu uyo, mii Paolo, kittukiye wo nlhatu wa ukaviha mitheko cha Yesu Kuristo ni uhimiacherani Malhove Orera mwaatti attu nhiri Ayahudi va. <sup>2</sup> We ikekhiaye, nheewa wiira Nlhuku wo nnema wawe, hokivaha kipange ntheko wo nlhatu winyu. <sup>3</sup> Nlhuku hokipatakulhelha chittu chawe chivithiye wiira kichuwelhe, thoko chinre aka wo ulhepa wo makhuvi. <sup>4</sup> Mwashomaka, nnwooria uchuwelha chineera aka wo uchuwelha iphiro cha Kuristo chivithiye. <sup>5</sup> Khalhayi, attu khayaahimeriye chittu chivithiye chi, nansho vano, Nlhuku hopatakulha wo iphiro cha akarumiya ni anamilhohi awe atakatifu wo iphiro ya Iphumu awe. <sup>6</sup> Chittu chivithiye chiyo phi chilha, wo Malhove Orera a Yesu Kuristo, attu ahiri Ayahudi anovahiya mahalha o nnema a Nlhuku vamoka ni Ayahudi, yayo phiri itturi cho iruttu imoka yeyo. Ni ayo anoopochera chiicho mahalha a Nlhuku alhehilhe awe wo iphiro ya Yesu Kuristo.

<sup>7</sup> Kihovaheriya ukhalha karumiya o uhimiacha Malhove Orera a Yesu Kuristo wo nnema wo ushangiha wa Nlhuku, kivahilhe awe wo woooria wawe. <sup>8</sup> Mii phi mwankani upwaha attu onkhaye a Nlhuku, nansho Nlhuku hokivahera nnema awe wo uhimiacha wa ahiri Ayahudi



ibarakha cho Malhove Orera a Kuristo vahinooria uhimiachiya, <sup>9</sup> wiira attu onkhaye oone chittu cha Nlhuku chivinthe awe chineera wo upanga ntheko. Nlhuku, oopilhe chittu chonkhaye, ahovitha chittu chawe toka machokholhelho, <sup>10</sup> ikhalhe wiira naanano va, wo iphiro yo attu onkhaye anrumelhenlhe Kuristo, Nlhuku nowaapanga o utawara ni ari ni ikuru yo wooria yo wiirimu, achuwelhe irusho chawe chiri aya wo iphiro chinchi. <sup>11</sup> Nlhuku aapannge chiicho wo uttwaraana ni nlhatu wawe toka mahuku o uhimalha ni uhimalha, waapannge awe wo iphiro ya Yesu Kuristo, Athithi.

<sup>12</sup> Ni wo ulhutaana wihu ni Kuristo ni wo upisha nrima wihu nhina mwawe, ninowooria uphiya wa Nlhuku ninari ni nikhulhovelho nulhupalhe wo uhoova. <sup>13</sup> Paahi etu, kinolhepelhani wiira nhikhwe nrima, ukhalhawaya kiri mu uhuvani wo nlhatu winyu, ukhalhawaya yeyo phi nthimicho winyu.

### *Uttuna wa Kuristo*

<sup>14</sup> Wo yoyo nlhatu uyo etu, kinowaakhoromelha Athithi, <sup>15</sup> arii machokholhelho o iyari chonkhaye wiirimu ni velhaponi, chineehaniya wo nchina naya. <sup>16</sup> Kinonlhepelha Nlhuku wo nhakhu wawe wo nthimicho mwinchi, ovaheni machiri wo iphiro ya Iphumu, nkhalhe rata mmamirimani mwinyu, <sup>17</sup> chiicho kinolhapelha wiira Kuristo eeshe mapuro awe mmamirimani mwinyu wo nrima unopisha inyu. Kinolhapelha wiira, nkhalheke ni mithithaari ni nsingi wo uttunana nhina Nlhuku, <sup>18</sup> chiicho etu, mwaattiva vamoka ni

attu onkhaye a Nlhuku, mmwe mwaakhalha ni wooria uchuwelha uttuna wa Kuristo unowanelha aya wo maphimelho onkhaye, wo urekama, wo nchusha ni wiisha waya. <sup>19</sup> Eiyoyi, nnowa mwaachuwelha uttuna wawe Kuristo, inakhalhaka khunowa waachuwania rata ni attu onkhaye. Nansho mwaattiva nnotimirihya wo kila iphiro ni unchuwelha Nlhuku chiri awe.

<sup>20</sup> Paahi etu, Nlhuku ri ni machiri anovara ntheko nhina mwihu, nowooria upanga chittu chulhupalhe chinene upwaha chinovekelha ihu ama chinoopuwelha ihu. <sup>21</sup> Avahiye nthimicho Nlhuku wo nlhatu wa attu anrumelhenlhe Kuristo ni wo nlhatu wa Yesu Kuristo mwanene, wo ikatema chonkhaye wo mahuku o uhimalha ni uhimalha! Aye.

## 4

### *Ulhutaana nhina iruttu ya Kuristo*

<sup>1</sup> Kinoulhepelhani etu, mii kittukiye wo nlhatu wo mitheko cha Athithi wiira nkhalhe rata chinophwanelha wiihaniya chiihaniye inyu ni Nlhuku. <sup>2</sup> Nkhalheke attu o wiitimarikha, o maalha ni o uvilhelha. Mwooniheke chineera inyu wo uttunana ni waathana mwaashineneru. <sup>3</sup> Mmindeke chinene ni ushunga uvaraana nvahiye inyu ni Iphumu ya Nlhuku, wo uvarechesha mpuha unoolhutani vamoka. <sup>4</sup> Iruttu ya Kuristo iri imoka ni Iphumu ya Nlhuku mmoka, thoko chiri aya nikhulhovelho nimoka niihanelhiye inyu ni Nlhuku. <sup>5</sup> Athithi ari amoka, nrima mmoka, ni ubatiizo mmoka, <sup>6</sup> Nlhuku ri mmoka, Athumwanaya attu onkhaye

anrumelhenlhe Kuristo, ari Athithi anotawara vachulhu chittu chonkhaye, anovara mitheko wo iphiro chonkhaye, ari nhina mirima cha attu onkhaye.

<sup>7</sup> Kila mmoka ihu hovaheriya nnema ni Nlhuku wo ulhikaana maphimelho aavaheriye awe ni Kuristo. <sup>8</sup> Thoko Malhove Matakatifu chineera aya,

“Vaarweelhe awe wiirimu,  
Ahoohihacha muru voonene ni waapurulhacha mumphingoni thoko mateeka,

Wooniha wiira haakottolha,

Ahaavahera attu mahalha”

<sup>9</sup> Vano etu, nna nlhove nna “Ahowelha uchulhu,” ninothaphulhiya chani? Ninothaphulhiya wiira ahokhuruwa wuuthi ilhapo chinene, unaminepa. <sup>10</sup> Paahi etu, khuruwilhe phi yoyo aawelhilhe uchulhu chinene upwaha wiirimu wonkhaye wiira acharihe ilhapo yonkhaye.

<sup>11</sup> Phi yoyo avanhe attu “mahalha o vekha aya”. Nkaathanlha akina ukhalha akarumiya, akina ukhalha anamilhohi, akina ukhalha o uhimia Malhove Orera, akina ukhalha oshunga ni owiittuchiha milhoko cha attu anrumelhenlhe Kuristo. <sup>12</sup> Aapangilhe chiicho wo weesha rata attu a Nlhuku wo ntheko wo unkaviha Kuristo wiira alhutaanihe iruttu ya Kuristo. <sup>13</sup> Paahi ni hii onkhaye niphyselheke nrima mmoka ni unchuwelha chinene Mwaana a Nlhuku, nikhelheke attu o ukhomaalha ni uphiyelha utimira wa Kuristo mwanene. <sup>14</sup> Paahi, nihikhalhe tho thoko ashinamwane, nipurulhiyaka ni mawimbi ni uveverushiya ni kila iphioo yo meettuchiho

o woothachiya anowiihiya ni attu anoothachera attu akina ni wawonyiha wo upenya waya.

<sup>15</sup> Nansho, nolhumachaka ikeekhene wo nrima wo uttunana, ninookhomaalha wo kila iphiro ni umphiyelha Kuristo, ri muru. <sup>16</sup> Wo uholhelha wawe, itturi chonkhaye cho iruttu chinovaraaniya vamoka ni mithinga, ni iruttu yonkhaye inovaraana rata wo machiri o ulhutaanihiya waya. Ni kila itturi vanovara aya ntheko thoko chinathananiya aya, iruttu yonkhaye inookhomaalha ni wiitheka wo iphiro yo uttunana.

*Ukumi wo naanano nhina Kuristo*

<sup>17</sup> Paahi etu wo nchina na Athithi, kinowaamukani, nhikhalhe tho thoko attu ahinchuwenlhe Nlhuku, anottwara irusho chaya cho uhikhalha maana <sup>18</sup> irusho chaya chiri mwiipiphini. Yayo kharina nipuro nhina ukumi unowiihiya ni Nlhuku, wo nlhatu wo uhinchuwelha Nlhuku ni ulhipa mirima chaya. <sup>19</sup> Khanoolhiya muru, anopanga chittu cho uhilhoka ni ishembwere ni upangapanga pufia chittu cho uhilhokalhoka wo uhitondova.

<sup>20</sup> Nansho mwaattiva, khamweettunche chechiyo wa Kuristo! <sup>21</sup> Mwaheewa malhove awe, ni inyu nnari o wiittucha awe nheettuchihiya ikeekhene inokhalha nhina mwawe Yesu. <sup>22</sup> Mwaheettuchihiya urulha meetelho inyu o khalhayi thoko ntu chinorulha awe ikuwo. Urulha uttu inyu wo khalhayi waatanganyiye wo nlhatu wo uttwarattwara nikakata ninothepiacha. <sup>23</sup> Mirima ni irusho chinyu chithathuweke cho naanano kabisaa.

24 Mmwareke uttu wo naanano, unoopiya wo ulhikaana ni Nlhuku, uneepatakulha wo makhalhelho e ikekhiaye, anonteelhiha Nlhuku ni o utakatifu.

25 Nhoothache tho! Kila mmoka olhumacheke ikeekhene wa ntu nanawe, ukhalhawaya hii onkhaye nirii itturi cho iruttu imoka ya Kuristo.

26 Mwarushiyaka nhiwonye, nkamwaawulhuwa mu uwonyani, ni urushiya winyu uhilhokelhe uthana wootho. 27 Nhinhulhelhe Nakare nkhora.

28 Ntu o wiiya, hiiye tho, nansho elhipiheke uvara ntheko woombone wo miono chawe mwanene, wiira awe apatta ittu yo waavaha attu ahirina. 29 Nhuulhumache malhove o uhilhoka, nansho muulhumacheke malhove o rera o waatheka akina ni waavaha nnema attu anowiiwani. 30 Nhinchukulhihe Iphumu ya Nlhuku, ukhalhawaya yoyo phi noukhomani nhuri wo uchuwelhihani wiira mwaattiva phi attu a Nlhuku, mpaka nihuku Nlhuku vanohalha awe woopolha attu awe, ni inyu nnowoopolhiya.

31 Nrihelheke utayi mirima chinyu chonkhaye cho uhokolhoshera, cho ichimwa, cho urushiya, cho uhiiwanana ni cho uruwana. Nhiyeke iphiro chonkhaye cho uhilhoka! 32 Nkalheke ni nrima wo upanga moombone mwaashineneru, mwoonelhaneke ikiriri, kila mmoka anhiyerereke nkhananawe thoko Nlhuku chinre awe wo ulhevelhelhani inyu mwaattiva wo iphiro ya Kuristo.

## 5

*Ukhalha Munthukoni*

<sup>1</sup> Ukhalhawaya vano nhokhalha ashaana anttuniya ni Nlhuku, ntwariheke ukhalha thoko chiri awe. <sup>2</sup> Makhalhelho inyu aholhelhiyeke ni nrima wo uttunana, thoko Kuristo chinittunne awe mpaka nkaakumiha ukumi awe wo nlhatu wihu, ukhalha thoko isadaka yo unukhelha chinene, inonteelhiha Nlhuku.

<sup>3</sup> Ukhalhawaya vano mwaatti phi attu a Nlhuku, khavanlhoka wiiwania munlhokoni mwinyu mwaha wo ishembwere ama mwaha wo unanara mena nlhulha wo uttuna chinene nhakhu. <sup>4</sup> Tho, ahiiwaniee malhove o wuulhiha muru mena o uhichuwanina mena o uhilhoka, nansho malhove o unshukuru Nlhuku phi nlhoka wiiwania. <sup>5</sup> Nchuwelheke wiira ntu o ishembwere riyoothe ama nopanga chittu cho unanara ama ntu o nlhulha chinene khanowa aavahiya ittu iriyoothe mu Imwene ya Kuristo ni Nlhuku. Ukhalhawaya nlhulha uri thoko ulhapelha mashoka.

<sup>6</sup> Ntu riyoothe huthepiacheni wo malhove o uhikhalha ni maana, ukhalhawaya wo nlhatu wo yayo malhove o uhilhoka ayo, Nlhuku nowa aarushiya ni waahukumulha attu ahinomwiiwelhelha. <sup>7</sup> Paahi nhivaraane, mena nhipange ittu iriyoothe ni attu thoko yayo. <sup>8</sup> Khalhayi mwaatti mwaari mwiipiphini, nansho vanova nnokhalha mu nthukoni toka vaapachenre inyu ukhalha attu a Athithi. Paahi etu nkhalheke thoko attu o munthukoni, <sup>9</sup> ukhalhawaya maphepu o nthuko phi urera nrima wo kila iphiro, upanga moombone mmiholho wa Nlhuku ni ikekhiaye. <sup>10</sup> Mwiittucheke uchuwelha chittu chinaateelhiha Athithi. <sup>11</sup> Nhikavihe upanga

chittu chihinemma maphepu chinopanga aya attu akina, chechiyo cho mwiipiphini. Nansho mwaahumbukulheke, mwaawiiheke voonene.

<sup>12</sup> Ukhalhawaya chittu cho mwiipiphini chinopangiya ni attu ahinchuwenlthe Nlhuku chiri cho wuulhiha muru, khachinrera ata uromolhacha. <sup>13</sup> Nansho chittu chonkhaye chawiihiyaka voonene, iekhia aya inowoniaa, <sup>14</sup> ukhalhawaya chittu chonkhaye chiri voonene, chinokhalha unthukoni. Wo chiichammo Malhove Matakatifu aneera, “Munkweke inyu nnorupa, Nnihimmweke nnookhwani, Ni Kuristo nowumwalhelhani.”

<sup>15</sup> Paahi mmweheke wo iekhiaye meetelho inyu. Nhikhalhe thoko attu ahiri ni irusho, nansho nkhalheke thoko attu o irusho. <sup>16</sup> Nvarelheke rata ikatema irina inyu, ukhalhawaya alha mahuku alha ari o uhilhoka. <sup>17</sup> Nhiphupuwalhache, nansho nchuwelheke inothanana aya Athithi wiira mpange. <sup>18</sup> Nhipapalhiye idivai ukhalhawaya yeyo inoutanganyani, nansho ncharihiyeke Iphumu ya Nlhuku. <sup>19</sup> Nhimerianeke malhove o izaburi ni ichipo cho untotopelha Iphumu ya Nlhuku. Mwiipeke ichipo cho waatotopelha Athithi ni wiipa ichipo cho izaburi wo nrima winyu wonkhaye. <sup>20</sup> Munshukuruku Nlhuku Athumwanihu wo kila ittu mahuku onkhaye wo nchina na Athithi Yesu Kuristo.

*Ikano wa manyopani ni manyottato*

<sup>21</sup> Kila mmoka anlhoheke nkhananawe wo nthimicho urina inyu wa Kuristo.

<sup>22</sup> Manyopani yaalhoheke manyowan-nyaya thoko chinaathimicha aya Athithi. <sup>23</sup> Ukhalhawaya nlhopwana hanaa ikuru vachulhu ahanu awe, thoko Kuristo chiri awe ni ikuru wo attu anrumelhenlhe Kuristo. Ni Kuristo mwanene phi mwoopolhi o nlhoko wa attu anrumelhenlhe Kuristo, arii phi iruttu awe. <sup>24</sup> Manyopani yeewelhelheke manyowannyaya wo kila nlhove, thoko nlhoko wa attu anrumelhenlhe Kuristo chinonthimicha aya Kuristo.

<sup>25</sup> Ni mwaattiva manyaalhopwanava mwaat-tuneheke manyaahanu inyu thoko Kuristo chi-naattuna awe attu arumelhenlhe, nkaakumiha ukumi awe wo nlhatu waya. <sup>26</sup> Aapange chiicho wo nlhatu wo waathanlha ukhalha atakatifu uholho wa Nlhuku attu anrumelhenlhe Kuristo, aapange atakatifu wo waahapiha wo nlhove nawe niri thoko maashi. <sup>27</sup> Aapange chiicho wiira apatte nlhoko wa attu anrumelhenlhe Kuristo o nthimicho chinene, ari atakatifu ahiri ni manepa mena makhunyaari mena uremara uriwoothe. <sup>28</sup> Paahi etu, manyaalhopwana an-othananiya wiira yaattuneke manyaahanu aya thoko chinottuna aya iruttu chaya ashinene. Ntu neettuna mwanene, nowaattuna ahanu awe. <sup>29</sup> Attu khanovenga iruttu chaya. Nansho, anool-hiha ni wiishunga, thoko Kuristo chinopanga awe wo nlhoko wa attu anrumelhenlhe Kuristo.

<sup>30</sup> Ukhalhawaya hii phi itturi cho iruttu awe. <sup>31</sup> Thoko Malhove Matakatifu chineera aya, “Wo yoyo nlhatu uyo etu, nlhopwana nowaahiya athumwanawe ni anumwanawe ni ulhutaana ni ahanu awe ni yayo elhi ayo anookhalha thoko



iruttu imoka.” <sup>32</sup> Ihaawo ikekhiaye yulhupalhe ivinthe chinene nhina alha Malhove Matakatifu alha, Nlhuku kipatakulhenlhe awe. Ni mii koon-aka wiira, inomwaacha Kuristo ni nlhoko wa attu anrumelhenlhe Kuristo. <sup>33</sup> Nansho anowaachani ni inyu mwaatti, kila nlhopwana nothananiya wiira aattuneke ahanu awe thoko chineettuna awe mwanene ni kila nthiyana nothananiya aalhoheke owannyawe.

## 6

### *Ashaana ni manyanaangoro*

<sup>1</sup> Ni inyu nrii ashaana va, ukhalhawaya nnaarumelhelha Athithi, mwaathimicheke manyanaangoro inyu ukhalhawaya phi ittu yorera. <sup>2</sup> Thoko Malhove Matakatifu chineera aya, “Mwaathimicheke athumwaninyu ni anumwaninyu.” Nenno phi nlheheriyo no upacha niri ni malhehano aneera, <sup>3</sup> “mmwe mwaapatta mpuha ni ukumi mwinchi velhaponi.”

<sup>4</sup> Ni inyu manyanaangoro, nhaahachulhache achishaana inyu nhiwe mwaathunaliha. Nansho, mwaalhelheke rata ni waamuka ni weet-tuchiha wo iphiro chinathanana aya Athithi.

### *Ipotta ni ashinene mitheko*

<sup>5</sup> Mwaatti nri ipotta va, mweewelhelheke anene ntheko ayo wo iruttu cho woova ni uthukumelha, mpangeke mitheko wo nrima wo wiitimarikha, thoko nnompangelha Kuristo. <sup>6</sup> Nhipange vanoonya inyu ni ashinene mitheko ru, wiira mwaateelhihe, nansho mpangeke wo nrima wonkhaye thoko ipotta

cha Kuristo. Mpangeke chittu chinottuna awe Nlhuku. <sup>7</sup> Mpangeke mitheko chinyu thoko ipotta wo nrima woombone, mwoonaka thoko nnaapangelha Athithi, mena kuhena attu. <sup>8</sup> Muupuwelheke wiira Athithi anowa unlhiva kila ntu, uttwaraana ni mitheko choombone chipangilhe awe, wo uhimmweha wiira ipotta ama neethi.

<sup>9</sup> Mwaatti ashinene mitheko va, mwaapangelheke ipotta chinyu chiicho mena nhoopopi-hache. Nchuwelheke wiira inyuva ni ipotta chinyu Athithi inyu amoka, arii wiirimu, anon-hukumulha kila ntu sawasawa.

### *Ikhoto yo Mphumuni*

<sup>10</sup> Paahi wo umalhihera, kinowirelhani wiira, mweemelheke rata wo ulhutaana winyu ni Athithi wo machiri aya molhupalhe.

<sup>11</sup> Mmwarelheke ikerero chonkhaye chinovahiya inyu ni Nlhuku, wiira mweemelhe rata mwiichakihe ni upenya wa Nakare.

<sup>12</sup> Ukhalthawaya khaninaatakana ni ntu o velhaponi, nansho ninaatakana ni mashoka o unanara anotawara irimu, atawara, ikuru ni machiri o ilhapo yo wiipiphini ilha.

<sup>13</sup> Paahi nkusheke mmwarelheke ikerero chonkhaye Nlhuku chinoovaha inyu naananoru! Nihuku nawaakaru, nnowa mwooria uvilhelha chittu cho uhilhoka chinohuvihiya inyu ni mmalhaponi, ni mwamalhihaka waatakana ikhoto, nnoweemelha rata.

<sup>14</sup> Paahi, mwiichesheke tayari, ikeekhene ikhalheke thoko phi nchako wo wiittuka nnyununi mwinyu, uvarechesha ikekhiaye, ikhalhe

thoko phi ikuwo yo yuuma yo wiikhikichera vakhakaachani, <sup>15</sup> ntona no uhimiacha Malhove Orera o mpuha akhalheke thoko phi ikwakwata cho uwara nnyaani mwinyu. <sup>16</sup> Ikatema chonkhaye, upisha nrima ukhalheke thoko phi ichikopa yo ukusha mmathathani mwinyu, mwoorie wiichaakiha nihomiye miupa cho mooro chonkhaye chinokhuma wa O uhilhoka ulhe. <sup>17</sup> Mumpochereke noopo thoko ichushuru yo yuuma yo uwaakihani. Nlhove na Nlhuku nikhhalheke thoko nijambiya nnovahiya inyu ni Iphumu ya Nlhuku. <sup>18</sup> Nlhapelheke wo ikatema yonkhaye, munlhapelheke Nlhuku o ukavihereni kila ikatema wo uholhelhiya ni Iphumu ya Nlhuku. Wo chiichammo etu, nshiheke wo uhoocha, mwaalhapelhelheke attu a Nlhuku onkhaye.

<sup>19</sup> Nkilhapelhelheke ni mii chiicho, Nlhuku akivahe malhove o wulhumacha, kihimiache ni waachuwelhiha attu malhove avithiye, Malhove Orera a Yesu Kuristo wo uhoova. <sup>20</sup> Wo ulha nntenga wo Malhove Orera alha, mii ki karumiya o uhimiacha, inakhalhaka kirii mu uttukiyani. Paahi nlhapelheke wiira kipatte nipesha no uhimiacha Malhove Orera ayo wo machiri.

### *Isalamu cho umalhihera*

<sup>21</sup> Natikiko, munnihu nottuniya ni karumiya o ukhulhovelhiya ni Athithi, anowa o uhimeriani malhove aka onkhaye, wiira nchuwelhe mitheko chinovara aka. <sup>22</sup> Kinaaruma wiira, o uhimerieni chiri ihu ni uhelhani nrima.

<sup>23</sup> Nlhuku Athumwanihu ni Athithi Yesu Kuristo ovaheni mpuha ni nrima wo uttunana

ni wo upisha nrima, mwaatti ashilhoko ihu munrumelhenlhe Kuristo va. <sup>24</sup> Nnema wa Nlhuku ukhalhe wa attu onkhaye anaattuna Athithi Yesu Kuristo wo uttuna uhimmelha.

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