

## Kalata gwa Pauli ku Baefesi Isyakulongosya

Akaaja akanywamu akaa Efesi, kaali nkiisu iki mmasiku aga bikuti Butuluki. Pauli aatuugeele nu kulumbilila iNdumi iNunu nkiisu kila, ifyinja fitatu (Imbombo sya Batumigwa 19). Abandu bingi baalimmwitiike Jesu nkaaja ako nu twaja utupalamani. Pakabalilo akangi, bo ali mu nnyololo mu Looma, aabasimbiile kalata uju, ukubamanyisya ukuti ulwitiko lwabo mwa Jesu lwali ndubaatiko lwa Kyala, ulwa kuti Kilisiti aje jo Ntwa gwa fyosa, pakiisu na kumwanya.

### Isi silimo mwa kalata uju

Pauli ikubabuula aBaefesi ukuti umwene jo jwani, nu kuba  
Pauli ikulingaanis muno Kyala ikubapokela abandu baake  
Ikumanyisya muno aBakilisiti bikulondeligwa ukutuugala k  
Pauli asimbile isya kumalikkisyia

### Uluponio

<sup>1</sup> Kalata uju afumile kumyangu une Pauli, ne ntumigwa\* gwa Kilisiti Jesu, ku bwigane bwa Kyala.

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\* **1:1** 1:1 Untumigwa Bala iisyu Abatumigwa ku Isyakulingaanis.

Ngubasimbila umwe mwe biikemo<sup>†</sup> mwe mukutugala nkaaja akaa mu Efesi,<sup>‡</sup> mwe biitiki abagolofu abaa Kilisiti Jesu.

<sup>2</sup> Iliipyana nu lutengaano ukufuma kwa Taata Kyala na ku Ntwa Jesu Kilisiti, fijege na numwe.

### *Ukukaba isajo ku njila jaa Jesu Kilisiti*

<sup>3</sup> Atuufigwege Kyala, ugwise ugwa Ntwa gwitu Jesu Kilisiti, uju atusajile ni sajo syosa ukwendela kwa Mbepo Mwikemo. Ku njila jaa kulgana na Kilisiti, tukusyambilila isajo isyo. <sup>4</sup> Kyala bo akaali ukukipela ikiisu, aatusungwile ukuti tujenge bandu baake, ku njila jaa kulgana kwitu na Kilisiti. Aabomabile bo ulo ukuti tujenge biikemo, kangi beelu nkyeni mmyake. Ku lagano lwake, <sup>5</sup> Kyala aatumwile lijolo, ukutusungula ukuja baanaake, ukwendela mwa Jesu Kilisiti. Aabomibile bo ulo, ukukongana nu lubaatiko nu bwigane bwake.

<sup>6</sup> Po tuntuufyege Kyala kwi ipyana lyake iisisya ili aatuppeele ukwendela ku Mwanaake uNkundwe. <sup>7</sup> Ku njila jaa ilopa lya Mwanaake ili lyalyoniike pa kikohekano, uswe twabuliigwe, kokuti tuhobokeliigwe ubutulanongwa bvitu, ukukongana nu bukulumba ubwa ipyana lyake.

<sup>8</sup> Kyala aatuppeele iipyana ilyo ku mahala goosa nu kusyagania. <sup>9</sup> Aatubuhulile isya ndubaatiko lwake ulwa mbutiit, ukukongana nu bwigane bwake, ulu aatumwile ukubomba ukwendela mwa Kilisiti. <sup>10</sup> Ulubaatiko lwa Kyala lo ulu,

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<sup>†</sup> **1:1** 1:1 Abiikemo Bala ku Isyakulingaania. <sup>‡</sup> **1:1** 1:1 Mwe mukutugala nkaaja akaa mu Efesi Baakalata bambo abaa ijolo bakaja na masyu aga.

akabalilo aka aakasalile bo kafikile, ikwisa kufibungaania pamopeene ifipeligwa fyosa, ifi filiko kumwanya na ifi filipo pakiis. Po Kilisiti jo ikwisa kujaga nkulumba gwa fipeligwa ifyo.

<sup>11</sup> Kyala aatusungwile nuuswe ukuja baanaake mwa Kilisiti. Ukuufuma lijolo aatalile ukubaatika bo ulu, uju ikubomba syosa ukukongana nu bwigane bwake, <sup>12</sup> ukuti uswe twe Bajuuta twe tutalilepo ukunsuubila Kilisiti, tuntuufyege Kyala ku busisya bwake. <sup>13</sup> Na numwe mwe mukaja Bajuuta, mwapiliike iisyu ilya nalooli, kokuti iNdumi iNunu ijaa bupoki, mulinkummwitika Kilisiti. Joope Kyala alinkubakolekela na Mbepo Mwikemo, uju aafingile ukubapa, ukunangisya ukuti umwe muli bandu baake. <sup>14</sup> Mbepo Mwikemo jo gwa kutwimila ikilingo kyitu, isi sikutusisisimikisya ukuti Kyala ikwisa kutwabula loosa, ukuti tugege bandu baake. Tuntuufyege Kyala ku busisya bwake!

### *Hlwiipuuto lwa Pauli*

<sup>15</sup> Po leelo, nsipiliike isya lwitiko lwinu ku Ntwa Jesu, nu kuti mubaganile abiitiki boosa abaa mfipanga fyosa ifya Kyala. Kunongwa jaa isyo, <sup>16</sup> ngaleka ukunngwila ulapi Kyala kunongwa jii nu nu kubasumila. <sup>17</sup> Ngusuma ukuti, Kyala ugwa Ntwa gwitu Jesu Kilisiti, uju jo Taata uNsisha, abape Mbepo Mwikemo, ugwa kubapa amahala nu kubamanyisya muno ajiiliile, ukuti mummanye kanunu fijo. <sup>18</sup> Kangi ngusuma abiigule amaaso agaa mu ndumbula syinu, ukuti mufimanye kanunu ifi mukusuubila

na ifiaababiliikiile. Ifyo kyo kilingo ikisisya fijo, iki aafingile ukubapa abandu baake. <sup>19</sup> Mugamanye amaka gaake amakulumba fijo, aga gikubomba imbombo kumyitue twe tummwitiike Jesu. Gali bo ulwa maka gala amakulumba, <sup>20</sup> aga Kyala aalinsyukiisye Kilisiti ukufuma mbafwe, nu kummbiiika ku kiboko kyake ikiiliilo, pabujo ubusisa fijo, kumwanya. <sup>21</sup> Uko Jesu jo nkulumba gwa bulagili boosa, ukukulumba boosa na maka goosa, ukufikinda ifipeeligwa fyosa ifi fili nu bulagili, ukwandila akabalilo aka, na aka kikwisa. <sup>22</sup> Kyala aalimpeeble Jesu amaka gaa kufilagila fyosa. Aalimmbiikile ukuja Ndongosi gwa kipanga kyake, bo ulwa ntue mu mbili. <sup>23</sup> Ikipanga kya Kyala go mbili gwa Kilisiti. Kikaagilwa kunongwa jaake, ujue ikufipela fyosa ukusita kwagilwa.

## 2

### *Ukupeliligwa ubusumi mwa Kilisiti*

<sup>1</sup> Ijolo, umwe mwali bafwe, kunongwa jaa mbiibi nu butulanongwa bwinu. <sup>2</sup> Akabalilo kala mwakongaga akajiilo akabiibi akaa bandu abaa pakiusu apa, kangi mwammwimikaga untwa umbiibi Seetano, ujue jo nkulumba gwa mbepo inyali mu mpaalanga. Untwa ujo akabalilo aka ikabalongosya abandu aba batikuntiila Kyala. <sup>3</sup> Nalooli uswe twesa akabalilo kala twali bo abeene. Twakongaga ifinyonyo ifya mbili. Twabombaga syosa isi indumbula syitue imbiibi syalondaga. Twapaapiigwe ni ndumbula isi sili nu butulanongwa. Bo ulwa bandu boosa, na

nuuswe twabagisye unctioneeliga wa ulufundo na Kyala.

<sup>4</sup> Looli Kyala gwa kibabiilisi fijo. Atuganile nu lugano ulukindilisi. <sup>5</sup> Na paapo twafwile kunongwa jaa butulanongwa bwit, poope Kyala aatusyasiisye pamopeene na Kilisiti. Nalooli kwi ipyana lya Kyala lyene, mupokiigwe. <sup>6</sup> Aatusyasiisye pamopeene na Kilisiti, ukuti tukajege pamopeene nagwe kumwanya. Aabombile isi ukwendela kwa Kilisiti Jesu, <sup>7</sup> ukuti akabalilo aka kikwisa atunangisye iliipyana lyake ilikulumba. Atunangiisye ubukabi ubukulumba bwa ipyana lyake ilingi fijo, ili atapeele uswe twe tulungeene na Kilisiti Jesu.

<sup>8</sup> Kyala abapokile kwi ipyana lyake, ku njila jaa kummwitika Kilisiti Jesu. Nalooli, ubupoki mukwambilila, komma kunongwa jaa mbombo syinu inunu, looli ubupoki fyabupe fya Kyala. <sup>9</sup> Mupeeliigwe itolo ubupoki na Kyala, komma kunongwa jaa mbombo syinu, ukuti najamo angiitufyaga. <sup>10</sup> Uswe tulipeligwa fya Kyala, aatubumbile ubupya ku njila jaa kulgana na Kilisiti Jesu, ukuti tubombege imbombo inunu. Kyala aasibaatiike imbombo isyo liijolo, ukuti uswe tusibombege.

### *Abandu boosa bali kandu kamokeene mwa Kilisiti*

<sup>11</sup> Po ulu, umwe mwe mukaja Bajuuta, mukumbuke ukuti, aBajuuta aba bikwijoba ukuti, "Babuutigwa," bikuti umwe muli, "Bapanja," paapo umwe mukabuutigwa

kukyeni.\* Looli ukubuutigwa uko mbombo itolo iji jikubombigwa na bandu. <sup>12</sup> Mukumbuke ukuti, akabalilo kala mukaali pamopeene na Kilisiti. Mwali bo ulwa baheesya, paapo mukaali benekaaja pamopeene na Banyaisilaili. Umwe mukaali balilani ni ndufingo ulwa Iwitikano na Kyala.<sup>†</sup> Kangi mwatugalaga nkiisu kisita lusubilo nu kummany Kyala.

<sup>13</sup> Umwe mwe mulungeene na Kilisiti, ijolo mwali pabutali na Kyala, looli akabalilo aka abasegeliisyne ukwendela mwi ilopa lya Kilisiti Jesu. <sup>14</sup> Namanga Jesu juujo, jo uju atufwenie. Atubungeenie uswe twe Bajuuta na numwe mwe mukaja Bajuuta ukuja kandu kamokeene. Ukwendela mbufwe bwake, aalisoosiisyepo iimato ilya bulugu, ili lyatutapwile kubwandilo. <sup>15</sup> Aasisoosiisyeyo ingomeelesyo ni ndagilo isi Kyalaaabapeele aBajuuta, ukuti twesa tugege kandu kamokeene akanya mwa Kilisiti. Mo muno aabombiile ukutupa ulutengaano. <sup>16</sup> Aatufwenie nu kutubiika ukuja kandu kamokeene nkyeni mwa Kyala. Ku njila jaa kufwa pa kikohekano, aabusoosiisyepo ubulugu ubwa Bajuuta na aba bakaja Bajuuta. <sup>17</sup> Kilisiti aaliisile kubalumbilila iNdumi iNunu ijaalutengaano, umwe mwe mukaja Bajuuta, mwe mwali pabutali na Kyala, nu kutulumbilila uswe twe Bajuuta, twe twali kifuki nagwe. <sup>18</sup> Namanga uswe twesa twe Bajuuta, na numwe mwe mukaja Bajuuta, tubagiile ukusegelela kwa

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\* <sup>2:11</sup> 2:11 Ukubuutigwa kukyeni Bala ku Isyakulingaan.

† <sup>2:12</sup> 2:12 Ulwitikano na Kyala Bala iisyu Ulwitikano ku Isyakulingaan.

Taata ku njila jaa Mbepo jumojwene.

<sup>19</sup> Po ulwa, umwe mwe mukaja Bajuuta, mukaja baheesya kangi. Looli muli baana baa Kyala, kangi muli benekaaja pamopeene na biikemo baake, kangi muli bandu baa mu nyumba jaake. <sup>20</sup> Inyumba iji jijengiigwe pa lwalo ulwa batumigwa na bakunguluka, joope Kilisiti Jesu lyo ibwe iikulumba ilya pa lwalo pa nguto. <sup>21</sup> Pa lwalo ulo, gikujengigwapo amapamba goosa, ukuti jije nyumba jaa maka, nu kuja tempeli nyikemo ku Ntwa Kyala. <sup>22</sup> Akabalilo aka, nuumwe mukulangisigwa pamopeene, pa lwalo lwa Jesu, ukuti muje nyumba jaa Kyala, muno ikutuugala ku njila jaa Mbepo gwake.

### 3

#### *Imbombo jaa Pauli ku bandu aba bakaja Bajuuta*

<sup>1</sup> Po ukukongana na isyo, ngubasuumila umwe, une Pauli ne mpinyigwa kunongwa jaa mbombo iji Kilisiti Jesu aalimbeeble, ukubabombela umwe mwe mukaja Bajuuta. <sup>2</sup> Nalooli mupiliike ukuti Kyala, kwi ipyana lyake, aalimbeeble imbombo iji ngujibomba kunongwa jiinu. <sup>3</sup> Kyala aaliinangiisye isya ndubaatiko lwake ulwa mbutiitu, ku njila jaa busetuli, bo muno mbasimbiile ku bupimba.\* <sup>4</sup> Bo mukubala isi mbasimbiile, mubagiile ukumanya ukuti, ndwageenie ulubaatiko ulwa Kyala ulwa mbutiitu, ulwa nongwa sya Kilisiti. <sup>5</sup> Ijolo

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\* **3:3** 3:3 Bala kalata gwa Abaefesi 1:9-10; 2:11-22.

Kyala akaababulile abandu ulubaatiko ulo ulwa mbutiitu. Looli akabalilo aka abasetulile abatumigwa na bakunguluka baake abiikemo, ku njila jaa Mbepo Mwikemo.<sup>6</sup> Ulubaatiko ulwa mbutiitu ulo lo ulu. Ku njila jaa kuiitika iNdumi iNunu, boosa aba bakaja Bajuuta, pamopeene na Bajuuta, bikukaba ikijabo ikya nkilingo kya Kyala. Bikuja pamopeene bo ulwa tumbakaasya utwa mbili. Kangi ukwendela mwa Kilisiti Jesu, bikwambilila pamopeene ifi Kyala aafingile ukubasaja aBajuuta.

<sup>7</sup> Kyala kwi ipyana lyake, aalimbeele imbombo jaa kufumusya iNdumi iNunu ij*î*, ukukongana na maka gaake amakulumba. <sup>8</sup> Na paapo une ndi nnandi ku biikemo boosa, poope naapeeliigwe iliipyana ili, ukuti mbalumbilile abandu aba bakaja Bajuuta isya sajo ukufuma kwa Kilisiti, isi sitikupimika. <sup>9</sup> Kangi aaliisalile ukuti mbasetulile abandu boosa, ulubaatiko lwake ulwa mbutiitu muno lujiliile. Ulubaatiko ulo, Kyala uju jo Mpeli gwa tundu toosa, aalufisile akabalilo koosa akaa ijolo. <sup>10</sup> Ku njila ij*î* aabaatiike ukubombela ikipanga kyake, ukunangisya muno gajiliile amahala gaake ubwingi, ku fipeligwa fyosa ifi fikulagila na ifi fili na maka mu mpaalanga. <sup>11</sup> Ulo lo lubaatiko lwa Kyala ulwa bwila na bwila, ulu aalubombe ku njila jaa Kilisiti Jesu uNtwa gwitu. <sup>12</sup> Ukwendela mwa Jesu Kilisiti na ku njila jaa kummwitika, tul*î* nu bwabuke nu bukifu ubwa kusegelela nkyeni mwa Kyala. <sup>13</sup> Po ngubasuma ukuti mulingoonyokaga amaka. Ku ngubilo isi ngukubilwa k<sup>u</sup>nongwa jiinu, isyo bo

basisya bwinu.

### *Ulwipuuto lwa Pauli kʉ Baefesi*

<sup>14</sup> Po kūnongwa ijo, ngumfugamila Taata,  
<sup>15</sup> ʉjʉ jo bʉfumilo ʉbwa fipeligwa fyosa ifya  
 mu mpaalanga ni fya pakiisʉ. <sup>16</sup> Ngusʉuma  
 Kyala ʉkʉti, ʉkukongana ni sajo syake inyingi,  
 abakasye fijo mu ndumbula syinu, ʉkwendela  
 mwa Mbepo gwake. <sup>17</sup> Ngusʉuma kangi  
 ʉkʉti, Kilisiti atuugalege mu ndumbula syinu  
 paapo mummwitiike. Kangi ngusʉuma ʉkʉti  
 mwitotekenge pa lwalo ʉlwa lugano, <sup>18</sup> ʉkʉti  
 pamopeene na biikemo boosa, mujege na  
 maka agaa kʉlwagania ʉlugano lwa Kilisiti  
 muno lujiiiliile, ʉbweleefu, ʉbutali, ʉbwinufu nʉ<sup>19</sup>  
 busolofu. <sup>19</sup> Kangi nʉ kʉlumanya ʉlugano lwa  
 Kilisiti ʉlu lʉkindile amahala goosa, mwisale  
 fijo ʉbasita kwagilwa bwa Kyala.

<sup>20</sup> Kunongwa ijo Kyala atuufigwege! Kʉ  
 maka gaake ikʉbomba imbombo nkati mmyitʉ.  
 Kangi ʉmwene abagiile ʉkʉbomba imbombo  
 ingroupumba fijo ʉkukinda isi tʉbagiile ʉkusʉuma  
 nʉ kwinogona. <sup>21</sup> Nalooli Kyala atuufigwege  
 nkipanga kyake, na mwa Kilisiti Jesu akabalilo  
 koosa, bwila na bwila! Ameni.

## 4

### *Abiitiki baa Jesu bali kandʉ kamokeene*

<sup>1</sup> Po leelo une ne mpinyigwa kūnongwa jaa  
 kʉmmbombela ʉNtwa Jesu, ngubapyelesya ʉkʉti  
 mujege nkajiiilo aka kafwene na muno Kyala  
 aababilikiile. <sup>2</sup> Mujege nʉ lwijiisyo fijo, kangi  
 mujege boololo ndi syosa. Amupaakisaniege

ku lugano. <sup>3</sup> Mwijuulege ukubulindilila ubuliiłanisi bwinu, ubu mupeeliigwe na Mbepo Mwikemo, ku njila jaa lutengaano ulu lubalungeenie. <sup>4</sup> Guliko umbili gumogwene, na Mbepo jumojwene, bo ulwa lusubilo ulu tubilikiliigwe na Kyala lali lumolwene. <sup>5</sup> Aliko uNtwa jumojwene, ulwitiko lumolwene, ulosyo lumolwene. <sup>6</sup> Kangi aliko Kyala jumojwene, uju jo Taata gwa boosa, ali pamwanya pali boosa, ikubomba ndi boosa, ali nkatì ndi boosa.

<sup>7</sup> Looli küküti mundu akabile iliipyana, ukukongana ni kipimilo kya kikungilwa, iki atapeele Kilisiti. <sup>8</sup> Po apa Kalata uMwikemo ikuti,

“Bo ikufyuka kumwanya fijo,  
aafyukile nabo abapinyigwa bingi,  
aabapeele abandu ifikungilwa fyake.”\*

<sup>9</sup> Po ulu iisyu likuti, “Aafyukile kumwanya,” kokuti fiki? Kokuti, kubwandilo aasulwiike paasi fijo pakiisu. <sup>10</sup> Po uju aasulwiike pakiisu apa, jo uju aafyukile ukukinda kumwanya koosa, ukuti ajewe pabujo boosa. <sup>11</sup> Umwene jo uju aababiikile bamo ukuja batumigwa, bamo ukuja bakunguluka, bamo ukuja balumbibili, abangi ukuja batiumi, na bangi ukuja bamanyisi. <sup>12</sup> Aabombole bo ulo ukubatendekesyabikemo ukubomba imbombo jaa Kilisiti, ukuti ikipanga kya Kyala, ugú go mbili gwa Kilisiti, kijengigwe. <sup>13</sup> Kikujengigwaga mpaka uswe twesa tubufikile ubuliiłanisi ubwa lwitiko, nu kummanya fijo uMwana gwa Kyala, kangi

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\* **4:8** 4:8 Bala kalata gwa Isabéli 68:18.

tajege bandu aba bakomile, nu kabufikila ubusita kwagilwa ubwa Kilisiti. <sup>14</sup> Po tulingajaga bo ulwa baana abafyele, aba bikugutigwa nu mbelo ugwa luko nu luko, ugwa manyisyo isi abandu bikwagula, ukuti babasofye abandu ku bukomu. <sup>15</sup> Looli tabuulanage ubwanalooli ndugano, ukuti tukale nu kumfikila Kilisiti ndi syosa, uju jo ntu. <sup>16</sup> Mmyake, utumbakaasya toosa utwa mu mbili tutuuleene nu kulungana pamopeene. Linga kukuti kambaraasya kikubomba imbombo jaake, po umbili goosa gukukula nu kwijenga ndugano.

### *Akajjilo akanya akaa biitiki baa Jesu*

<sup>17</sup> Po mu ngamu ijaa Ntwa, ngubasoka nu kubasisimikisyia, ukwändila akabalilo aka, akajjilo kiinu kalingajaga bo ulwa bandu aba bakamnya Kyala,abeeene inyiinogono syabo sya mwalo. <sup>18</sup> Amahala gaabo gal mu ngiisi. Bakakaba ubuumi ubu bukfuma kwa Kyala, kunongwa jaa bukonyofu bwabo, nu bukafu ubwa ndumbula syabo. <sup>19</sup> Basobile, kangi bakaja ni soni, biibikkile mbanyali ubwa luko loosa, bikunyonywa ukukindapo ukubomba isyo.

<sup>20</sup> Leelo umwe mukaamanyiile bo uro isya Kilisiti. <sup>21</sup> Naloli mwapiliike kanunu indumi ni manyisyo syake, ukukongana nu bwanalooli ubu bulimo mmyake. <sup>22</sup> Mwamanyisiigwe ukubuleka ubandu bwinu ubwa ijolo, aka ko kajjilo kiinu akabiibi. Akabalilo kala moonangikaga kunongwa jaa finyonyo fyinu ifi fikubasyoba. <sup>23</sup> Mwamanyisiigwe ukwandula inyiinogono syinu, <sup>24</sup> nu kufwala ubandu

ubupya, bo ulu Kyala aabapelile ukufwana nagwe, mbugolofu na mbwikemo ubwa nalooli.

<sup>25</sup> Po namuleke ubutungulu! Kukuti mundu ajobege ubwanalooli ku nnine,<sup>†</sup> paapo kukuti mundu kambakaasya akaa mbili gumogwene. <sup>26</sup> “Linga mukaleele, mulingabombaga ubutulanongwa.”<sup>‡</sup> Hliisuba lilingajongaga bo mukaali muli ni ngalalisi. <sup>27</sup> Mulingampaga Seetano ubujo. <sup>28</sup> Unhiji aleke ukuhiji, abombege imbombo jaa bwanalooli na maboko gaake, ukuti akabege utundu utwa kubajabilapo abangi aba bali nu butolwe.

<sup>29</sup> Mulingajobaga amasyu agaa loonangiko, mujobege amasyu agaa kubajenga nu kubatula abiinii, ukuti bakabilengemo aba bikugapilikisa. <sup>30</sup> Mulingampelelaga ubusulumanie Mbepo Mwikemo, paapo Mbepo ujo kimanyilo kya Kyala kumyinu ukuti muli bandu baake, nu kuti liliko iisiku ili Kyala aikwisa kubapoka. <sup>31</sup> Po namuleke ukubabenga abandu, ingimbuko, ingalalisi, unjwego na maheelu, pamopeene nu bubiibi ubwa luko loosa. <sup>32</sup> Looli mujege ni kibabiisi, mubombelanilege inunu. Kukuti mundu anhobokelege unnine, bo ulu Kyala aabahobokiile ukwendela mwa Kilisiti.

## 5

*Akajiilo akabagisye ku bafundigwa baa Jesu*

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<sup>†</sup> **4:25** 4:25 Bala kalata gwa Sakalija 8:16. <sup>‡</sup> **4:26** 4:26 Bala kalata gwa Isabuli 4:4.

<sup>1</sup> Po leelo mukongege akajiilo akaa Kyala, paapo uemwe muli baanaake abakundwe. <sup>2</sup> Mugananege akabalilo koosa, bo ulwa Kilisiti uju atuganile, aaliiningile ukuja ikemo lya kubooligwa ilya luma ulununu, ili likunkyla Kyala. <sup>3</sup> Looli mulingalogwaga siku, pamo ukuja ni finyonyo ifibiibi ifya tundu, paapo isyo sikabagisya ku biikemo. <sup>4</sup> Amasyu giinu galingajaga gaa kabasusya abiiniinu, pamo agaa bukonyofu, pamo agaa sunga, looli gajege masyu agaa kugwa ulapi kwa Kyala. <sup>5</sup> Iisyu ili mulimanye nalooli, ukuti akajako undogwe, pamo unnyali, pamo unnyonywa toosa, uju abagiile ukwingila MBunyaafyale bwa Kilisiti na Kyala.\* <sup>6</sup> Ujo afwene nu mundu uju ikwipuuta ku tundu utu akaja jo Kyala. <sup>7</sup> Umundu gwesa alingabasyobaga na masyu agaa butungulu, paapo kuenongwa jaa butulanongwa ubo, ingalalisi sya Kyala sikubiisila boosa aba batikuntiila. <sup>8</sup> Po mulingajaga nu buliilanisi na bandu aba bikubomba isyo.

### *Ukwenda bo abandu aba bali ndumuli*

<sup>8</sup> Ijolo umwe mwali mu ngiisi, looli akabalilo aka muli ndumuli, kuenongwa jaa kummwitika uNtwa Jesu. Mwendege bo abandu aba bali ndumuli bikubomba inunu, isya bugolofu ni sya bwanalooli, akabalilo koosa. <sup>9</sup> Kangi musilondege isi sikunkyla uNtwa. <sup>10</sup> Mulingajaga nu buliilanisi na bandu aba

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\* <sup>5:5</sup> 5:5 MBunyaafyale bwa Kilisiti na Kyala Bala iisyu UBunyaafyale bwa Kyala ku Isyakulingaania.

bikubomba imbombo isya mu ngiisi, looli musisetulege. <sup>12</sup> Namanga sya soni na kusijoba isi abandu abo bikusibomba mbutiit. <sup>13</sup> Looli linga sili ndumuli, sikubonekaga pabwelu, paapo ulumuli lukusimulika. <sup>14</sup> Linga ulumuli lukukamulika akandu aka kali mu ngiisi, katikusyala lulalula, koope kikuja na lumuli. Jo nongwa ijì baatigi,

“Lembuka ugwe, gwe uggonile utulo!

Usyuke ukufuma mbafwe.

Kilisiti ikukumulikilaga.”

<sup>15</sup> Po amwikeetege nkajiilo kiinu. Mulingajaga bo ulwa bakonyofu, looli bo ulwa baa mahala. <sup>16</sup> Mukabombelege kanunu akabalilo koosa aka muli nako, paapo amasiku aga gaa bubiibi. <sup>17</sup> Po leelo mulingajaga bakonyofu, looli mubwaganiege muno bujilliile ubwigane bwa Kyala. <sup>18</sup> Mulingagaalaga ifinga,<sup>†</sup> paapo umo bulimo ubusobi, looli mwisulege Mbepo Mwikemo. <sup>19</sup> Mujobesaniege ku nyimbo isya kuntuufya, isya mwa kalata gwa Isabuli, kangi isi ikutapapo Mbepo Mwikemo. Mummwimbilege na kuntuufya uNtwa mu ndumbula syinu. <sup>20</sup> Munngwilege ulipi Taata Kyala amasiku goosa kuli syosa, mu ngamu jaa Ntwa gwitu Jesu Kilisiti.

*Umundu na nkasi muno bikulondigwa ukujila*

<sup>21</sup> Kukuti mundu ijiisyegé ku nnine kùnongwa jaa lwimiko ulu muli nalo kwa Kilisiti.

<sup>†</sup> 5:18 5:18 Ifinga Bala ku Isyakulingaania.

**22** Umwe mwe bakiikulu mwe beegi, mwijiisyege ku balume biinu, bo ulwa kwijiisya ku Ntwa Jesu. **23** Unnyambala ntu gwa nkasi, bo ulwa Kilisiti, joope ntu gwa kipanga kya Kyala, jo Mpoki gwa kipanga ikyo, iki go mbili gwake. **24** Mwe bakiikulu mwe beegi, mwijiisyege ku balume biinu ndi syosa, bo ulwa kipanga kya Kyala kikwijiisya kwa Kilisiti.

**25** Mwe banyambala mwe beegi, mubaganeg*e* abakasi biinu, bo ulwa Kilisiti uju akiganile ikipanga kya Kyala, alinkwininga ukukifwila. **26** Aaliiningile ukufwa ukuti akyelusye ikipanga kya Kyala, nu kakisuka na miisi ni isyu lyake, kije kiikemo. **27** Aabombe bo ulo ukuti iitwalile ikipanga kya Kyala ikisisya, ikisita kababye, ikisita nginya, ikisita kwagilwa kamo. Looli ukuti kijege kiikemo kangi kyelu. **28** Bubuubo abanyambala abeegi, boope bikulondigwa ukubagana abakasi baabo, bo ulu bagiganile imibili gyabo. Umundu uju annganile unkasi, aguganile umbili gwake. **29** Namanga akajako umundu uju ikugubenga umbili gwake, looli ikuguswila nu kugutima, bo ulwa Kilisiti uju ikukibombela ikipanga kya Kyala, **30** paapo uswe tul*i* tumbakaasya utwa mbili gwake. **31** “Kunongwa ijo unnyambala ikunndeka ugwise nu nna, ikummuumiililaga unkasi, bobabiili bikujaga mbili gumogwene.”<sup>‡</sup> **32** Amasyu aga mapalapala fijo, leelo une ngugjoba isya Kilisiti, ni kipanga kya Kyala. **33** Looli kukuti mundu annganege unkasi bo

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<sup>‡</sup> **5:31** 5:31 Bala kalata gwa Ubwandilo 2:24.

舅舅 aguganile umbili gwake, joope unkiikulu umwegi ammwimikege undume.

## 6

### *Akajjilo akaa bapaapi na baanaabo*

<sup>1</sup> Mwe baana, mubiimikege abapaapi biinu bo muno sikulondeligwa mu Ntwa, paapo ubo bo bugolofu. <sup>2</sup> Ulagilo ulwa kwanda ullen luli nu lufingo lukutti, "Ummwimikege ugusso nu nyoko, <sup>3</sup> ukuti ukabe isajo nu kugona amasiku mingi pakiisu."\*

<sup>4</sup> Nuumwe mwe biisabo, mulingabakalasyaga abaaniinu, looli mubakusyege nu kubafunda ni manyisyo isya Ntwa.

### *Akajjilo akaa batwa na batumwa baabo*

<sup>5</sup> Mwe batumwa,<sup>†</sup> mubiimikege abatwa biinu abaa pakiisu, ku lutende nu kutetema. Mubombege bo ulo ni ndumbula inyeelu, bo ullen mukummbombela Kilisiti. <sup>6</sup> Mubombege bo ulo akabalilo koosa, komma ukubomba bo bikubakeeta kwene, ukuti babatuufye. Looli mubombege muno bikulondeligwa ukubomba abatumwa baa Kilisiti. Mubombege ni ndumbula joosa, bo muno Kyala ikulondela.

<sup>7</sup> Mubabombelege abatwa biinu ni ndumbula joosa, bo muno mukummbombela uNtwa Jesu, somma ngati mukubabombela abandu.

<sup>8</sup> Namanga musyaganiege ukuti, uNtwa Jesu

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\* **6:3** 6:2-3 Bala kalata gwa Ukuusooka 20:12; Ukuukumbuka Ingomeesyo 5:16.      † **6:5** 6:5 Bala iisyu Untumwa ku Isyakulingaania.

aikumpa ifya kusekeesya umundu ujua ikubomba inunu, aje ntumwa pamo mwabuke.

<sup>9</sup> Na nuumwe mwe batwa, mubabombelege bo lululo abatumwa biiyu. Namuleke ukubatiilisyu, namanga mumeenye ukuti uNtwa gwabo nu gwiniu jo jula jula, ali kumwanya. Kyala ikubombela ikipimilo kilakila ku bandu boosa.

### *Injila ijaa kuntola Seetano*

<sup>10</sup> Po inongwa isya kumaliikisyu nikuti, mukakilege mu Ntwa, na mmaka gaake amakulumba. <sup>11</sup> Namufwalege imyenda gyosa igya kwlwila ubwite, igi abapeele Kyala, ukubupinga ubukomu bwa Seetano. <sup>12</sup> Paapo ubwite bwitu tutikulwa na bandu, looli tukulwa ni mbepo inyali, isi sikullongosya nu kulgila pakiisu apa, kang'i na maka agaa mu ngisi, po na maka agaa mbepo isya mu mpaalanga. <sup>13</sup> Kunongwa ijo, namufwalege imyenda gyosa igya kwlwila ubwite, igi abapeele Kyala, ukuti iisiku lya butolwe bo lifikile, mwise munsigile undug'u. Bo mumalile ukulwa, mukwimaga na maka. <sup>14</sup> Po leelo mwimege na maka, mwipinyege ubwanalooli mu nsana, mufwalege ikyela ikyu bugolofu pa kipambaga, <sup>15</sup> mufwalege ifilato ukwitendekesyu ukwenda injila ijaa kwlumbilila iNdumi iNunu ijaa lutengaano. <sup>16</sup> Pamopeene na syosa isyo, mujege ni ngulu ijaa lwitiko ijaa kubatuula ukugisimisyu imitipulo igya mooto igya Seetano. <sup>17</sup> Namufwalege ikitili ikyu kyela ikyu bu pokigwa, kang'i mujege nu luubo lwa

Mbepo Mwikemo, uleri lyo isyu lya Kyala. <sup>18</sup> Mwipuutege bwila inyiipuuto sya lako loosa, ku batauli ubwa Mbepo Mwikemo. Mujege maaso kisita kukatala, ukubiiptila abiitiki boosa. <sup>19</sup> Muunyiipuutilege na niine, ukuti Kyala ambege bwila isya kujoba, bo ngulumbilila pabwelu. Kangi mfumusyege nu bukifu isya ndubaatiko ulwa mbutiit uisi sili mu Ndumi iNunu. <sup>20</sup> Une ndi mwimilili gwa Ndumi iNunu mu nnyololo. Muunyiipuutilege, ukuti njego nkifu ukujoba uisi ngulondigwa ukusijoba.

### *Uliponio lwa kumalikisyia*

<sup>21</sup> Ugwamyitu ndwitiko unkundwe Tikiko, umbombeli unsuubiligwa gwa Ntwa Jesu, ujo jo ikubabuula inongwa syangue syosa, ukuti mumanye muno njihiliile une, na uisi ngubomba akabalilo aka. <sup>22</sup> Nuntumile ujo kumyinu, ukuti abapangile inongwa syitu nu kabakasya mu ndumbula syinu. <sup>23</sup> Ulutengaano lujege kumyinu, mwesa mwe baamyitu ndwitiko, nu lugano pamopeene nu lwitiko, ukufuma kwa Taata Kyala na kue Ntwa Jesu Kilisiti. <sup>24</sup> Iliipyana nu lugano uleri lutikumalika, fijege na bandu boosa aba bannganile uNtwa gwitu Jesu Kilisiti.

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