Iwarakha i Napaolo wa Attu o Uefeso

Malhove o uholhelha

Iwarakha i Napaolo wa attu o Uefeso yaalhepiye iyaakha cho ulhikaana vaalhepiye aya iwarakha wa attu o Ukolosai iyaakha yo 60 baada yo uyaria wa Kuristo. Ntu lhempe uyo nowiihimiacha mwanene ukhalha phi akarumiya Napaolo (nlhako wo 1:1). Attu o ushoma enchi anoorumelhelha wiira Napaolo phi lhempe iwarakha wa attu o Uefeso inakhalhaka khirina malhove menchi o wiihimiacha thoko chiri aya iwarakha wa attu o Ukolosai. Wo yoyo nlhatu uyo etu, inoonia wiira yaalhakelhiye wiira ikawaniye mmilhokoni mwa attu anrumelhenlhe Kuristo o yeyo iwani iyo vekha ayaru. Napaolo tho anoohimiacha wiira yeyo ikatema vaalhepa aya iwarakha iyo yaari muuttukiyani (nlhako wo 3:1, 4:1, 6:20). Napaolo yaarweehilhe iwarakha iyo wa moono u Natikiko yaari munkwahani alhukamaka uweetelhelhani milhoko cha attu anrumelhenlhe Kuristo o Uefeso (nlhako wo 6:21-22).

Iwani yo Uefeso yaari iwani yulhupalhe chinene, ikhalhaka phi iwani yulhupalhe yo ilhapo yo utawara wa Arumi ilhapo yo Asia ikani. Iwani yo Uefeso yaari ichuwaniaka wo inupa yo ulhapelha yaakumihiye wa nlhuku a Ayunani, nlhuku nthiyana ehaniya Artemi (Mitk nlhako wo 19:23-31). Nlhoko wa attu anrumelhenlhe Kuristo o Uefeso waachokhonlhe wo machiri

nansho mmiholho uwo, khawonrie uvarelhelha unttuna waya Kuristo thoko chaachokhonlhe aya (Upat nlhako wo 2:1-7).

Napaolo anochokholha wo uhimiacha nhina iwarakha aya iyo Nlhuku chenre awe wo waathanlha attu awe ni wookholha mu uwonyani mwaya wo iphiro yo Yesu Kuristo. Anolhikaaniha nlhoko wa attu anrumelhenlhe Kuristo ni iruttu ya Kuristo, Kuristo akhalhaka phi muru. Tho, anolhikaaniha ni inupa, Yesu akhalhaka phi nlhuku no uchokholha nsingi, nlhuku no vathetho. Vanothepa aya nhina iwarakha mmo, Napaolo anowaamuka attu o nlhoko wa attu anrumelhenlhe Kuristo akhalhe makhalhelho anothananiya wa attu anrumelhenlhe Kuristo.

Chiri nhina

Napaolo anowiihiamiacha anene ni waashikuria attu o Uefeso (nlhako wo 1:1-2).

Anoothepa uhimiacha unlhoko wa attu anrumelhenlhe Kuristo ni Kuristo (nlhako wo 1:3-3:21).

Napaolo anoolhepa iphiro chinothananiya aya ukhalha attu anrumelhenlhe Kuristo (nlhako wo 4:1-6:20).

Napaolo anoomalhiha iwarakha aya wo waalhapelha ibarakha ni mpuha (nlhako wo 6:21-24).

1 Mii Paolo, karumiya a Yesu Kuristo wo uttuna wa Nlhuku, kinoolhepa iwarakha iwe uwaninyu mwaatti attu a Nlhuku nnokhalha Uefeso, attu o ukhulhuvelhiya mu ulhutaanani ni Yesu Kuristo.

2 Kinoulhapelhelhani nnema ni mpuha
ukhuma wa Nlhuku Athumwanihu ni wa Athithi
Yesu Kuristo.

Ibarakha chinokhuma wa Kuristo

3 Athimichiye Nlhuku, Athumwanaya Athithi
Yesu Kuristo! Yayo phi nivanhe ibarakha cho kila
iphiro wiirimu, wo iphiro yo Iphumu ya Nlhuku,
wo ulhutaana wihu ni Kuristo.
4 Ilhapo ihinaaya wuupiya, Nlhuku ahomalha
unithanlha nikhalhe attu awe mu ulhutaanani
ni Kuristo. Nikhalhe atakatifu ahiri ni ittu yo
ulhaphachiya mmiholho mwawe.
Wo nlhatu wo unittuna wawe,
5 Nlhuku ahomalha unithanlha ukhuma khal-
hayi nikhalhe ashaana awe mwanene wo iphiro
ya Yesu Kuristo. Aapannge chiicho wo uteelhiya
ni uttuna wawe mwanene.
6 Paahi etu, nitotopelheke nthimicho wa Nl-
huku wo nlhatu wo nnema wo ushangiha ni-
vanhe awe wo maphathi, yaani Mwaamwanawe
nonttuna awe!
7 Ukhalhawaya wo iphome awe, Nlhuku hon-
oopolha, honihiyerera uwonya wihu, wo ul-
hikaana ni winchiva wo nnema wawe,
8 univanhe awe wo uhikhalha maphimelho!
Wo irusho ni uchuwelha wawe wonkhaye.
9 Nlhuku ahopanga ilhe yaathananne awe,
nkaanichuwelhiha chittu chiivithilhe wo
uthanana wawe toka khalhayi wo iphiro yo
Kuristo.
10 Utimira unohalha uwa ikatema yaayaka,
uthukumanihiya vamoka chittu chuupiye
chonkhaye, cho wiirimu ni cho velhaponi, mu
ikuru ya Kuristo.

11 Wo ulhutaana ni Kuristo hii nahothanlhiya
ni Nlhuku ukhalha attu awe mwanene, wo
ulhikaana ni uthanana wawe thoko chaathanana
awe toka khalhayi.
12 Paahi, hii niholhenlhe unkhulhuvelha
Kuristo va, nikhalheke etu ittu yo utotopelhiya
nthimicho wa Nlhuku!
13 Ni inyu mwaatti chiicho, mwahokhalha
attu a Nlhuku veewilhe inyu nttenga we
ikeekhene, yaani Malhove Orera anommwiiha
noopo, nkamwanrumelhelha Kuristo. Nlhuku
nkookhomani nhuri wo ukhalha attu awe wo
Iphumu yaalhehilhe awe,
14 iri phi imboote inohalha ihu upatta, Nlhuku
yaahimenrie awe attu awe onkhaye. Ittu ino-
himiechesha wiira Nlhuku nowoopolha kabisaa
attu awe onkhaye. Nitotopelheke etu nthimicho
wawe.

Ulhapelha u Napaolo

15 Wo yoyo nlhatu uyo, ni mii toka veewilhe
aka mwaha wo nrima winyu wo waarumelhelha
Athithi Yesu ni waattuna winyu attu onkhaye a
Nlhuku,
16 akinahiya mena unshukuru Nlhuku wo nl-
hatu winyu. Kinowupuwelhani vanolhapelha
aka
17 wiira Nlhuku a Athithi Yesu Kuristo, Athithi
o nthimicho, ovaheni Iphumu aya yo uvahani
irusho ni upatakulhelhani wiira mwaachuwelhe.
18 Kinonlhepelha Nlhuku apatakulhe mirima
chinyu choone nthuko aya, wiira nchuwelhe
ichikurupi mwiihanelhiye inyu ni uchuwelha

nthimicho waya mwinchi wo ushangiha, ul-
henhe awe Nlhuku wa attu awe,
19 ni uchuwelha machiri awe chiri aya ni ikuru
yulhupalhe nhina mwihu hii nirumelhenlheva.
Yayo machiri anovara ntheko nhina mwihu ayo,
ari thoko machiri molhupalhe
20 aapannge awe vanhihimushilhe awe Kuristo
ni unkhalhiha wiimonono wawe wiirimu.
21 Wowo Kuristo nootawara vachulhu kila
ikuru ni kila machiri ni kila ipilhi, nchina
nawe nikhalhaka phi nchina nulhupalhe up-
waha machina onkhaye kuhii ilha ilhapo ilha
vekha ayaru, nansho ata ilhapo inowa.
22 Nlhuku hommaha Kuristo chittu chonkhaye
ni unthanlha ukhalha muru chittu chonkhaye
ni waatawara attu onkhaye anonrumelhelha
Kuristo,
23 arii phi iruttu ya Kuristo. Yeyo iruttu iyo phi
nontimiriha Kuristo, ni uyo phi notimiriha chittu
chonkhaye wo iphiro chonkhaye.

2

Ukhuma nnookhwani ukelha ukumini

1 Khalhayi mwaari nnakhwilhe wo nlhatu wo
milhatu ni uwonya winyu.
2 Yeyo ikatema iyo mwaattwara iphiro cho
uwonya cho velhaponi va nkamwanthimicha
nholhelhi o ikuru notawara irimu, nshoka ni-
naatawara vano attu ahinomwiiwelhelha Nl-
huku.
3 We ikekhiaye hii onkhaye nahanaa meetelho
thoko yayo manyaattu ayo nikhalhaka wo itama
chihu cho uwonya cho uyariana, nipangaka

chittu chiriyoothe chinochiva mwiiruttuni ni mwiirushoni mwihu. Ni wo yoyo mwaha uyo thoko riyoothe nkina, nahophwanelhiya uhukumulhiya ni Nlhuku.

4 Nansho Nlhuku hochara ikiriri, ni unittuna wawe uri winchi chinene,
5 kwaani vaari ihu ninakhwilhe wo nlhatu wo uwonya wihu, ahonihihimusha vamoka ni Kuristo. Mwoopolhiye wo nnema wa Nlhuku.
6 Wo ulhutaana wihu ni Kuristo Yesu ahonihihimusha vamoka ni uyo ni unikhalhiha vamoka wiira nantawarane wiirimu.
7 Aapannge chiicho wiira wo iyari chonkhaye cho ikatema inowa apatakulhe wunnuwa wo nnema wawe wo ushangiha, univanhe awe mu ulhutaanani wihu ni Yesu Kuristo.
8 Ukhalhawaya wo nnema wa Nlhuku mwahoopolhiya wo iphiro yo upisha nrima, ihikhalhaka wo machiri inyu mwaashinene, nansho wo mahalha o isadaka ya Nlhuku.
9 Yayo mahalha ayo khawilhe wo mitheko chinyu mwaashinene, ntu hiwe echoona.
10 Nlhuku anuupilhe hii thoko chiri ihu, ni wo ulhutaana wihu ni Yesu Kuristo, honuupa nivare mitheko choombone, chineeshenre awe toka khalhayi niwe naapanga.

Ukhalha amoka nhina Kuristo

11 Paahi etu muupuwelheke chaari inyu khalhayi, mwaatti nhiri Ayahudi wo uyaria va, Ayahudi owiihanani “attu o uhinelhiya unyawo.” Nansho ashinene echiihanaka “owinelhiya,” wo nlhatu wo ittu inopanga aya mwiirut-

tuni mwaya ni miono cha attu, wooniha wiira phi attu a Nlhuku.
12 Yeyo ikatema iyo mwaari wo uhikhalha ni Kuristo. Mwaari alheto, khamwaari Aisraeli, attu athanlhiye ni Nlhuku. Mwaattiva khamwari ni ittu iriyoothe nhina malhehano aapangiye ni Nlhuku wa attu awe. Mwaakhanlhe vel-haponi wo uhikhalha ni nikhulhuvelho mena unchuwelha Nlhuku.
13 Nansho vano, wo ulhutaana ni Yesu Kuristo, mwaatti mwaari utayi va, nhowiihiya vakhiviru wo iphiro yo iphome awe Kuristo.
14 Ukhalhawaya Kuristo mwanene phi niwi-henree mpuha, nkaanipanga hii onkhaye va, Ayahudi ni attu ahiri Ayahudi ukhalha amokaru. Wo iphome awe, ahophomolha ishiri yaan-imwalhaaniha ni woonana thoko amalhaponi.
15 Ni uyo wo iruttu awe ahokwanyulhacha malhehero a Ayahudi vamoka ni malheheriyo aya, ni ikano chaya. Wiira aapange Ayahudi ni ahiri Ayahudi akhalhe amokaru, iyari ya attu o naanano wo ulhutaana ni Kuristo, ni uwiiha mpuha.
16 Wo ukhwa wawe vansalaabani Kuristo ahomalhiha umalhaponi. Wo iphiro yo nsalaaba ahaathaniha attu o makosho melhi, onkhaye akhalhe iruttu imoka, ahaathaniha ni waahokol-hosha wa Nlhuku.
17 Paahi etu, Kuristo ahowa ni uhimiacha Mal-hove Orera o mpuha wa attu onkhaye, uwaninyu mwaati nhiri Ayahudi va, mwankhalhelha Nl-huku utayi ni Ayahudi yaamwaatamenrie.
18 Ukhalhawaya wo iphiro ya Kuristo uyo hiyaano onkhaye va, Ayahudi ni attu ahiri

Ayahudi, ninonrweelha Nlhuku Athumwanihu wo iphiro yo Iphumu ya Nlhuku yoyo mmoka uyo.

19 Paahi etu vano, mwaattiva nhiri Ayahudi va, kanhi alheto tho mena amalhaponi. Nansho vano mwa anenchi vamoka ni attu a Nlhuku ni imbumba awe Nlhuku.
20 Mwaattiva chiicho, nthekiye vachulhu nsingi uthekiye ni akarumiya ni anamilhohi, Kuristo Yesu mwanene akhalhaka phi nlhuku nulhupalhe no nsingi.
21 Yoyo, phi nolhutaaniha inupa yonkhaye ratarata onnuwihaka wiira ikhalhe inupa itakat-ifu ya Nlhuku ikumihiye wa Athithi.
22 Chiichammo etu, wo ulhutaana vamoka ni Kuristo, nholhutaanihiya vamoka ni attu akina onkhaye nkalhe inupa ya Nlhuku wo iphiro ya Iphumu awe.

3

Ntheko u Napaolo wa attu ahiri Ayahudi

1 Wo yoyo nlhatu uyo, mii Paolo, kittukiye wo nlhatu wa ukaviha mitheko cha Yesu Kuristo ni uhimiacherani Malhove Orera mwaatti attu nhiri Ayahudi va.
2 We ikekhiaye, nheewa wiira Nlhuku wo nnema wawe, hokivaha kipange ntheko wo nlhatu winyu.
3 Nlhuku hokipatakulhelha chittu chawe chivithiye wiira kichuwelhe, thoko chinre aka wo ulhepa wo makhuvi.

4 Mwashomaka, nnowooria uchuwelha chi-
neera aka wo uchuwelha iphiro cha Kuristo
chivithiye.
5 Khalhayi, attu khayaahimeriye chittu
chivithiye chi, nansho vano, Nlhuku
hopatakulha wo iphiro cha akarumiya ni
anamilhohi awe atakatifu wo iphiro ya Iphumu
awe.
6 Chittu chivithiye chiyo phi chilha, wo Mal-
hove Orera a Yesu Kuristo, attu ahiri Ayahudi
anovahiya mahalha o nnema a Nlhuku vamoka
ni Ayahudi, yayo phiri itturi cho iruttu imoka
yeyo. Ni ayo anoopochera chiicho mahalha a
Nlhuku alhehilhe awe wo iphiro ya Yesu Kuristo.
7 Kihovaheriya ukhalha karumiya o uhimiacha
Malhove Orera a Yesu Kuristo wo nnema wo
ushangiha wa Nlhuku, kivahilhe awe wo wooria
wawe.
8 Mii phi mwankani upwaha attu onkhaye
a Nlhuku, nansho Nlhuku hokivahera nnema
awe wo uhimiacha wa ahiri Ayahudi ibarakha
cho Malhove Orera a Kuristo vahinooria uhimi-
achiya,
9 wiira attu onkhaye oone chittu cha Nlhuku
chivinthe awe chineera wo upanga ntheko. Nl-
huku, oopilhe chittu chonkhaye, ahovitha chittu
chawe toka machokholhelho,
10 ikhalhe wiira naanano va, wo iphiro yo
attu onkhaye anrumelhenlhe Kuristo, Nlhuku
nowaapanga o utawara ni ari ni ikuru yo wooria
yo wiirimu, achuwelhe irusho chawe chiri aya
wo iphiro chinchi.
11 Nlhuku aapannge chiicho wo uttwaraana
ni nlhatu wawe toka mahuku o uhimalha ni

uhimalha, waapannge awe wo iphiro ya Yesu
Kuristo, Athithi.
12 Ni wo ulhutaana wihu ni Kuristo ni wo
upisha nrima wihu nhina mwawe, ninowooria
uphiya wa Nlhuku ninari ni nikhulhuvelho nul-
hupalhe wo uhoova.
13 Paahi etu, kinolhepelhani wiira nhikhwe
nrima, ukhalhawaya kiri mu uhuvani wo nlhatu
winyu, ukhalhawaya yeyo phi nthimicho winyu.

Uttuna wa Kuristo

14 Wo yoyo nlhatu uyo etu, ki-
nowaakhoromelha Athithi,
15 arii machokholhelho o iyari chonkhaye wiir-
imu ni velhaponi, chineehaniya wo nchina naya.
16 Kinonlhepelha Nlhuku wo nhakhu wawe
wo nthimicho mwinchi, ovaheni machiri wo
iphiro ya Iphumu, nkhalhe rata mmamirimani
mwinyu,
17 chiicho kinolhapelha wiira Kuristo eeshe
mapuro awe mmamirimani mwinyu wo nrima
unopisha inyu. Kinolhapelha wiira, nkhalheke
ni mithithaari ni nsingi wo uttunana nhina
Nlhuku,
18 chiicho etu, mwaattiva vamoka ni attu
onkhaye a Nlhuku, mmwe mwaakhalha ni woo-
ria uchuwelha uttuna wa Kuristo unowanelha
aya wo maphimelho onkhaye, wo urekama, wo
nchusha ni wiisha waya.
19 Eiyo, nnowa mwaachuwelha uttuna wawe
Kuristo, inakhalhaka khunowa waachuwania
rata ni attu onkhaye. Nansho mwaattiva nno-
timirihiya wo kila iphiro ni unchuwelha Nlhuku
chiri awe.

20 Paahi etu, Nlhuku ri ni machiri anovara
ntheko nhina mwihu, nowooria upanga chittu
chulhupalhe chinene upwaha chinovekelha ihu
ama chinoopuwelha ihu.
21 Avahiye nthimicho Nlhuku wo nlhatu wa
attu anrumelhenlhe Kuristo ni wo nlhatu wa
Yesu Kuristo mwanene, wo ikatema chonkhaye
wo mahuku o uhimalha ni uhimalha! Aye.

4

Ulhutaana nhina iruttu ya Kuristo

1 Kinoulhepelhani etu, mii kittukiye wo nlhatu
wo mitheko cha Athithi wiira nkhalhe rata
chinophwanelha wiihaniya chiihaniye inyu ni
Nlhuku.
2 Nkhalheke attu o wiitimarikha, o maalha
ni o uvilhelha. Mwooniheke chineera inyu wo
uttunana ni waathana mwaashineneru.
3 Mmindeke chinene ni ushunga uvaraana
nvahiye inyu ni Iphumu ya Nlhuku, wo
uvarechesha mpuha unoolhutani vamoka.
4 Iruttu ya Kuristo iri imoka ni Iphumu ya
Nlhuku mmoka, thoko chiri aya nikhulhuvelho
nimoka niihanelhiye inyu ni Nlhuku.
5 Athithi ari amoka, nrima mmoka, ni ubatiizo
mmoka,
6 Nlhuku ri mmoka, Athumwanaya attu
onkhaye anrumelhenlhe Kuristo, ari Athithi an-
otawara vachulhu chittu chonkhaye, anovara
mitheko wo iphiro chonkhaye, ari nhina mirima
cha attu onkhaye.

7 Kila mmoka ihu hovaheriya nnema ni Nl-
huku wo ulhikaana maphimelho aavaheriye awe
ni Kuristo.
8 Thoko Malhove Matakatifu chineera aya,
“Vaarweelhe awe wiirimu,
Ahoolhihacha muru voonene ni waapurulhacha
mumphingoni thoko mateeka,
Wooniha wiira haakottolha,
Ahaavahera attu mahalha”
9 Vano etu, nna nlhove nna “Ahowelha uchulhu,”
ninothaphulhiya chani? Ninothaphulhiya wi-
ira ahokhuruwa wuuthi ilhapo chinene, un-
aminepa.
10 Paahi etu, khuruwilhe phi yoyo aawelhilhe
uchulhu chinene upwaha wiirimu wonkhaye
wiira acharihe ilhapo yonkhaye.
11 Phi yoyo avanhe attu “mahalha o vekha
aya”. Nkaathanlha akina ukhalha akarumiya,
akina ukhalha anamilhohi, akina ukhalha o
uhimia Malhove Orera, akina ukhalha oshunga
ni owiittuchiha milhoko cha attu anrumelhenlhe
Kuristo.
12 Aapangilhe chiicho wo weesha rata attu a
Nlhuku wo ntheko wo unkaviha Kuristo wiira
alhutaanihe iruttu ya Kuristo.
13 Paahi ni hii onkhaye niphiyelheke nrima
mmoka ni unchuwelha chinene Mwaana a Nl-
huku, nikhalheke attu o ukhomaalha ni up-
hiyelha utimira wa Kuristo mwanene.
14 Paahi, nihikhalhe tho thoko ashinamwane,
nipurulhiyaka ni mawimbi ni uveverushiya
ni kila iphioo yo meettuchiho o woothachiya
anowiihiya ni attu anoothachera attu akina ni
wawonyiha wo upenya waya.

15 Nansho, nolhumachaka ikeekhene wo nrima
wo uttunana, ninookhomaalha wo kila iphiro ni
umphiyelha Kuristo, ri muru.
16 Wo uholhelha wawe, itturi chonkhaye cho
iruttu chinovaraaniya vamoka ni mithinga, ni
iruttu yonkhaye inovaraana rata wo machiri o
ulhutaanihiya waya. Ni kila itturi vanovara
aya ntheko thoko chinothananiya aya, iruttu
yonkhaye inookhomaalha ni wiitheka wo iphiro
yo uttunana.

Ukumi wo naanano nhina Kuristo

17 Paahi etu wo nchina na Athithi,
kinowaamukani, nhikhalhe tho thoko attu
ahinchuwenlhe Nlhuku, anottwara irusho chaya
cho uhikhalha maana
18 irusho chaya chiri mwiipiphini. Yayo kha-
rina nipuro nhina ukumi unowiihiya ni Nlhuku,
wo nlhatu wo uhinchuwelha Nlhuku ni ulhipa
mirima chaya.
19 Khanoolhiya muru, anopanga chittu cho
uhilhoka ni ishembwere ni upangapanga pufia
chittu cho uhilhokalhoka wo uhitondova.
20 Nansho mwaattiva, khamweettunche
chechiyo wa Kuristo!
21 Mwaheewa malhove awe, ni inyu nnari o wi-
ittucha awe nheettuchihiya ikeekhene inokhalha
nhina mwawe Yesu.
22 Mwaheettuchihiya urulha meetelho inyu
o khalhayi thoko ntu chinorulha awe ikuwo.
Urulha uttu inyu wo khalhayi waatanganyiye
wo nlhatu wo uttwarattwara nikakata ninothep-
iacha.

23 Mirima ni irusho chinyu chithathuweke cho
naanano kabisaa.
24 Mmwareke uttu wo naanano, unoopiya wo
ulhikaana ni Nlhuku, uneepatakulha wo makhal-
helho e ikekhiaye, anonteelhiha Nlhuku ni o
utakatifu.
25 Nhoothache tho! Kila mmoka olhumacheke
ikeekhene wa ntu nanawe, ukhalhawaya hii
onkhaye nirii itturi cho iruttu imoka ya Kuristo.
26 Mwarushiyaka nhiwonye, nkamwaawul-
huwa mu uwonyani, ni urushiya winyu uhil-
hokelhe uthana woothe.
27 Nhinhulhelhe Nakare nkhora.
28 Ntu o wiiya, hiiye tho, nansho elhipi-
heke uvara ntheko woombone wo miono chawe
mwanene, wiira awe apatta ittu yo waavaha attu
ahirina.
29 Nhuulhumache malhove o uhilhoka, nansho
muulhumacheke malhove o rera o waatheka
akina ni waavaha nnema attu anowiiwani.
30 Nhinchukulhihe Iphumu ya Nlhuku, ukhalh-
awaya yoyo phi noukhomani nhuri wo uchuwel-
hihani wiira mwaattiva phi attu a Nlhuku,
mpaka nihuku Nlhuku vanohalha awe woopolha
attu awe, ni inyu nnowoopolhiya.

31 Nrihelheke utayi mirima chinyu chonkhaye
cho uhokolhoshera, cho ichimwa, cho urushiya,
cho uhiiwanana ni cho uruwana. Nhiyeke iphiro
chonkhaye cho uhilhoka!
32 Nkalheke ni nrima wo upanga moombone
mwaashineneru, mwoonelhaneke ikiriri, kila
mmoka anhiyerereke nkhunanawe thoko Nl-
huku chinre awe wo ulhevelhelhani inyu mwaat-
tiva wo iphiro ya Kuristo.

5

Ukhalha Munthukoni

1 Ukhalhawaya vano nhokhalha ashaana
anttuniya ni Nlhuku, ntwariheke ukhalha thoko
chiri awe.
2 Makhalhelho inyu aholhelhiyeke ni nrima
wo uttunana, thoko Kuristo chinittunne awe
mpaka nkaakumiha ukumi awe wo nlhatu wihu,
ukhalha thoko isadaka yo unukhelha chinene,
inonteelhiha Nlhuku.

3 Ukhalhawaya vano mwaatti phi attu a
Nlhuku, khavanlhoka wiiwania munlhokoni
mwinyu mwaha wo ishembwere ama mwaha
wo unanara mena nlhulha wo uttuna chinene
nhakhu.
4 Tho, ahiiwaniee malhove o wuulhiha muru
mena o uhichuwania mena o uhilhoka, nansho
malhove o unshukuru Nlhuku phi nlhoka wiiwa-
nia.
5 Nchuwelheke wiira ntu o ishembwere riy-
oothe ama nopanga chittu cho unanara ama ntu
o nlhulha chinene khanowa aavahiya ittu iriy-
oothe mu Imwene ya Kuristo ni Nlhuku. Ukhal-
hawaya nlhulha uri thoko ulhapelha mashoka.

6 Ntu riyoothe huthepiacheni wo malhove o
uhikhalha ni maana, ukhalhawaya wo nlhatu
wo yayo malhove o uhilhoka ayo, Nlhuku nowa
aarushiya ni waahukumulha attu ahinomwii-
welhelha.
7 Paahi nhivaraane, mena nhipange ittu iriy-
oothe ni attu thoko yayo.

8 Khalhayi mwaatti mwaari mwiipiphini, nansho vanova nnokhalha mu nthukoni toka vaapachenre inyu ukhalha attu a Athithi. Paahi etu nkhalheke thoko attu o munthukoni,
9 ukhalhawaya maphepu o nthuko phi urera nrima wo kila iphiro, upanga moombone mmiholho wa Nlhuku ni ikekhiaye.
10 Mwiittucheke uchuwelha chittu chinaateelhiha Athithi.
11 Nhikavihe upanga chittu chihinemma maphepu chinopanga aya attu akina, chechiyo cho mwiipiphini. Nansho mwaahumbukulheke, mwaawiiheke voonene.
12 Ukhalhawaya chittu cho mwiipiphini chinopangiya ni attu ahinchuwenlhe Nlhuku chiri cho wuulhiha muru, khachinrera ata uromolhacha.
13 Nansho chittu chonkhaye chawiihiyaka voonene, ikekhia aya inowoniaa,
14 ukhalhawaya chittu chonkhaye chiri voonene, chinokhalha unthukoni. Wo chiichammo Malhove Matakatifu aneera,

“Munkweke inyu nnorupa,

Nhihimmweke nnookhwani,

Ni Kuristo nowumwalhelhani.”

15 Paahi mmweheke wo ikekhiaye meetelho inyu. Nhikhalhe thoko attu ahiri ni irusho, nansho nkhalheke thoko attu o irusho.
16 Nvarelheke rata ikatema irina inyu, ukhalhawaya alha mahuku alha ari o uhilhoka.
17 Nhiphupuwalhache, nansho nchuwelheke inothanana aya Athithi wiira mpange.

18 Nhihapalhiye idivai ukhalhawaya yeyo in-
outanganyani, nansho ncharihiyeke Iphumu ya
Nlhuku.
19 Nhimerianeke malhove o izaburi ni ichipo
cho untotopelha Iphumu ya Nlhuku. Mwiipeke
ichipo cho waatotopelha Athithi ni wiipa ichipo
cho izaburi wo nrima winyu wonkhaye.
20 Munshukuruku Nlhuku Athumwanihu wo
kila ittu mahuku onkhaye wo nchina na Athithi
Yesu Kuristo.

Ikano wa manyopani ni manyottato

21 Kila mmoka anlhoheke nkhunanawe wo
nthimicho urina inyu wa Kuristo.
22 Manyopani yaalhoheke manyowannyaya
thoko chinaathimicha aya Athithi.
23 Ukhalhawaya nlhopwana hanaa ikuru
vachulhu ahanu awe, thoko Kuristo chiri awe
ni ikuru wo attu anrumelhenlhe Kuristo. Ni
Kuristo mwanene phi mwoopolhi o nlhoko wa
attu anrumelhenlhe Kuristo, arii phi iruttu awe.
24 Manyopani yeewelhelheke manyowannyaya
wo kila nlhove, thoko nlhoko wa attu anrumel-
henlhe Kuristo chinonthimicha aya Kuristo.
25 Ni mwaattiva manyaalhopwanava mwaat-
tuneheke manyaahanu inyu thoko Kuristo chi-
naattuna awe attu arumelhenlhe, nkaakumiha
ukumi awe wo nlhatu waya.
26 Aapannge chiicho wo nlhatu wo waathanlha
ukhalha atakatifu uholho wa Nlhuku attu an-
rumelhenlhe Kuristo, aapannge atakatifu wo
waahapiha wo nlhove nawe niri thoko maashi.
27 Aapannge chiicho wiira apatte nlhoko
wa attu anrumelhenlhe Kuristo o nthimicho

chinene, ari atakatifu ahiri ni manepa mena makhunyaari mena uremara uriwoothe.
28 Paahi etu, manyaalhopwana anothananiya wiira yaattuneke manyaahanu aya thoko chinottuna aya iruttu chaya ashinene. Ntu neettuna mwanene, nowaattuna ahanu awe.
29 Attu khanovenga iruttu chaya. Nansho, anoolhiha ni wiishunga, thoko Kuristo chinopanga awe wo nlhoko wa attu anrumelhenlhe Kuristo.
30 Ukhalhawaya hii phi itturi cho iruttu awe.
31 Thoko Malhove Matakatifu chineera aya, "Wo yoyo nlhatu uyo etu, nlhopwana nowaahiya athumwanawe ni anumwanawe ni ulhutaana ni ahanu awe ni yayo elhi ayo anookhalha thoko iruttu imoka."
32 Ihaawo ikekhiaye yulhupalhe ivinthe chinene nhina alha Malhove Matakatifu alha, Nlhuku kipatakulhenlhe awe. Ni mii koonaka wiira, inomwaacha Kuristo ni nlhoko wa attu anrumelhenlhe Kuristo.
33 Nansho anowaachani ni inyu mwaatti, kila nlhopwana nothananiya wiira aattuneke ahanu awe thoko chineettuna awe mwanene ni kila nthiyana nothananiya aalhoheke owannyawe.

6

Ashaana ni manyanaangoro

1 Ni inyu nrii ashaana va, ukhalhawaya nnaarumelhelha Athithi, mwaathimicheke manyanaangoro inyu ukhalhawaya phi ittu yorera.
2 Thoko Malhove Matakatifu chineera aya, "Mwaathimicheke athumwaninyu ni

anumwaninyu.” Nenno phi nlheheriyo no
upacha niri ni malhehano aneera,
3 “mmwe mwaapatta mpuha ni ukumi
mwinchi velhaponi.”
4 Ni inyu manyanaangoro, nhaahachulhache
achishaana inyu nhiwe mwaathunalhiha. Nan-
sho, mwaalhelheke rata ni waamuka ni weet-
tuchiha wo iphiro chinothanana aya Athithi.

Ipotta ni ashinene mitheko

5 Mwaatti nri ipotta va, mweewelhelheke
anene ntheko ayo wo iruttu cho woova ni
uthukumelha, mpangeke mitheko wo nrima wo
wiitimarikha, thoko nnompangelha Kuristo.
6 Nhipange vanooniya inyu ni ashinene
mitheko ru, wiira mwaateelhihe, nansho
mpangeke wo nrima wonkhaye thoko ipotta
cha Kuristo. Mpangeke chittu chinottuna awe
Nlhuku.
7 Mpangeke mitheko chinyu thoko ipotta wo
nrima woombone, mwoonaka thoko nnaapan-
gelha Athithi, mena kuhena attu.
8 Muupuwelheke wiira Athithi anowa unlhiva
kila ntu, uttwaraana ni mitheko choombone
chipangilhe awe, wo uhimmweha wiira ipotta
ama neethi.
9 Mwaatti ashinene mitheko va, mwaapan-
gelheke ipotta chinyu chiicho mena nhoopopi-
hache. Nchuwelheke wiira inyuva ni ipotta
chinyu Athithi inyu amoka, arii wiirimu, anon-
hukumulha kila ntu sawasawa.

Ikhoto yo Mphumuni

10 Paahi wo umalhihera, kinowirelhani wi-
ira, mweemelheke rata wo ulhutaana winyu ni
Athithi wo machiri aya molhupalhe.
11 Mmwarelheke ikerero chonkhaye chino-
vahiya inyu ni Nlhuku, wiira mweemelhe rata
mwiichakihe ni upenya wa Nakare.
12 Ukhalhawaya khaninaatakana ni ntu o vel-
haponi, nansho ninaatakana ni mashoka o una-
nara anotawara irimu, atawara, ikuru ni machiri
o ilhapo yo wiipiphini ilha.
13 Paahi nkusheke mmwarelheke ikerero
chonkhaye Nlhuku chinoovaha inyu naananoru!
Nihuku nawaakaru, nnowa mwooria uvilhelha
chittu cho uhilhoka chinohuvihiya inyu ni mmal-
haponi, ni mwamalhihaka waatakana ikhoto,
nnoweemelha rata.

14 Paahi, mwiichesheke tayari, ikeekhene
ikhalheke thoko phi nchako wo wiittuka nnyu-
nuni mwinyu, uvarechesha ikekhiaye, ikhalhe
thoko phi ikuwo yo yuuma yo wiikhikichera
vakhakaachani,
15 nttona no uhimiacha Malhove Orera o
mpuha akhalheke thoko phi ikwakwata cho
uwara nnyaani mwinyu.
16 Ikatema chonkhaye, upisha nrima ukhal-
heke thoko phi ichikopa yo ukusha mmathathani
mwinyu, mwoorie wiichaakiha nhihomiye mi-
upa cho mooro chonkhaye chinokhuma wa O
uhilhoka ulhe.
17 Mumpochereke noopo thoko ichushuru yo
yuuma yo uwaakihani. Nlhove na Nlhuku
nikhalheke thoko nijambiya nnovahiya inyu ni
Iphumu ya Nlhuku.

18 Nlhapelheke wo ikatema yonkhaye, munl-
hepelheke Nlhuku o ukavihereni kila ikatema
wo uholhelhiya ni Iphumu ya Nlhuku. Wo
chiichammo etu, nshiheke wo uhoocha, mwaal-
hapelhelheke attu a Nlhuku onkhaye.
19 Nkilhapelhelheke ni mii chiicho, Nlhuku
akivahe malhove o wulhumacha, kihimiache ni
waachuwelhiha attu malhove avithiye, Malhove
Orera a Yesu Kuristo wo uhoova.
20 Wo ulha nttenga wo Malhove Orera alha,
mii ki karumiya o uhimiacha, inakhalhaka kirii
mu uttukiyani. Paahi nlhapelheke wiira kipatte
nipesha no uhimiacha Malhove Orera ayo wo
machiri.

Isalamu cho umalhihera

21 Natikiko, munnihu nottuniya ni karumiya o
ukhulhuvelhiya ni Athithi, anowa o uhimeriani
malhove aka onkhaye, wiira nchuwelhe mitheko
chinovara aka.
22 Kinaaruma wiira, o uhimerieni chiri ihu ni
uhelhani nrima.
23 Nlhuku Athumwanihu ni Athithi Yesu
Kuristo ovaheni mpuha ni nrima wo uttunana
ni wo upisha nrima, mwaatti ashilhoko ihu
munrumelhenlhe Kuristo va.
24 Nnema wa Nlhuku ukhalhe wa attu onkhaye
anaattuna Athithi Yesu Kuristo wo uttuna uhim-
malha.

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