

## **Mukanda ua Paulu kuli vaka EFESO Citsindikisi**

Mukanda kuli vaka Efeso vausonekele ha ntsimbu imo na mukanda ua vaka Kolose ngue mu mukati ka 60-62 AD. Muka kusoneka na Liambulula vavenia kupua Paulu (1:1).

Vaka kulilongesa cikuma ha cuma cimo vanatava nguavo Paulu ikeye uasonekele Efeso cipue ngoco ou mukanda kuuesi na cihindu ca vavenia cije ciuaniua kuva ka Kolose. Muafua hacifua eci camoneka ngue vausonekele linga uzenguluke mu vikungulukilo vimo vili Munganda. Paulu atumbula naua nguendi uakele mu kamenga omo uasonekele mukanda (3:1, 4:1, 6:20). Paulu uahanene mukanda kuli Tatikikase kuya nauo ha vungenzi vuendi kukamona cikungulukilo caku Efeso (6:21-22).

Efeso yapuile Nganda yakama ya vaka Loma hhakati kavinganda via vindende ca muhela mu Asiya. Efeso ye vuikile cikuma muafua vatungile cihela cakama ca kulemesela Kamponia ua va Ngelengu ua mpuevo Atamisi (Vilinga 19:23-31). Cikungulukilo ca Efeso caputukile vuino ha kuntualelelaho ca hilukilile munima (Kusolola 2:1-7.)

Paulu ali nakulumbununa ha mbazuvuila ya kulivanga ya mukanda ou omo muje Njambi ua hanguile vantu vendi na kuvasambuesa ku vupi vuavo kuhitila muli Yesu Kilistu. Ali nakusetekesa cikungulukilo ku muvila na njivo.

Kilstu ikeye mutue ua muvila na cisimi cakama ca njivo. Mu mbazuvuila ya mucivali ya mukanda Paulu ahana mashiko muvanapande kuyoya muvu Yesu.

### **Kulumbununa viuma vili mu mukanda:**

1.1-2 Paulu aliambulula vavenia na kumeneka va Efeso.

Kaha alumbununa vu sepa vua cikungulukilo na Kilstu (1:33; 21).

Kaha Paulu ali nakusoneka ha ngila vanapande kuyoyelamo vaka Yesu (4:16-20).

Hakumanusula Paulu ahandeka amo mezi akushoka (6:21-24).

### *Mitende kuhuminina kuli Paulu*

<sup>1</sup> Paulu, kanganda ua Kilstu Yesu ku cizango ca Njambi,

Kuli vantu va Njambi vakulela vaje naua vapua vakukonkama muli Kilstu Yesu.

<sup>2</sup> Njambi tatetu na Muene Yesu Kilstu vamihane ngozi na ciyulo.

### *Vikuisulo muli Yesu Kilstu*

<sup>3</sup> Tulemeseni Njambi ikeye Njambi ya Muene yetu Yesu Kilstu kaha ikeye naua ishe. Omuo mukulipandakana kuetu na Kilstu natukuisula navikuisulo vioshe via Cimbembesi mu vihela via muilu.

<sup>4</sup> Tele kanda vapange mavu, Njambi uatuhanguile laja tupue vendi muli Kilstu, tupue vakulela na kujeneka mulonga ku mesho endi.

Omuo cizango cendi,

<sup>5</sup> Njambi uayonguelele kulutue ngeci kuhitila muli Yesu Kilstu akatupuisa kupua vana vendi.

Eci capuile cakumulema na vutumbe vuendi vavenia.

<sup>6</sup> Nkuma tulemeseni Njambi ou natumuesa ngozi yendi yakama cikuma muafua ya munendi yazema.

<sup>7</sup> Mu maninga a Yesu Kilistu tunapatuka na kutusambesa ku vupi vuetu, ovu vukevo vukama vua ngozi yendi yakama cikuma-kuma.

<sup>8</sup> Njambi natuhana ngozi museteko yakama! Mukuendelela na mana oshe na mukutantekeya kuoshe.

<sup>9</sup> Njambi ualingile vije uatumbuile kulinga kulutue. Uatusholuelele vutumbe vuendi vua vushueke vuasinganiekele kumanesa kuhitila muli Kilistu.

<sup>10</sup> Vutumbe ovu vuje Njambi aka vumanesa omo nga ntsimbu ya cili inapuho, akakungulula vioshe via muilu nevi via ha mavu muli Kilistu.

<sup>11</sup> Vioshe viuma Njambi ualingile kuya navutumbe vuendi. Njambi uatuhanguile kupua tuvantu vendi kuhitila muli Yesu Kilistu. Ovu vukevuo vutumbe vuendi vua tumbile hume ha katete.

<sup>12</sup> Yetu vakulivanga tuakala na likulahelo muli Kilistu tulemeseni vumpau vua Njambi.

<sup>13</sup> Neni naua muapuile mu wantu va Njambi omo muazivile lizi lia vusunga, vimpande via-cili vije viaminehelele kuovoka. Muakulahelele muli Kilistu, Kaha Njambi namihaka cizivukiso cakupua muvendi hakumihana Cimbembesi cakulela uje uamikulahesele.

<sup>14</sup> Cimbembesi cikeco cinatulingisa cili vene tukasuana vije Njambi nakulahesa wantu vendi,

kaha tunasimpi ngeci Njambi a kapatula vantu vendi. Tulemeseni vumpau vuendi!

*Lilombelo lia Paulu*

<sup>15</sup> Muafua ya vioshe evi Njambi vianamilingila hume njevuile kukutsiliela kueni muli Muene Yesu, na cizango ceni kuli voshe vantu va Njambi,

<sup>16</sup> kunjalikelele kutsatsela kuli Njambi omuo yени. Ntsimbu yoshe njikamilombelela.

<sup>17</sup> Njili nakutualeleho kulomba kuli Njambi ya Muene uetu Yesu Kilistu, ishe ya ku vumpau amihane Cimbembesi ca mana na ca kusholola linga mutantekeye Njambi muacili.

<sup>18</sup> Njili na kulomba kuli Njambi linga amihane ceke ca kutantekeya likulahelo lije liva namisanena na vumpau vuakama vua vufuko vuva kasuana vantu vendi.

<sup>19</sup> Naua njikalombo nguange mutantekeye nzili yendi yakama kuli yetu vaka kutsiliela. Ije nzili ipanga muli yetu inapu ngue nzili yakama ije

<sup>20</sup> uapangesele omo uasanguile Kilistu ku vatsi nakumutumbika ku livoko liendi lia cilio mu lifuti lia muilu.

<sup>21</sup> Kuje Kilistu ikeye muka kushika helu lia voshe vaka kushika muilu, vaka mpoko yakama na vaka nzili na vimiene voshe, ikeye ali na lizina lili helu lia mazina oshe a mpoko ali hano vene na aje akejaho.

<sup>22</sup> Njambi nahana nzili yoshe muli Kilistu nakumupuisa mutue ua vioshe mu cikungulukilo.

<sup>23</sup> Cikungulukilo cinapu muvila ua Kilistu, na cikungulukilo cinashulu ikeye na ikeye nashulisisa vioshe.

## 2

*Kuhuma ku kutsa kuya ku muono*

<sup>1</sup> Laja muapuile muvatsi ku Cimbembesi omuo ku muononokele Njambi, nakulinga vupi.

<sup>2</sup> Ha ntsimbu ije muakavangyele vingila via vupi via muno mu lifuti, muononokele suana ua muvukambuila ikeye Cimbembesi ou ali na kutuamenena vantu vaje kuvesi nakuononoka Njambi.

<sup>3</sup> Mua vusunga vene tuva voshe tuafuile ngue vakevo ha ntsimbu imo, kaha tuayoyele vene ngue kucisemua ca mashungu etu a vuntu. Tualingile vije vuntu vuetu na visinganieka via vuntu viakele nakutonda. Muafua kucisemua cetu ca vuntu ngue vantu voshe, tuapandele kuyanda ku vukalu vua Njambi.

<sup>4</sup> Vuno honi Njambi uapua ua cikeketima cikuma, muafua ha cizango cendi kuli yetu capua cakama cikuma.

<sup>5</sup> Omo tuatsile ku vupi vuetu ku Cimbembesi, Njambi uatunehele ku muono na Kilistu. Munovoka ha ngozi ya Njambi.

<sup>6</sup> Hakukala kuetu muli Kilistu Yesu, Njambi uatusanguile mu Cimbembesi hamo nendi ngeci tukayule hamo nendi muilu.

<sup>7</sup> Ualingile evi kupua cimueso kuli voshe ha vintsimbu vioshe na vije vikejako ha kumuesa vukama vua cikeketima cendi cije kutuasa kuseteka na kavumbi kaje katumueselete muli Kilistu Yesu.

<sup>8</sup> Munovoka muafua ngozi ya Njambi kuhitila mulikulahelo. Eci keti ngue ha vilinga vieni kuahi, vuno honi cinapu vuana vua Njambi.

**9** Njambi kamiovuele ha vilinga vieni. Muafua yaevi kukuesi visinganieka linga muntu umo alishashe.

**10** Yetu tunapu vakutanga kuli Njambi, kaha hakukala kuetu muli Kilistu Yesu uatutangelele yetu kulinga vipangi viacili, vije uatu vuahese-lelevio kulutue ngeci vene tuyoye mu cifua eci vene.

### *Vumo muli Yesu*

**11** Singaniekeni ha ntsimbu imo yeni keti mu Vayunda kucisemua, vaje vamisana nguavo "Vakakujeneka kulovoka" ngue ku futisi ya Vayunda, vaje valitumbula nguavo "vaka kulo-voka" eci cikalingika kumivila ua muntu nama-voko.

**12** Ha ntsimbu ije muahangunukile kuli Kilistu. Muapuile muvangezi kumuakundamene ku vantu va Isaleli vaje Njambi uahanguile. Kumuakele na mutambela mu matavasano, aje emanene ha vikulaheso via Njambi kuli vantu vendi, kaha yeni muayoyele hano ha mavu kua kuhona likulahelo na kujeneka Njambi.

**13** Muakele kulahako na Njambi ha ntsimbu imo. Vuno honi vanaminehe hayehi muli Kilistu kuhitila mu maninga endi.

**14** Omo Kilistu natunehela ciyulo hakupua Vayunda na vaje keti Vayunda kupua umolika. Uahanene muvila uendi kupua cikombelo, ca kuvujula civumbe cije cava hangunuine na kuva-puisa vitozi.

**15** Omo uatsile uatupuisile kulikela kuka-vangeya mashiko a Vayunda hamo nakushika kualio na futisi yalio linga yetu tuovoke. Ualingile

eci ngeci vivunga vivali vipue civunga cimolika, linga kukale ciyulo.

<sup>16</sup> Kuhitila ha kutsa cendi ha cilindakano Kilistu uanongesele vizindo viavo. Kuhitila ha cilindakano napandakana vivunga vivali nakuvipuisa muvila umolika nakuvineha hamo na Njambi.

<sup>17</sup> Kilistu uezile nakuambulula muzimbu ua cili ua ciyulo kuli voshe, kuli yeni keti Vayunda vaje vakele kulahako na Njambi na kuli Vayunda vaje vakele kuyehi na Njambi.

<sup>18</sup> Muli Kilistu yetu voshe, Vayunda na vaje keti Vayunda, tuasa kuija ku mesho a Tate mu Cimbembesi ca Njambi.

<sup>19</sup> Nankuma, yeni keti Vayunda kumuapuile honi naua vakakuija, yenihoni munapu mu vandambo hamo na vantu va Njambi, yenihoni munapu vantu va ntanga ya Njambi.

<sup>20</sup> Neni naua vanamitungu ha luvula lua tunganda na tunanguizi va Njambi, cisimi caseho cikuma ca mu mbango cikeco Kilistu Yesu vavenia.

<sup>21</sup> Ikeye muka kukuatela njivo yoshe hamolika na kuyikolesa na kuyipuisa njivo yakulela ya Muene.

<sup>22</sup> Muli Yesu yeni vana mitungu mumo na vakueni veka ngeci mupue muhela ua Njambi uakayoyela kuhitila hali Cimbembesi cendi.

### 3

#### *Vipangi via Paulu kuli vaje keti Vayunda*

<sup>1</sup> Kuya kuviuma vije vianapanga Njambi, yange Paulu njili nakumilombelela. Njili mu kamenga

muafua ha vipangi via Kilstu Yesu hali yeni keti Vayunda.

<sup>2</sup> Mua vusunga vene yeni muazivuka ngueni Njambi mu kavumbi kendi nanjhana vipangi evi via kuambulula muzimbu ua cili.

<sup>3</sup> Njambi uajomboluele vutumbe vuendi vua kushueka nakuvusholola kuli yange. Njasoneka laja muvundende ha cuma eci.

<sup>4</sup> Kaha nga mutanda vije vinjasoneka muhasa kuvuisisa muje munjikevuisisa vishueka via hali Kilstu.

<sup>5</sup> Mu vintsimbu via hanima vantu kuva valekele vishueka evi vuno honi Njambi navisholola alolo hali Cimbembesi cendi kuli tunganda na tunanguizi va Njambi va Njambi vaje vahanguile.

<sup>6</sup> Cishueka eci, capuile ngeci hali lizi lia muzimbu uacili, vaje keti Vayunda hano honi vali namutambela hamo na Vayunda mu vikuisulo via Njambi vakevo vanapu muvila umo, na kuli pangazela mu cikulaheso ca Njambi cije ca pangele muli Kilstu Yesu.

<sup>7</sup> Njambi uanjihanene vuana vuakama vua kuambulula mu muzimbu uacili. Ualingile eci kuhitila mu nzili yendi ilina kupanga muli yange.

<sup>8</sup> Yange njapua nji uamundende ku hiana voshe vantu va Njambi, vuno honi Njambi ua nji hanene vipangi viacili viakuambulula muzimbu uacili kuli vaje keti Vayunda ua vufuko vua Kilstu vuje vua kukomokesa.

<sup>9</sup> Uanjihanene naua vipangi via kumuesa vantu voshe vutumbe vua vishueka viendi muje mu vukalingiua. Njambi ikeye samatanga ua vioshe,

uashuekele vushueka vuendi ku miaka yoshe ya kunima.

<sup>10</sup> Visinganieka viendi hali evi vioshe viapuile kupangesa cikungulukilo kumuesa vaka kusuana na vaka nzili mu lifuti lia muilu muje vati mana endi akalanao mu vioshe.

<sup>11</sup> Evi vikevio Njambi uasinganiekele hume ha katete kaha uavimanusuile kuhitila muli Kilistu Yesu Muene yetu.

<sup>12</sup> Muafua Kilistu na likulahelo lietu muli ikeye tuasahoni kuija mu kusimpa na kutsiliela muli Njambi.

<sup>13</sup> Nankuma, njimilomba nguange keti muzeye ha tuyando tuange njili naku uana omuo ha liyeni. Muafuila kuziva kalemeso ngueni njali-hana kuyandela viuma evi muafua hali yeni.

### *Cizango ca Kilistu*

<sup>14</sup> Muafua ha vutumbe vuakama vua Njambi nja ntsikamene ha mavuli ange naku milombelela ku mesho a tate.

<sup>15</sup> Ikeye ishe ua ntanga yoshe ya hano ha muilu na mavu.

<sup>16</sup> Njilomba kuli Njambi ha vufuko vua vumpau vuendi ngeci amihane nzili hali Cimbembesi cendi linga mukale na nzili mukati ka mitima yeni.

<sup>17</sup> Njilomba nguange Kilistu ayoye mu mitima yeni ha kutsiliela. Kaha naua njilomba nguange mu shalave mizi mu cizango na luvula lueni lupue mu cizango.

<sup>18</sup> Mungila eyi yeni hamoliika na vantu va Njambi voshe mukakala na nzili ya kutantekeya

muacili vukama vua cizango ca Kilstu ca kuhona kuhua.

<sup>19</sup> Njilomba nguange mutantekeye cizango cendi cipue vene ku muhasa kucitantekeya muacili. Kaha nga mutantekeya cizango cendi mukashulilila na cifua ca Njambi.

<sup>20</sup> Njambi asa kulinga vije viuma via kuhiana cikuma mu nzili ili nakupanga muli yetu. Ahasa kupanga mu kuhiana vije vituasa kumulomba cipue kuhiana vije vituasa kusinganieka.

<sup>21</sup> Kuli Njambi kukale vumpau mu cikungulikilo na muli Kilstu Yesu ku ntsimbu yoshe na ku miaka yayaye Ameni.

## 4

### *Kulikuta mu muvila ua Kilstu*

<sup>1</sup> Njili mu kamenga muafua ya kupangela Muene. Njimilomba muyoye muvu yoye vuaku fulamo vua vantu vaje Njambi nahangula kupua vendi.

<sup>2</sup> Ntsimbu yoshe pueni vaka kuononoka na kulikehesa naku vandamena. Mueseni kulkonekela umo na mukuavo mu cizango.

<sup>3</sup> Koleseni kutulika muacili yumolika vuana mihana yeni Cimbembesi ca Njambi mu kukala mu ciyulo cije cinamikutu hamolika.

<sup>4</sup> Muavoshe munapu mbazuvuila ya muvila umolika. Kuli Cimbembesi ca kulela cimolika. Ngue Njambi muanamihana likulahelo limolika muamisanene.

<sup>5</sup> Kuli Muene umolika na lutsilielo lumolika na kumbuitika cimolika.

<sup>6</sup> Kuli Njambi umo ikeye ishe ya voshe, Muene ua voshe, uapanga mu voshe kaha ali mu voshe.

<sup>7</sup> Umo na umo hali yetu voshe natambula vuana vua cili kuesekesa ku vije Kilisitu ua-hanguile kupangezela.

<sup>8</sup> Ngue muvanasoneka mu visoneka nguavo, “Omo ikeye uaile ku cihela cilahako, Uambate vitozi vavengi hamo nendi vaje vakuat Nakuhana mavuana kuli vantu.”

<sup>9</sup> Kaha naua “Ikeye uaile ku cihela cilahako” cinalumbunuka vika? Cinalumbunuka ngeci ha kulivanga uezile muintsi lia mavu akulova.

<sup>10</sup> Uje uezile muitsi lia mavu, ikeye umolika uaile muilu lia melu oshe linga ashulise mavu oshe na ikeye vavenia.

<sup>11</sup> Uapuile ikeye ua hanene vuana, uemikile vamo tunganda, vamo kupua tunanguizi va Njambi va Njambi, vamo vapue vaka kuambulula muzimbu uacili, vamo vapue tuniungi vamo valongisi.

<sup>12</sup> Ualingile evi muku vuahesela vantu va Njambi vamupangele, mukutunga muvila ua Kilistu.

<sup>13</sup> Eci cikatualelelaho noho tuva voshe tukapua vantu vamolika muafua mulukulahelo luetu muli Muna Njambi muafua tuvavoshe tumutan-tekeya. Tukapua vantu vakukola mulukulahelo na kuheta haseteko ya kumanesela ya Kilistu.

<sup>14</sup> Kaha kutukapuho ngue tuvanike naua. Kutukatavesa vaka makuli kutukuisa na vilongesa via makuli vije viakufua ngue mankimba na mpunzi vije vitupekumuna.

<sup>15</sup> Vuno honi hakuhandeka vusunga na cizango, tukakola mu vingila vioshe ngue Kilistu uje napu mutue.

<sup>16</sup> Hali ikeye viluo via muvila vioshe vinali nun-gakana ha molika kaha muvila uoshe unaliku-

ata hamo mu manunga. Muvila unakolo na kulitunga ukeuo vavenia mu cizango kuya ku mbazuvuila mu ikapangelamo cipangi cayo.

### *Muono ua muli Kilstu*

<sup>17</sup> Mu lizina lia Muene, njiminangula keti moy-oye ngue vantu vaje kuvazivuka Njambi, vaje viyongola viavo viapua viangoco,

<sup>18</sup> kaha kuvuisisa kuavo cili mu milima. Vakevo ku vesu na mutambela mu muono uje uakahana Njambi omuo vakevo vali kunzimba na mu kukaluuisa mitima yavo.

<sup>19</sup> Vakevo kuvesi nashuamua yahi. Vana liecelela na kulinga viuma via vupangala kaha vali na lishungu lia kutualelelaho kulinga viuma evi.

<sup>20</sup> Muje keti mukemo mu muali longeselelemo hali Kilistu

<sup>21</sup> Mua vusunga yeni muaziva laja via hali ikeye kaha ha kupua vaka kumukava vamilongesele vusunga vuje vuli muli Yesu.

<sup>22</sup> Vamilongesele kuseza vuntu vueni vua laja vuje vuakele naku miyoyesa muje mu muakele. Vuje vuntu vueni vua laja vavunongesele ha mashungu eni aje amakuli.

<sup>23</sup> Visinganieka vieni vinapande kupua via viha.

<sup>24</sup> Kaha munapande kuzala vuntu vua vuha vuje vuva napanga mu cifua ca Njambi. Ovu vuntu vua vuha vunapu vua vusunga cikuma na kulela.

<sup>25</sup> Nankuma keti muhandeke makuli naua! Muntu na muntu napande kuhandeka vusunga

kuli mukuavo omuo yetu tuva voshe tunapu vilio via mu muvila ua Kilistu.

<sup>26</sup> Nga muniengua keti mutave kuniengua kueni cimituale ku vupi. Kaha keti mutokese litangua mu kuniengua lika kuahi.

<sup>27</sup> Keti mutave kuhana Satana muhela.

<sup>28</sup> Muntu uje uevile kapandele naua kuiva vuno honi aputuka kuononoka na kupanga cikuma linga akale nacimo ca kukuasa vihutu.

<sup>29</sup> Keti mulikuasese mezi akupihia omuo muhandeka, vuno honi likuaseseni mezi acili aje asakutunga vantu kuya kuli vivana honoua ngeci vioshe vimuhandeka vikapue viacili kuli vaje voshe vamitolilila.

<sup>30</sup> Kaha keti munienguese Cimbembesi ca kulela ca Njambi. Omuo Cimbembesi ca kulela ca Njambi capua cimueso ca Njambi ca cakumuesa ngue muakundama kuli ikeye. Cimbembesi ca kulela cinapu lishimbikaya ngeci omo litangua lia kumanusuila likeja kaha Njambi aka mipatula.

<sup>31</sup> Humiseni kushasha kuoshe na vutenu. Keti kukale na kulicokota cipue kulituka umo na mukuavo na matumbe amapi mukati keni.

<sup>32</sup> Vuno honi pueni vaka ngozi na vaka cikeketima kuli umo na mukuavo. Lisambueseni umo na mukuavo ngue muana misambuesa Njambi muli Kilistu.

## 5

### *Kuyoya mu ceke*

<sup>1</sup> Muapande kutemunuisa Njambi omuo mua-pua vana vendi vakumuya ku mutima.

<sup>2</sup> Yoyeni vuyoye vua cizango ngue omo Kilistu ua tuzangele na kulilambuila ikeye vavenia hali yetu ngue nkombelo ya luengo luacili.

<sup>3</sup> Keti muhane vakueni visinganieka via kuhandeka ngue kuli yupangala, viuma via mazilo na lizangamena hhakati keni, muafua viuma evi keti viacili kupanga ku vantu va Njambi.

<sup>4</sup> Ku muapandele kuhandeka mezi ashuanua cipue a vulema ku vantu cipue kuhandeka likehelela lia mazilo. Evi keti viuma viacili kuli yeni vuno honi munapande lika kusantsela Njambi.

<sup>5</sup> Muazivuka ngueni uoshe alinga yupangala, cipue muntu ua mazilo cipue ua lizangamena kakasuana ku Vumuene vua Kilistu novu vua Njambi. Uoshe alinga lizangamena alemesa tumponia.

<sup>6</sup> Keti mutave umo amikuise na mezi a mupulungua, omuo ha viuma evi vukalu vua Njambi vukakala hali vaje vaka kujeneka kuononoka.

<sup>7</sup> Keti mulipandakane na vije viva kalingi vantu vacifua canga cije

<sup>8</sup> Ha ntsimbu imo muakele mu milima vuno honi omuo munapu mu vantu va Muene muli mu ceke. Munapande kuyoya ngue vantu vali mu ceke.

<sup>9</sup> Ceke cikeco cikakuneha kuteja kuakama ca kusungama na vusunga.

<sup>10</sup> Uaneni vije vivuahalesa Muene.

<sup>11</sup> Keti muambateko mutambela ku viuma vian-goco vije viva kalingi vantu, viuma vije vinakundama ku milima vuno honi vishololeni ku ceke.

<sup>12</sup> Cinapu ca shuamua cipue kuhandeka viuma vije vivalinga mu vushueke.

<sup>13</sup> Omo viuma vioshe visholoka mu ceke, amba-honi vusunga vuacifua cavio vusholoka,

<sup>14</sup> muafua omo ceke cisholola cuma cije cuma cikeco cipua ceke. Omu mukemuo vahandeka nguavio:

“Eni vaka kukosa hindukeni  
Sangukeni muhume kuvutsi,  
Kaha Kilistu akatuila ceke cendi hali yeni.”

<sup>15</sup> Nankuma, zangameni mu mulina kuyoya. Keti muyoye ngue vaka kuhona mana vuno honi ngue vaka mana.

<sup>16</sup> Pangeseni muacili vintsimbu vije mulinavio, omo matangua ano anapu a mapi

<sup>17</sup> Keti mupue ngue vilema, vuno honi uvuisensi vije viazanga Muene ngeci mucipange.

<sup>18</sup> Keti mupende na viniu vije viasa kumipihisa, vuno honi taveni Cimbembesi ca Njambi cimpangese.

<sup>19</sup> Handekeni umo na nukuavo na mezi a miaso ya Visamo na miaso yakulela. Imbeni miaso na kushangazala kuli Muene mu mitima yeni.

<sup>20</sup> Ntsimbu yoshe santseleni kuli Njambi tatetu mu viuma vioshe mu lizina lia Muene Yesu Kilistu.

### *Katumamesi kava kakuambata na vaka ku shomboka*

<sup>21</sup> Lihaneni umo na mukuavo muafua muka singimika Kilistu.

<sup>22</sup> Yeni Vampuevo lihaneni kuli vamala veni, ngue kuli Muene.

<sup>23</sup> Yala ali na mpoko hali mpuevo yendi, ngue omo Kilistu ali na mpoko ha cikungulukilo.

Kilstu vavenia ikeye muyoyesi ua cikungulukilo uje ukeuo muvila uendi.

<sup>24</sup> Vampuevo vanapande kulihana kuli vamala vavo mu vioshe, ngue cikungulukilo mucikalihana kuli Kilstu.

<sup>25</sup> Eni vamala, zangeni vampuevo veni ngue Kilstu mua zangela cikungulukilo, kaha uahanene muono uendi hali cikeco.

<sup>26</sup> Ualingile evi mukulelesa cikungulukilo ha kucikusha mu mema na mezi a Njambi.

<sup>27</sup> Uatsile kulinga cikungulukilo cimane ku mesho endi mu vumpau vuaco vuoshe, kuakuhona katoma cipue kapenga kamo cipue ceka ha viuma evi, vuno honi mukulela cipue mukuhona mulonga.

<sup>28</sup> Mukemuo naua vamala vanapande kuzanga vampuevo vavo ngue muva kazange mivila yavo vavenia. Yala uje azanga mpuevo yendi alizanga ikeye vavenia.

<sup>29</sup> Naumo uahi uazinda muvila uendi vavenia. Vuno honi aulisa naku ulela ngue Kilstu vene muakalingi ku cikungulokilo,

<sup>30</sup> omuo tunapu vilio via muvila uendi.

<sup>31</sup> Ngue muvanasoneka mu visoneka nguavo, “Mukemo yala akaseza ishe na ina naku lipandakana na mpuevo yendi, kaha voshe vavalivakapua muvila umo.”

<sup>32</sup> Kuli cisinkiko cakulova ca vusunga mu visoneka evi, njili nakuhandeka hali via Kilstu na cikungulukilo.

<sup>33</sup> Vuno honi cinenika yeni naua, yala uoshe napande kuzanga mpuevo yendi ngue mualizanga ikeye vavenia, kaha mpuevo uoshe napande

kusingimika yala liendi.

## 6

### *Vana na visemi viavo*

<sup>1</sup> Yeni vana ononokeni kuli visemi veni muafua muakundama kuli Muene. Eci cikeco cuma cacili kucilinga.

<sup>2</sup> “Singimika isho na noko.” Eli likelio Lishiko lia kulivanga muje lije Njambi uakulaheselemo cuma cimo.

<sup>3</sup> Eci cikeco cakulahesele, “Nga usingimika visemi vove viuma vioshe vipua viacili kuli yove mu vuyoye vuove kaha ukayoya ntsimbu yakama muno mu lifuti.”

<sup>4</sup> Eni visemi keti tuyandese vana veni. Omo muvalela valongesen i mu vilongesa via Muene.

### *Vangamba na Vamiene vavo*

<sup>5</sup> Eni vangamba, ononokeni vamiene veni va hano ha lifuti. Lingeni eci na mitima ya kasingimiko kavusunga, ngue vene mulina ku-pangela Kilistu.

<sup>6</sup> Lingeni eci keti omo valina kumitalelala, muafua mutonda kuvuahesa ku mitima yavo, vuno honi na mitima yeni yoshe lingeni vije viatonda Njambi, ngue vangamba va Kilistu.

<sup>7</sup> Lingeni vipangi vieni via vungamba naku-jolela, ngue mulina kupangela Muene, keti ngue vantu.

<sup>8</sup> Zivukeni ngueni Muene akafueta muntu na muntu, cipue ngamba cipue ua kupatuka, ha vipangi viendi viacili viali.

<sup>9</sup> Neni vamiene, lingeni naua cuma cimo kuli vangamba veni muku vapangesa muacili, keti

muva teuese. Zivukeni ngueni yeni na vangamba veni muvavoshe muli kuli Muene umolika ali muilu, uje kakele nacivembulu.

### *Vitua via Njambi*

<sup>10</sup> Hakumanusuila, koleseni muli Muene na mu nzili ya vukama vuendi.

<sup>11</sup> Zaleni ku vitua vioshe vije Njambi nami hana linga cimiasiuse mukukolesa mukulua na matumbe a Satana.

<sup>12</sup> Yetu kutuesi na kuluisa vantu vuno honi tuli na kulua na vimbembesi via nzili via ha vuntanga ntanga, vaka kushika, vaka mpoko na vinzili ya ha mavu ya milima.

<sup>13</sup> Hacuma eci zaleni vitua vioshe via Njambi, kaha omo litangua lia vupi likeja cika miasiuisa kuliamena ku citozi kaha cipue muna manusula kuliamena hanga mukemana mbe.

<sup>14</sup> Kaleni na kulivuahesela na vusunga ngue muiva umuna likutilila mu vimbunda. Zaleni kulongua cije cikeco cikapua ngue cuma ca kuohielatntulo ya ku mivila yeni.

<sup>15</sup> Zaleni mu vinkaku vije vinapu ngue ciyulo cije cihuminina ku muzimbu uacili vije vikamikuasa kuimana mbe mu nzita.

<sup>16</sup> Ntsimbu yoshe ambateni lutsilieko ngue ntelo. Hali evi lika mukasa kuzima mivi ya tuhia ije yali na kuasha Satana.

<sup>17</sup> Ambateni kuovoka kupua litepa lieni na lizi lia Njambi ngue mukuale uje uvana mihana ku Cimbembesi.

<sup>18</sup> Lombeleni mu kulinga viuma evi, lombeni vukuasi kuli Njambi. Ntsimbu yoshe lombeleni ngue omo Cimbembesi mu cimituamenena. Mu

cifua eci pueni vakuli vuahesela kaha keti mucele. Lombeleni ntsimbu yoshe ha vantu voshe va Njambi.

<sup>19</sup> Nange naua munjikundikeko, linga Njambi anjihane mezi acili omo njihandeka linga njambulule na ku simpa na kusholola vushueke vua muzimbu uacili.

<sup>20</sup> Njimu kakuimanena ua Kilistu linga njambulule ou muzimbu uacili cipue vene njili mu kamenga. Lombeleni linga njisimpe mu kuhandeka ngue mucina fuiamo.

### *Vihindu via Kumanesela*

<sup>21</sup> Njili nakutuma kuli yeni Tatikikase muanetu ituazanga naua ngamba yetu uakulongua mu vipangi via Muene! Akamihana muzimbu uoshe uahali yanga mutantekeye ngueni vati njina hindukilamo

<sup>22</sup> Omu mukemo njili nakumutuma kuli yeni, linga akamileke vati yetu voshe mutuna hindukila na kukolesa mitima yeni.

<sup>23</sup> Njambi tatetu na Muene Yesu Kilistu vahane kuli yeni vaka kutsiliela ciyulo na cizango mu kutsiliela.

<sup>24</sup> Cikeketima ca Njambi cikale na voshe vaje vazanga Muene uetu Yesu Kilistu na cizango ca ku miaka yoshe.

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