

Miyambo

Mawu Oyamba: Cholinga ndi Mutu

- 1 Iyi ndi miyambi ya Solomoni mwana wa Davide, mfumu ya Israeli;
- 2 Ndi yothandiza kuti munthu adziwe nzeru ndi malangizo;
kuti amvetse mawu a matanthauzo ozama;
- 3 kuti alandire malangizo othandiza kuti achite zinthu mwanzero,
akhale wangwiro, wachilungamo ndiponso wosakondera.
- 4 Ndi yothandiza munthu wamba kuti aphunzire nzeru za kuchenjera,
achinyamata kudziwa zinthu bwino ndi kulingalira.
- 5 Munthu wanzero amvetse bwino miyamboyi
kuti awonjezere kuphunzira kwake,
ndi munthu womvetsa zinthu bwino apatepo luso,
- 6 kuti azimvetsa miyambi ndi mafanizo,
mawu a anthu anzeru ndi mikuluwiko.
- 7 Kuopa Yehova ndiye chiyambi cha nzeru.
Zitsiru zimanyoza nzeru ndi malangizo.

Malangizo kuti Asunge Nzeru

Malangizo kwa Achinyamata

- 8 Mwana wanga, mvera malangizo a abambo ako ndipo usakane mawu okuwongolera a amayi ako.

- ⁹ Ali ngati sangamutu yokongola ya maluwa
pamutu pako
ndiponso ali ngati mkanda m'khosi mwako.
- ¹⁰ Mwana wanga, ngati anthu oyipa afuna
kukukopa
usamawamvere.
- ¹¹ Akadzati, "Tiye kuno;
tikabisale kuti tiphe anthu,
tikabisalire anthu osalakwa;
- ¹² tiwameze amoyo ngati manda,
ndi athunthu ngati anthu otsikira m'dzenje.
- ¹³ Motero tidzapeza zinthu zosiyanasiyana
zamtengowapatali
ndi kudzaza nyumba zathu ndi zolanda;
- ¹⁴ Bwera, chita nafe maere,
ndipo tidzagawana chuma chathu tonse."
- ¹⁵ Mwana wanga, usayende nawo pamodzi,
usatsagane nawo m'njira zawozo.
- ¹⁶ Iwowatu amangofuna zoyipa zokhazokha,
amathamangira kukhetsa magazi.
- ¹⁷ N'kopanda phindu kutchera msampha
mbalame zikuona!
- ¹⁸ Koma anthu amenewa amangobisalira miyoyo
yawo yomwe;
amangodzitchera okha msampha!
- ¹⁹ Awa ndiwo mathero a anthu opeza chuma
mwankhanza;
chumacho chimapha mwiniwake.

Chenjezo Pomwe Tikana Nzeru

- ²⁰ Nzeru ikufuwula mu msewu,
ikuyankhula mokweza mawu m'misika;
- ²¹ ikufuwula pa mphambano ya misewu,

ikuyankhula pa zipata za mzinda kuti,

- 22 "Kodi inu anthu osachangamukanu, mudzakondwera ndi kusachangamuka mpaka liti?
 Nanga anthu onyogodola adzakondabe kunyogodola mpaka liti?
 Kapena opusa adzadana ndi nzeru mpaka liti?
- 23 Tamverani mawu anga a chidzudzulo.
 Ine ndikukuwuzani maganizo anga
 ndi kukudziwitsani mawu anga.
- 24 Popeza ndinakuyitanani koma inu munakana kumvera.
 Ndinayesa kukuthandizani koma panalibe amene anasamala.
- 25 Uphungu wanga munawunyoza.
 Kudzudzula kwanga simunakusamale.
- 26 Ndiye inenso ndidzakusekani mukadzakhala m'mavuto;
 ndidzakunyogodolani chikadzakugwerani chimene mumachiopacho.
- 27 Chiwonongeko chikadzakugwerani ngati namondwe,
 tsoka likadzakufikirani ngati kamvuluvulu,
 mavuto ndi masautso akadzakugwerani.
- 28 "Tsono mudzandiyitana koma sindidzayankha;
 mudzandifunafuna, koma simudzandipeza.
- 29 Popeza iwo anadana ndi chidziwitso
 ndipo sanasankhe kuopa Yehova,
- 30 popeza iwo sanasamale malangizo anga

- ndipo ananyoza chidzudzulo changa.
- ³¹ Tsono adzadya zipatso zoyenera mayendedwe
awo
ndi kukhuta ndi ntchito zimene anachita
kwa ena.
- ³² Pakuti anthu osachangamuka amaphedwa chi-
fukwa cha kusochera kwawo,
ndipo zitsiru zimadziwononga zokha chi-
fukwa cha mphwayi zawo.
- ³³ Koma aliyense wondimvera adzakhala mwa
bata;
adzakhala mosatekeseka posaopa
chilichonse.”

2

Ubwino Wanzeru

- ¹ Mwana wanga, ngati ulandira mawu anga
ndi kusunga malamulo anga mu mtima
mwako,
- ² ndiponso kutchera khutu lako ku nzeru
ndi kuyikapo mtima pa kumvetsa zinthu;
- ³ ngati upempha kuti uzindikire zinthu
inde kupempha ndi mtima wonse kuti
ukhale womvetsa zinthu,
- ⁴ ngati ufunafuna nzeruyo ngati siliva
ndi kuyisakasaka ngati chuma chobisika,
- ⁵ ndiye udzamvetsa bwino tanthauzo la kuopa
Yehova;
ndipo udzapezanzo tanthauzo la kumudziwa
Yehova.
- ⁶ Pakuti Yehova ndiye amapereka nzeru,
ndipo m'kamwa mwake mumachokera
chidziwitso ndi kumvetsa zinthu.

- ⁷ Anthu olungama zinthu zimawayendera bwino chifukwa Yehova amakhala nawo.
 Paja Yehova ndiye chishango cha amene amayenda mwangwiyo,
⁸ pakuti ndiye mlonda wa njira zolungama.
 Iye amasamala mayendedwe a anthu ake okhulupirika.
- ⁹ Choncho udzamvetsa tanthauzo la ungwiro,
 chilungamo,
 kusakondera ndi njira iliyonse yabwino.
¹⁰ Pakuti nzeru idzalowa mu mtima mwako,
 kudziwa zinthu kudzakusangalatsa.
¹¹ Kuganizira bwino za m'tsogolo kudzakusunga;
 kumvetsa zinthu bwino kudzakuteteza.
- ¹² Nzeru idzakupulumutsa ku mayendedwe oyipa,
 kwa anthu amabodza,
¹³ amene amasiya njira zolungama namayenda m'njira zamdima,
¹⁴ amene amakondwera pochita zoypa namasangalala ndi kuyipa kwa ntchito zawo zonyansa.
¹⁵ Amenewa ndi anthu a njira zawo zokhotakhta,
 ndipo makhalidwe awo ndi achinyengo.
- ¹⁶ Nzeruyo idzakupulumutsano kwa mkazi wachigololo;
 kwa mkazi wachilendo woyankhula moshashalika,
¹⁷ amene wasiya mwamuna wa chitsikana wake

- ndi kuyiwala pangano limene anachita pa-maso pa Mulungu wake.
- ¹⁸ Pakuti nyumba yake imatseterekera ku imfa; njira zake zimamufikitsa ku manda.
- ¹⁹ Opita kwa iye palibe ndi mmodzi yemwe amabwerera kapena kupezano njira zamoyo.
- ²⁰ Choncho iwe uziyenda m'njira za anthu ab-wino, uzitsata njira za anthu ochita chilungamo.
- ²¹ Pakuti anthu olungama ndiwo ati adzakhale m'dziko ndipo anthu angwiro ndiwo ati adzak-hazikike m'menemo;
- ²² Koma anthu oyipa adzachotsedwa m'dzikomo, ndipo anthu onyenga adzachotsedwamo.

3

Phindu Lina la Nzeru

- ¹ Mwana wanga, usayiwale malangizo anga, mtima wako usunge malamulo anga.
- ² Ukatero zaka za moyo wako zidzachuluka ndipo udzakhala pa mtendere.
- ³ Makhalidwe ochitira ena chifundo ndi owonetsa kukhulupirika asakuchokere. Uwamangirire m'khosi mwako ngati mkanda ndi kuwalemba pa mtima pako.
- ⁴ Ukatero udzapeza kuyanja ndi mbiri yabwino pamaso pa Mulungu ndi anthu.

- ⁵ Uzikhulupirira Yehova ndi mtima wako wonse
ndipo usadalire nzeru zako za kumvetsa
zinthu.
- ⁶ Pa zochita zako zonse uvomereze kuti Mulungu
alipo,
ndipo Iye adzawongola njira zako.
- ⁷ Usamadzione ngati wa nzeru.
Uziopa Yehova ndi kupewa zoypa.
- ⁸ Ukatero thupi lako lidzakhala la moyo wabwino
ndi mafupa ako adzakhala olimba.
- ⁹ Uzilemekeza Yehova ndi chuma chako chonse;
zokolola zonse zoyamba kucha uzilemekeza
nazonso Yehova.
- ¹⁰ Ukatero nkhokwe zako zidzadzaza ndi zinthu
zambiri,
ndiponso mitsuko yako idzadzaza ndi vinyo.
- ¹¹ Mwana wanga usanyoze malangizo a Yehova,
ndipo usayipidwe ndi chidzudzulo chake.
- ¹² Paja Yehova amadzudzula amene
amamukonda,
monga abambo achitira mwana amene
amakondwera naye.
- ¹³ Wodala munthu amene wapeza nzeru,
munthu amene walandira nzeru zomvetsa
zinthu,
- ¹⁴ pakuti phindu la nzeru ndi labwino kuposa la
siliva,
phindu lakelo ndi labwino kuposanso golide.
- ¹⁵ Nzeru ndi yoposa miyala yamtengowapatali;

- ndipo zonse zimene umazikhumba sizin-gafanane ndi nzeru.
- 16 M'dzanja lake lamanja muli moyo wautali;
m'dzanja lake lamanzere muli chuma ndi ulemu.
- 17 Njira zake ndi njira zosangalatsa,
ndipo mu njira zake zonse muli mtendere.
- 18 Nzeru ili ngati mtengo wopatsa moyo kwa oyigwiritsitsa;
wodala munthu amene amayigwiritsa kwambiri.
- 19 Yehova anakhazikitsa dziko lapansi pogwiritsa ntchito nzeru.
Anagwiritsanso ntchito nzeru zakudziwa bwino zinthu pamene ankakhazikitsa zakumwamba.
- 20 Mwa nzeru zake Yehova anatumphutsa madzi kuchokera m'nthaka
ndiponso mitambo inagwetsa mvula.
- 21 Mwana wanga usunge nzeru yeniyeni ndi khalidwe lomalingarira zinthu bwino.
Zimenezi zisakuchokere.
- 22 Zimenezi zidzakupatsa moyo,
moyo wake wosangalatsa ndi wabwino ngati mkanda wa m'khosi.
- 23 Choncho udzayenda pa njira yako mosaopa kanthu,
ndipo phazi lako silidzapunthwa;
- 24 pamene ugona pansi, sudzachita mantha;
ukadzagona pansi tulo tako tidzakhala tokoma.
- 25 Usaope tsoka lobwera mwadzidzidzi

- kapena chiwonongeko chimene chidzagw-era anthu oyipa,
- ²⁶ pakuti Yehova adzakulimbitsa mtima ndipo adzasunga phazi lako kuti lisakodwe mu msampha.
- ²⁷ Usaleke kuchitira zabwino amene ayenera kulandira zabwino, pamene uli nazo mphamvu zochitira zimenezi.
- ²⁸ Usanene kwa mnansi wako kuti, “Pita, uchite kubweranso. Ndiddzakupatsa mawa” pamene uli nazo tsopano.
- ²⁹ Usamukonzere chiwembu mnansi wako, amene anakhala nawe pafupi mokudalira.
- ³⁰ Usakangane ndi munthu wopanda chifukwa pamene iye sanakuchitire zoypa.
- ³¹ Usachite naye nsanje munthu wachiwawa kapena kutsanzira khalidwe lake lililonse.
- ³² Pakuti Yehova amanyansidwa ndi munthu woyipa koma amayanjana nawo anthu olungama.
- ³³ Yehova amatemberera nyumba ya munthu woyipa, koma amadalitsa nyumba ya anthu olungama.
- ³⁴ Anthu onyoza, Iye amawanyoza, koma amakomera mtima anthu odzichepetsa.
- ³⁵ Anthu anzeru adzalandira ulemu,

koma zitsiru adzazichititsa manyazi.

4

Nzeru Iposa Zonse

- 1 Ananu, mverani malangizo a abambo anu;
tcherani khutu kuti mupeze nzeru zodziwira
zinthu.
- 2 Zimene ndikukuphunzitsani ndi zabwino.
Choncho musasiye malangizo anga.
- 3 Paja ndinalinso mwana m'nyumba mwa
abambo anga;
mwana mmodzi yekha wapamtima pa
amayi anga.
- 4 Ndipo abambo anandiphunzitsa ndi mawu
akuti,
“Ugwiritse mawu anga pa mtima pako,
usunge malamulo anga kuti ukhale ndi
moyo.
- 5 Upeze nzeru, upeze nzeru zomvetsa zinthu;
usayiwale mawu anga kapena kutayana
nawo.
- 6 Usasiye nzeru ndipo idzakusunga.
Uziyikonda ndipo idzakuteteza.
- 7 Fundo yayikulu pa za nzeru ndi iyi: upeze
nzeru.
Kaya pali china chilichonse chimene un-
gapeze, koma upeze nzeru yomvetsa
bwino zinthu.
- 8 Uyilemekeze nzeruyo ndipo idzakukweza;
ikumbatire nzeruyo ndipo idzakupatsa
ulemu.
- 9 Idzayika sangamutu yokongola yamaluwa pa-
mutu pako;
idzakupatsa chipewa chaufumu chaulemu.”

- 10 Mwana wanga, umvere ndi kuvomereza zimene ndikunena, ndipo zaka za moyo wako zidzakhala zochuluuka.
- 11 Ndakuphunzitsa njira yake ya nzeru. Ndakutsogolera m'njira zolungama.
- 12 Pamene ukuyenda, mapazi ako sadzawombana; ukamadzathamanga, sudzapunthwa.
- 13 Ugwiritse zimene ndikukuphunzitsazi osazitaya ayi. Uwasamale bwino pakuti moyo wako wagona pamenepa.
- 14 Usayende m'njira za anthu oyipa kapena kuyenda m'njira ya anthu ochimwa.
- 15 Pewa njira zawo, usayende m'menemo; uzilambalala n'kumangopita.
- 16 Pakuti iwo sagona mpaka attachita zoyipa; tulo salipeza mpaka atapunthwitsa munthuwina.
- 17 Paja chakudya chawo ndicho kuchita zoyipa basi ndipo chakumwa chawo ndi chiwawa.
- 18 Koma njira ya anthu olungama ili ngati kuwala kwa m'bandakucha kumene kumanka kuwalirawalira mpaka dzuwa litafika pa mutu.
- 19 Koma njira ya anthu oyipa ili ngati mdima wandiweyani; iwo sadziwa chomwe chimawapunthwitsa.
- 20 Mwana wanga, mvetsentsa zimene ndikunena; tchera khutu ku mawu anga.

- 21 Usayiwale malangizo angawa,
koma uwasunge mu mtima mwako.
- 22 Pakuti amapatsa moyo kwa aliyense amene
awapezā
ndipo amachiritsa thupi lake lonse.
- 23 Ndipotu mtima wako uziwuyang'anira bwino
ndithu
pakuti ndiwo magwero a moyo.
- 24 Usiyiretu kuyankhula zokhotakhota;
ndipo ulekeretu kuyankhula zinthu
zonyansa.
- 25 Maso ako ayang'ane patsogolo;
uziyang'ana kutsogolo molunjika.
- 26 Uzilingalira bwino kumene kupita mapazi ako
ndipo njira zako zonse zidzakhala zosakayik-
itsa.
- 27 Usapatukire kumanja kapena kumanzere;
usapite kumene kuli zoypa.

5

Chenjezo kwa Mkazi Wachigololo

- 1 Mwana wanga, mvetsera bwino za nzeru
zimene ndikukuwuzazi,
tchera khutu ku mawu odziwitsa bwino
zinthu ndikukupatsa,
- 2 kuti uthe kuchita zinthu mochenjera ndi
mwanzeru
ndiponso kuti utetezedwe ku
mayankhulidwe a mkazi wachilendo.
- 3 Pakuti mkazi wachigololo ali ndi mawu okoma
ngati uchi.
Zoyankhula zake ndi zosalala ngati mafuta,
- 4 koma kotsirizira kwake ngowawa ngati ndulu;

ngakuthwa ngati lupanga lakuthwa kon-sekonse.

- ⁵ Mapazi ake amatsikira ku imfa;
akamayenda ndiye kuti akupita ku manda.
- ⁶ Iye saganizirapo za njira ya moyo;
njira zake ndi zokhotakhota koma iye sadziwa izi.
- ⁷ Tsopano ana inu, mundimvere;
musawasiye mawu anga.
- ⁸ Uziyenda kutali ndi mkazi wotereyo,
usayandikire khomo la nyumba yake,
- ⁹ kuopa kuti ungadzalanditse ulemerero wako
kwa anthu ena;
ndi zaka zako kwa anthu ankhanza,
- ¹⁰ kapenanso alendo angadyerere chuma chako
ndi phindu la ntchito yako kulemeretsa an-thu ena.
- ¹¹ Potsiriza pa moyo wako udzabuwula,
thupi lako lonse litatheratu.
- ¹² Ndipo udzati, “Mayo ine, ndinkadana ndi
kusunga mwambo!
Mtima wanga unkanyoza chidzudzulo!
- ¹³ Sindinamvere aphunzitsi anga
kapena alangizi anga.
- ¹⁴ Ine ndatsala pang’ono kuti ndiwonongeke
pakati pa msonkhano wonse.”
- ¹⁵ Imwa madzi a m’chitsime chakochako,
madzi abwino ochokera m’chitsime chako.
- ¹⁶ Kodi akasupe ako azingosefukira m’misewu?
Kodi mitsinje yako izingoyendayenda
m’zipata za mzinda?

- ¹⁷ Mitsinjeyo ikhale ya iwe wekha,
osati uyigawireko alendo.
- ¹⁸ Yehova adalitse kasupe wako,
ndipo usangalale ndi mkazi wa unyamata
wako.
- ¹⁹ Iye uja ali ngati mbalale yayikazi yokongola
ndiponso ngati gwape wa maonekedwe
abwino.
Ukhutitsidwe ndi mawere ake nthawi zonse,
ndipo utengeke ndi chikondi chake nthawi
zonse.
- ²⁰ Mwana wanga, n'chifukwa chiyani ukukopeka
ndi mkazi wachigololo?
Bwanji ukukumbatira mkazi wachilendo?
- ²¹ Pakuti mayendedewe onse a munthu Yehova
amawaona,
ndipo Iye amapenyetsetsa njira zake zonse.
- ²² Ntchito zoyipa za munthu woyipa zimamukola
yekha;
zingwe za tchimo lake zimamumanga yekha.
- ²³ Iye adzafa chifukwa chosowa mwambo,
adzasocheretsedwa chifukwa cha uchitsiru
wake waukulu.

6*Za Moyo wa Uchitsiru*

- ¹ Mwana wanga, ngati wamuperekera mnansi
wako chikole,
ngati walonjeza kumulipirira mlendo,
- ² ngati wagwidwa ndi zimene iwe unanena,
wakodwa ndi mawu a m'kamwa mwako.
- ³ Tsono popeza iwe mwana wanga

- wadziponya m'manja mwa mnansi wako,
chita izi kuti udzipulumutse:
pita msanga ukamupemphe mnansi wako;
kuti akumasule!
- ⁴ Usagone tulo,
usawodzere.
- ⁵ Dzipulumutse monga imachitira mphoyo
m'dzanja la mlenje,
ndi monga imachitira mbalame mu msam-
pha wa munthu wosaka.
- ⁶ Pita kwa nyerere, mlesi iwe;
kaonetsetse njira zake kuti uphunzirepo
kanthu!
- ⁷ Zilibi mfumu,
zilibi woyang'anira kapena wolamulira,
- ⁸ komabe zimasungiratu chakudya chake nthawi
ya chilimwe
ndipo zimatuta chakudyacho nthawi
yokolola.
- ⁹ Kodi uzingogonabe pamenepo mpaka liti mlesi
iwe?
Kodi tulo tako tidzatha liti?
- ¹⁰ Ukati ndingogona pang'ono, ndingowodzera
pang'ono
ndingopinda manjawa pang'ono kuti
ndipumule,
- ¹¹ umphawi udzakugwira ngati mbala
ndipo usiwa udzafika ngati munthu
wachifwamba.
- ¹² Munthu wachabechabe, munthu woyipa,

amangoyendayenda ndi kumayankhula
 zoyipa,
¹³ amatsinzinira maso ake,
 namakwakwaza mapazi ake
 ndi kulozaloza ndi zala zake,
¹⁴ amalingalira zoyipa ndi mtima wake
 wachinyengo
 ndipo nthawi zonse amangokhalira kuyam-
 bitsa mikangano pakati pa anthu.

¹⁵ N'chifukwa chake tsoka lidzamugwera
 modzidzimutsa;
 adzawonongeka msangamsanga popanda
 chomupulumutsa.

¹⁶ Pali zinthu zisanu ndi chimodzi zimene Yehova
 amadana nazo,
 zinthu zisanu ndi ziwiri zimene zimamun-
 yansa:

¹⁷ maso onyada,
 pakamwa pabodza,
 manja akupha munthu wosalakwa,
¹⁸ mtima wokonzekera kuchita zoyipa,
 mapazi othamangira msanga ku zoyipa,
¹⁹ mboni yonama yoyankhula mabodza
 komanso munthu amene amayambitsa
 mikangano pakati pa abale.

Chenjezo pa za Chigololo

- ²⁰ Mwana wanga, usunge malamulo a abambo
 ako;
 ndipo usataye zimene anakuphunzitsa
 amayi ako.
²¹ Zimenezi uzimatirire pa mtima pako masiku
 onse,

- uzimangirire m'khosi mwako.
- ²² Ucamayenda, zidzakulozera njira;
 ukugona, zidzakulondera;
 ukudzuka, zidzakuyankhula.
- ²³ Paja malamulo awa ali ngati nyale,
 malangizowa ali ngati kuwunika,
 ndipo chidzudzulo cha mwambo ndiwo
 moyo weniweni,
- ²⁴ kukupulumutsa kwa mkazi wadama,
 zimenezi zidzakutchinjiriza kwa mkazi
 wadama, ndi kukuthandiza kuti
 usamvere mawu oshashalika a mkazi
 wachiwerewere.
- ²⁵ Mu mtima wako usakhumbire kukongola
 kwake,
 asakukope ndi zikope zake,
- ²⁶ paja mkazi wadama amakusandutsa kukhala
 ngati nyenyeswa za buledi
 ndipo mkazi wa mwini wake amasokonezer-
 atu moyo wako wonse.
- ²⁷ Kodi munthu angathe kutenga moto
 zovala zake osapsa?
- ²⁸ Kodi munthu angathe kuyenda pa makala
 amoto
 mapazi ake osapserera?
- ²⁹ Ndizo zimachitikira munthu amene amago-
 nana ndi mkazi wa munthu wina.
 Aliyense wokhudza mkazi wotere adza-
 langidwa.
- ³⁰ Paja anthu sayinyoza mbala ikaba
 chifukwa chakuti ili ndi njala.

- ³¹ Komabe ngati mbalayo igwidwa iyenera
kulipira kasanu n'kawiri,
ngakhale kulandidwa katundu wa
m'nyumba mwake.
- ³² Munthu wochita chigololo ndi wopanda nzeru.
Wochita zimenezi amangodziwononga
yekha.
- ³³ Adzalandira mabala ndi m'nyozo,
ndipo manyazi ake sadzamuchokera.
- ³⁴ Paja nsanje imachititsa mwini mkaziyo
kukalipa,
ndipo sadzachita chifundo pobwezera.
- ³⁵ Iye savomera dipo lililonse;
sangapepesoke ngakhale umupatse mphatso
zochuluuka motani.

7

Za Mkazi Wachigololo

- ¹ Mwana wanga, mvera mawu anga;
usunge bwino malamulo angawa.
- ² Utsate malamulo anga ndipo udzakhala ndi
moyo;
samala malangizo angawa monga uchitira
ndi maso ako.
- ³ Uchite ngati wawamangirira pa zala zako,
ndiponso ngati kuti wawalemba pa mtima
pako.
- ⁴ Nzeru uyiwuze kuti, “Iwe ndiwe mlongo
wanga,”
ndipo khaliidwe lomvetsa bwino zinthu
ulitchule kuti, “Bwenzi langa lapamtima.”
- ⁵ Zidzakuteteza kwa mkazi wachigololo

ndiponso zidzakuthandiza kusamvera
mawu oshashalika a mkazi wachilendo.

- 6 Tsiku lina pa zenera la nyumba yanga
ndinasuzumira pa zenera.
- 7 Ndinaona pakati pa anthu opusa,
pakati pa anyamata,
mnyamata wina wopanda nzeru.
- 8 Iye ankayenda njira yodutsa pafupi ndi
nyumba ya mkaziyo,
kuyenda molunjika nyumba ya mkaziyo.
- 9 Inali nthawi yachisisira madzulo,
nthawi ya usiku, kuli mdima.
- 10 Ndipo mkaziyo anadzakumana naye,
atavala ngati munthu wachiwerewere wa
mtima wonyenga.
- 11 (Mkaziyo ndi wolongolola ndiponso
nkhutukumve,
iye ndi wosakhazikika pa khomo.
- 12 Mwina umupeza pa msewu, mwina umupeza
pa msika,
ndipo amadikirira munthu pa mphambano
iliyonse).
- 13 Tsono amagwira mnyamatayo ndi kupsomp-
sona
ndi nkhope yake yopanda manyazi ama-
muuza kuti,
- 14 “Ndinayenera kuperekwa nsembe zachiyanjano.
Lero ndakwanirtsa malumbiro anga.
- 15 Choncho ndinabwera kudzakumana nawe;
ndinkakufunafuna ndipo ndakupeza!

- 16 Pa bedi panga ndayalapo
nsalu zosalala zokongola zochokera ku
Igupto.
- 17 Pa bedi panga ndawazapo zonunkhira
za mure, mafuta onunkhira a aloe ndi sina-
moni.
- 18 Bwera, tiye tikhale malo amodzi kukondwer-
era chikondi mpaka mmawa;
tiye tisangalatsane mwachikondi!
- 19 Mwamuna wanga kulibe ku nyumbako;
wapita ulendo wautali:
- 20 Anatenga thumba la ndalama
ndipo adzabwera ku nyumba mwezi
ukakhwima.”
- 21 Ndi mawu ake onyengerera amamukakamiza
mnyamatayo;
amukopa ndi mawu ake oshashalika.
- 22 Nthawi yomweyo chitsiru chimamutsatira
mkaziyo
ngati ng’ombe yopita kukaphedwa,
monga momwe mbawala ikodwera mu msam-
pha,
- 23 mpaka muvi utalasa chiwindi chake,
chimakhala ngati mbalame yothamangira
m’khwekhwe,
osadziwa kuti moyo wake uwonongeka.
- 24 Tsono ana inu, ndimvereni;
mvetssetsani zimene ndikunena.
- 25 Musatengeke mtima ndi njira za mkazi
ameneyu;
musasochere potsata njira zake.
- 26 Paja iye anagwetsa anthu ambiri;

wapha gulu lalikulu la anthu.

- ²⁷ Nyumba yake ndi njira yopita ku manda,
yotsikira ku malo a anthu akufa.

8

Nzeru Ikuyitana

- ¹ Kodi nzeru sikuyitana?
Kodi nzeru yomvetsa zinthu sinakweze
mawu ake?
- ² Nzeru imayima pa zitunda m'mbali mwa njira,
imayima pa mphambano ya misewu.
- ³ Imafuwula pafupi ndi zipata zolowera mu
mzinda,
pa makomo olowera imafuwula kuti,
- ⁴ Inu anthu, ndikuyitana inu;
ndikuyitanatu anthu onse.
- ⁵ Inu amene simudziwa kanthunu khalani
ochenjera;
inu amene ndi opusa, khalani ndi mtima
womvetsa zinthu.
- ⁶ Mverani, pakuti ndikukuwuzani zinthu zofu-
nika kwambiri;
ndatsekula pakamwa panga ndipo
payankhula zolungama.
- ⁷ Pakamwa panga pamayankhula zoona
ndimanyansidwa ndi kuyankhula zoyipa.
- ⁸ Mawu onse a pakamwa panga ndi olungama;
m'mawu angawo mulibe zokhotakhota
kapena zopotoka.
- ⁹ Kwa anthu ozindikira, mawu anga onse ndi
woona;
kwa anthu amene ali ndi nzeru zomvetsa
zinthu, mawu angawo ndi okhoza.

- ¹⁰ Landirani malangizo anga m'malo mwa siliva,
nzeru zomvetsa zinthu m'malo mwa golide
wabwino.
- ¹¹ Paja nzeru ndi yabwino kwambiri kuposa
miyala yamtengowapatali,
ndipo zonse zimene ungazifune
sizingafanane ndi nzeru.
- ¹² Ine nzeru, ndimakhala pamodzi ndi kuchen-
jera.
Ine ndimadziwa zinthu ndiponso ndimalin-
galira zinthu bwino.
- ¹³ Kuopa Yehova ndiko kudana ndi zoypa.
Ine ndimadana ndi kunyada, kudzitama,
kuchita zoypa, ndiponso kuyankhula
zonyenga.
- ¹⁴ Ndine mwini uphungu ndi maganizo abwino;
ndili ndi nzeru yomvetsa zinthu ndiponso
mphamvu.
- ¹⁵ Ndine amene ndimathandiza mafumu kula-
mulira.
Ndimawathandiza olamulira kukhazikitsa
malamulo olungama.
- ¹⁶ Ndine amene ndimathandiza akalonga pola-
mula.
Ndinenso amene ndimathandiza akuluakulu
onse kulamulira bwino dziko.
- ¹⁷ Ndimakonda amene amandikonda,
ndipo amene amandifunafuna amandipeza.
- ¹⁸ Ine ndili ndi chuma ndi ulemu,
chuma ndi kupindula pa ntchito kok-
hazikika.
- ¹⁹ Chipatso changa ndi chabwino kuposa golide,
ngakhale golide wosalala;

- zimene ine ndimabereka zimaposa siliva
wabwino kwambiri.
- 20 Ndimachita zinthu zolungama.
Ine sindipatuka m'njira za chilungamo.
- 21 Ndimaperekwa chuma kwa amene
amandikonda
ndi kudzaza nyumba zawo zosungiramo
chuma.
- 22 "Yehova anandilenga ine nzeru monga ntchito
yake yoyamba.
Mwa ntchito zake zakalekale yoyamba ndi-
nali ine.
- 23 Ndinapangidwa kalekalelo,
pachiyambi penipeni dziko lapansi
lisanalengedwe.
- 24 Nyanja, akasupe odzaza ndi madzi,
zonsezi kulibe pamene ine ndinkabadwa.
- 25 Mapiri asanakhazikitsidwe pa malo awo,
mapiri ang'onoang'ono asanakhalepo, ine
ndinali nditabadwa kale,
- 26 lisanalengedwe dziko lapansi ndi minda yake;
lisanalengedwe dothi loyamba la dziko la-
pansi.
- 27 Ine ndinalipo pamene Yehova ankakhazikitsa
mlengalenga,
pamene ankalemba malire a nyanja yozama,
- 28 pamene anakhazikitsa mitambo ya mlen-
galenga
ndi kukhazikitsa akasupe a madzi ozama,
- 29 pamene anayikira nyanja malire
kuti madzi asadutse malirewo,

ndiponso pamene ankayika malire a dziko la-pansi.

³⁰ Tsono ine ndinali pambali pake ngati mmisiri; ndikumukondweretsa tsiku ndi tsiku, kusangalala nthawi zonse pamaso pake.
³¹ Ndinkasangalala ndi dziko lake lonse ndiponso kumakondwera nawo anthu onse.”

³² “Ndiye tsono ana inu, ndimvereni; odala anthu amene amasunga njira zanga.

³³ Mverani malangizo anga kuti mukhale ndi nzeru; musanyozere mawu anga.

³⁴ Wodala munthu amene amandimvera, amene amakhala pa khomo panga tsiku ndi tsiku, kudikirira pa chitseko changa.

³⁵ Paja aliyense amene apeza ine wapeza moyo ndipo Yehova amamukomera mtima.

³⁶ Koma amene alephera kundipeza, amadzip-weteka yekha; onse amene amandida amakonda imfa.”

9

Za Nzeru ndi Uchitsiru

¹ Nzeru inamanga nyumba yake; inayimika nsanamira zake zisanu ndi ziwiri.

² Inapha ziweto zake ndipo yasanakiza vinyo wake; inasanakiza vinyo wake ndi kuyala tebulo lake.

³ Nzeruyo inatuma adzakazi ake,

- kuti akakhale pamwamba penipeni pa
mzinda ndi kukalengeza kuti,
- 4** “Aliyense amene ali munthu wamba, abwere
kuno!”
Kwa onse opanda nzeru inkana kuti,
- 5** “Bwerani, dzadyeni chakudya changa
ndipo dzamweni vinyo amene ndakonza.
- 6** Lekani zopusa zanu kuti mukhale ndi moyo;
yendani njira ya nzeru yomvetsa zinthu.”
- 7** Aliyense amene amayesa kukonza munthu
wonyoza amadziputira minyozo;
aliyense amene amadzudzula munthu
woyipa amadetsa mbiri yake.
- 8** Usadzudzule munthu wonyoza kuti
angadzadane nawe;
dzudzula munthu wanzeru ndipo adza-
kukonda.
- 9** Ukalangiza munthu wanzeru ndiye adzapitirira
kukhala wanzeru;
ukaphunzitsa munthu wolungama ndiye
adzawonjezera kuphunzira kwake.
- 10** Kuopa Yehova ndiye chiyambi cha nzeru;
kudziwa Woyerayo ndiko kukhala womvetsa
bwino zinthu.
- 11** Chifukwa cha ine nzeru, masiku ako adzachu-
luka,
ndipo zaka za moyo wako zidzawonjez-
eredwa.
- 12** Ngati ndiwe wanzeru, nzeru yakoyo idza-
kupindulitsa;
ngati ndiwe wonyoza ena, udzavutika
wekha.

- ¹³ Uchitsiru ndi mkazi waphokoso,
wopolikira ndiponso wosadziwa zinthu.
- ¹⁴ Iye amakhala pa mpando, pa khomo la
nyumba yake,
pamalo aatali a mu mzinda,
- ¹⁵ kuti aziyitana anthu ongodutsa,
amene akunka nayenda njira zawo.
- ¹⁶ Amati, “Onse amene ndi anthu wamba abwere
kuno,”
ndipo kwa wopanda nzeru amati,
- ¹⁷ “Madzi akuba ndiye amatsekemera;
chakudya chodya mobisa ndi chokoma!”
- ¹⁸ Koma amunawo sadziwa kuti akufa ali kale
komweko,
ndi kuti alendo ake aloya kale m'manda
akuuya.

10

Miyambo ya Solomoni

- ¹ Miyambo ya Solomoni:
Mwana wanzeru amakondweretsa abambo ake,
koma mwana wopusa amamvetsa amayi ake
chisoni.
- ² Chuma chochipeza mwachinyengo sichipin-
dulitsa,
koma chilungamo chimapulumutsa ku imfa.
- ³ Yehova salola kuti munthu wolungama
azikhala ndi njala;
koma amalepheretsa zokhumba za anthu
oyipa.

- ⁴ Wochita zinthu mwaulesi amasauka,
 koma wogwira ntchito mwakhama amale-
 mera.
- ⁵ Amene amakolola nthawi yachilimwe ndi
 mwana wanzeru,
 koma amene amangogona nthawi yokolola
 ndi mwana wochititsa manyazi.
- ⁶ Madalitso amakhala pa mutu wa munthu wol-
 ungama,
 koma pakamwa pa munthu woyipa
 pamaphimba chiwawa.
- ⁷ Munthu wolungama anzake adzamukum-
 bukira ngati mdalitso,
 koma dzina la munthu woyipa lidzayiwalika.
- ⁸ Munthu wa mtima wanzeru amasamala mala-
 mulo,
 koma chitsiru chomangolongolola chidza-
 wonongeka.
- ⁹ Munthu woyenda mwangwiro amayenda
 mosatekeseka;
 koma amene amayenda njira yokhotakhota
 adzadziwika.
- ¹⁰ Aliyense wotsinzinira maso mwachinyengo
 amabweretsa mavuto,
 koma wodzudzula chitsiru molimba mtima
 amabweretsa mtendere.
- ¹¹ Pakamwa pa munthu wolungama ndi kasupe
 wamoyo,

koma pakamwa pa munthu woyipa pam-abisa chiwawa.

¹² Udani umawutsa mikangano,
koma chikondi chimaphimba zolakwa zonse.

¹³ Nzeru imapezeka pa milomo ya munthu wozindikira zinthu,
koma pa msana pa munthu wopanda nzeru sipachoka chikwapu.

¹⁴ Anzeru amasunga chidziwitso
koma pakamwa pa chitsiru pamatulutsa zowononga.

¹⁵ Chuma cha munthu wolemera
ndiye chitetezo chake; koma umphawi ndiye chiwonongeko cha osauka.

¹⁶ Moyo ndiye malipiro a munthu wolungama,
koma phindu la anthu oyipa ndi uchimo ndi imfa.

¹⁷ Wosamalira malangizo amayenda m'njira ya moyo,
koma wonyoza chidzudzulo amasochera.

¹⁸ Amene amabisa chidani chake ndi munthu wonama,
ndipo amene amafalitsa miseche ndi chitsiru.

¹⁹ Mawu akachuluka zolakwa sizisowa,

koma amene amasunga pakamwa pake ndi wanzeru.

- 20 Mawu a munthu wolungama ali ngati siliva wabwino kwambiri,
koma mtima wa munthu woyipa ndi wopanda phindu.
- 21 Milomo ya anthu olungama imalimbikitsa ambiri;
koma chitsiru chimafa chifukwa chosowa nzeru.
- 22 Mdalitso wa Yehova ndiwo umabweretsa chuma,
ntchito za munthu siziwonjezerapo kanthu.
- 23 Kwa chitsiru kuchita zinthu zoyipa ndiye chinthu chomusangalatsa,
koma kwa munthu womvetsa bwino zinthu nzeru ndiyo imamusangalatsa.
- 24 Chimene munthu woyipa amachiopa chidza-muchitikira;
chimene munthu wolungama amachi-lakalaka adzachipeza.
- 25 Pamene namondwe wawomba, anthu oyipa amachotsedwa,
koma anthu olungama amakhazikika mpaka muyaya.
- 26 Momwe amakhalira vinyo wosasa m'kamwa ndi momwe umakhalira utsi m'maso,

ndi momwenso amakhalira munthu waulesi
kwa amene amutuma.

²⁷ Kuopa Yehova kumatalikitsa moyo;
koma zaka za anthu oyipa zidzafupikitsidwa.

²⁸ Chiyembekezo cha olungama chimapatsa
chimwemwe,
koma chiyembekezo cha anthu ochimwa
chidzafera m'mazira.

²⁹ Njira za Yehova ndi linga loteteza anthu ochita
zabwino,
koma wochita zoyipa adzawonongeka.

³⁰ Munthu wolungama sadzachotsedwa, pamalo
pake
koma oyipa sadzakhazikika pa dziko.

³¹ Pakamwa pa munthu wolungama pamatulutsa
za nzeru,
koma lilime lokhota lidzadulidwa.

³² Milomo ya anthu olungama imadziwa zoyer-
era kuyankhula,
koma pakamwa pa anthu ochimwa pamatu-
lutsa zokhota zokhazokha.

11

¹ Muyeso wachinyengo Yehova umamunyansa,
koma amakondwera ndi muyeso woyenera.

² Kunyada kukalowa, pamacifikano manyazi,

koma pamene pali kudzichepetsa
pameneponso pali nzeru.

- ³ Ungwiro wa anthu olungama umawatsogolera,
koma anthu osakhulupirika amawonongeka
ndi chinyengo chawo.
- ⁴ Chuma sichithandiza pa tsiku lawukali wa
Mulungu,
koma chilungamo chimapulumutsa ku imfa.
- ⁵ Chilungamo cha anthu angwiro chimawongol-
era moyo wawo,
koma ntchito zoyipa zimagwetsa mwini
wake yemweyo.
- ⁶ Chilungamo cha anthu oyera mtima chimawa-
pulumutsa,
koma anthu onyenga adzagwidwa ndi zi-
lakolako zawo zomwe.
- ⁷ Pamene munthu woyipa wafa, chiyembekezo
chake chimathanso.
Chiyembekezo cha munthu wosalungama
chimawonongeka.
- ⁸ Munthu wolungama amapulumutsidwa ku
mavuto,
koma m'malo mwake amagwa m'mavutomo
ndi anthu oyipa.
- ⁹ Munthu wosapembedza amawononga mnansi
wake ndi pakamwa pake,

koma munthu wolungama amapulumuka
chifukwa cha kudziwa zinthu.

- 10 Anthu olungama zinthu zikamawayendera
bwino, mzinda wonse umakondwera,
ndipo oyipa akamawonongeka anthu ama-
fuwula mwachimwemwe.
- 11 Mzinda umakwezeka chifukwa cha madalitso
a anthu oyera mtima,
koma umawonongedwa chifukwa cha
pakamwa pa anthu oyipa.
- 12 Munthu wonyoza mnzake ndi wopanda nzeru,
koma munthu wanzeru zomvetsa zinthu
amakhala chete.
- 13 Amene amanka nachita ukazitape amawulula
zinsinsi;
koma munthu wokhulupirikaamasunga
pakamwa pake.
- 14 Pakasoweka uphungu mtundu wa anthu
umagwa;
koma pakakhala aphungu ambiri pamakha-
lanso chipulumutso.
- 15 Woperekera mlendo chikole adzapeza mavuto,
koma wodana ndi za chikole amakhala pa
mtendere.
- 16 Mkazi wodekha amalandira ulema,
koma amuna ankhanza amangopata chuma.

- 17 Munthu wachifundo amadzipindulira zab-wino
koma munthu wankhanza amadzibw-eretsera mavuto.
- 18 Munthu woyipa amalandira malipiro wopanda phindu,
koma wochita chilungamo amakolola mphotho yeniyeni.
- 19 Munthu wochita za chilungamo amapeza moyo,
koma wothamangira zoyipa adzafa.
- 20 Yehova amanyansidwa ndi anthu a mtima wokhotakhota
koma amakondwera ndi anthu a makhalidwe angwiro.
- 21 Zoonadi, anthu oyipa adzalangidwa,
koma anthu olungama adzapulumuka.
- 22 Monga imaonekera mphete yagolide ikakhala pa mphuno ya nkumba,
ndi momwenso amaonekera mkazi wokongola wam'kamwa.
- 23 Zokhumba za anthu olungama zimathera pa zabwino zokhazokha,
koma chiyembekezo cha anthu oyipa chimathera mu ukali wa Mulungu.
- 24 Munthu wina amapatsako anzake zinthu mwafulu n'kumangolemererabe;

- wina amamana chomwe akanatha ku-pereka, koma kumanka nasawukabe.
- 25 Munthu wopereka mowolowamanja adzale-mera;
iye amene amathandiza ena iyenso adza-thandizidwa.
- 26 Anthu amatemberera womana anzake chakudya,
koma madalitso amakhala pamutu pa munthu amene amagulitsa chakudyacho.
- 27 Iye amene amafunafuna zabwino mwakhama amapeza zabwinozo,
koma wofunafuna zoyipa zidzamupeza.
- 28 Aliyense amene amadalira chuma chake adzafota,
koma wolungama adzaphukira ngati tsamba lobiriwira.
- 29 Wovutitsa a m'nyumba mwake adzalowa m'mavuto,
ndipo chitsiru chidzakhala kapolo wa munthu wa nzeru.
- 30 Chipatso cha ntchito zabwino ndi moyo,
ndipo kusatsata malamulo kuma-wonongetsa moyo.
- 31 Ngati anthu olungama amalandira mphotho zawo pa dziko lapansi,

kuli bwanji anthu osapembedza ndi
ochimwa!

12

- ¹ Munthu amene amakonda mwambo amakonda
kudziwa zinthu,
koma amene amadana ndi chidzudzulo ndi
wopusa.
- ² Munthu wabwino amapeza kuyanja pamaso pa
Yehova,
koma Yehova amatsutsa munthu wochita
chinyengo.
- ³ Munthu sangakhazikike bwino pochita zoyipa,
koma maziko a anthu olungama sadzateke-
seka.
- ⁴ Mkazi wakhalidwe labwino ali ngati chipewa
chaufumu kwa mwamuna wake,
koma mkazi wochititsa manyazi ali ngati
chilonda cha mafinya kwa mwamuna
wake.
- ⁵ Maganizo a anthu olungama ndi owongoka,
koma malangizo a anthu oyipa ndi
achinyengo.
- ⁶ Mawu a anthu oyipa ndi ophetsa,
koma mawu a anthu olungama amapulu-
mutsa.
- ⁷ Anthu oyipa amagonjetsedwa ndipo amayiwa-
lika,

koma nyumba ya anthu olungama idzakhalabe.

- 8 Munthu amatamandidwa malinga ndi nzeru zake,
koma anthu amitima yokhota amanyozedwa.
- 9 N'kwabwino kukhala munthu wonyozeka
koma wodzigwirira ntchito n'kukhala ndi zonse zofunika,
kuposa kukhala wodzikuza koma ulibe ndi chakudya chomwe.
- 10 Munthu wolungama amasamalira moyo wa ziweto zake,
koma chifundo cha munthu woyipa ndi chakhanza.
- 11 Wolima m'munda mwake mwakhama adzakhala ndi chakudya chochuluka,
koma wotsata zopanda pake alibe nzeru.
- 12 Munthu woyipa amalakalaka zofunkha za anthu oyipa,
koma mizu ya anthu olungama imabereka zipatso.
- 13 Munthu woyipa amakodwa mu msampha wa mayankhulidwe ake oyipa;
koma munthu wolungama amatuluka m'mavuto.

- 14 Munthu amakhala ndi zabwino zambiri chifukwa cha mawu ake
ndipo ntchito zimene munthu agwira ndi
manja ake zimamupindulira.
- 15 Zochita za chitsiru mwini wakeyo amaziona
ngati zabwino,
koma munthu wanzeru amamvera malangizo.
- 16 Mkwiyo wa chitsiru umadziwika nthawi
yomweyo,
koma munthu wanzeru sasamala kunyozedwa.
- 17 Woyankhula zonna amapereka umboni
woona,
koma mboni yabodza imafotokoza zonama.
- 18 Munthu woyankhula mosasamala mawu ake
amalasa ngati lupanga,
koma mawu a munthu wanzeru amachiritsa.
- 19 Mawu woona amakhala mpaka muyaya
koma mawu abodza sakhalitsa.
- 20 M'mitima ya anthu amene amakonza zoyipa
muli chinyengo;
koma anthu olimbikitsa za mtendere
amakhala ndi chimwemwe.
- 21 Palibe choyipa chimene chimagwera munthu
wolungama,
koma munthu woyipa mavuto samuthera.

- 22** Pakamwa pa bodza pamamunyansa Yehova,
 koma amakondwera ndi anthu oyankhula
 zonna.
- 23** Munthu wochenjera amabisa nzeru zake,
 koma munthu wopusa amaonetsa uchitsiru
 wake poyerā.
- 24** Ogwira ntchito mwakhama adzalamulira,
 koma aulesi adzakhala ngati kapolo.
- 25** Nkhawa imakhala ngati katundu wolemera
 mu mtima mwa munthu,
 koma mawu abwino amamusangalatsa.
- 26** Munthu wolungama amatsogolera mnansi
 wake,
 koma ntchito za anthu oyipa zi-
 mawasocheretsa.
- 27** Munthu waulesi sapeza chimene akufuna,
 koma munthu wakhama amapeza chuma
 chamtengo wapatali.
- 28** M'njira yachilungamo muli moyo;
 koma njira ya munthu woyipa imafikitsa ku
 imfa.

13

- 1** Mwana wanzeru amamvera malangizo a
 abambo ake,
 koma mwana wonyoza samamvetsera
 chidzudzulo.

- ² Munthu amapeza zinthu zabwino chifukwa cha
mawu ake,
koma anthu osakhulupirika amalakalaka
zachiwawa basi.
- ³ Iye amene amagwira pakamwa pake amateteza
moyo wake,
koma amene amayankhula zopanda pake
adzawonongeka.
- ⁴ Munthu waulesi amakhumbira zinthu koma
sapeza kanthu,
koma munthu wakhama adzalemara.
- ⁵ Munthu wolungama amadana ndi zabodza,
koma zochita za munthu woyipa
zimanyansa ndiponso zimachititsa
manyazi.
- ⁶ Chilungamo chimateteza munthu wangwiyo,
koma tchimo limagwetsa munthu
wochimwa.
- ⁷ Wina amadziyesa kuti ndi wolemera chonsecho
alibe kanthu kalikonse;
munthu wina amaoneka ngati wosauka
chonsecho ali ndi chuma chambiri.
- ⁸ Chuma cha munthu wolemera chitha kuwom-
bola moyo wake,
koma munthu wosauka amamva
chidzudzulo.
- ⁹ Nyale ya munthu wolungama ndi yokondw-
eretsa,

koma nyale ya munthu woyipa imazimit-sidwa.

- 10 Chipongwe chosamalabadirako za anthu ena chimadzetsa mikangano,
koma womva malangizo a anzawo ndiwo ali ndi nzeru.
- 11 Chuma chochipeza mofulumira chidzatha pang'onopang'ono
koma chuma chosonkhanitsidwa pang'onopang'ono chidzachulukirachulu-kira.
- 12 Chinthu chochiyembekezera chikalephereka chimalefula mtima,
koma chinthu chochilakalaka chikachitikadi chimakhala ngati mtengo wamoyo.
- 13 Amene amanyoza malangizo adzawonongeka,
koma amene amasamala lamulo amalandira mphotho.
- 14 Malangizo a munthu wanzeru ali ngati kasupe wamoyo;
amathandiza munthu kuti asakondwe mu msampha wa imfa.
- 15 Munthu wa nzeru zabwino amapeza kuyanja pakati pa anthu,
koma munthu wosakhulupirika adzawonongeka.

- 16 Munthu wochenjera amachita zinthu
mwanzero,
koma chitsiru chimaonetsa poyer uchitsiru
wake.
- 17 Wamthenga woyipa amagwetsa anthu
m'mavuto,
koma nthumwi yodalirika imabweretsa
mtendere.
- 18 Wokana mwambo adzasauka ndi kunyozedwa,
koma wosamala chidzudzulo adzale-
mekezedwa.
- 19 Chinthu chochilakalaka chikachitika chi-
masangalatsa mtima,
koma zitsiru zimadana ndi kuleka zoyipa.
- 20 Woyenda ndi anthu anzeru nayenso adzakhala
wanzero;
koma woyenda ndi zitsiru adzapwetekaka.
- 21 Choyipa chitsata mwini,
koma wochita zolungama adzalandira
mphotho yabwino.
- 22 Munthu wabwino amasiyira zidzukulu zake
cholowa,
koma chuma cha munthu wochimwa
amachilandira ndi olungama.
- 23 Tsala la munthu wosauka limalola chakudya
chambiri,
koma anthu opanda chilungamo amachi-
landa.

- 24** Amene sakwapula mwana wake, ndiye kuti amamuda,
koma wokonda mwana wake sazengereza kumulanga.
- 25** Munthu wolungama amakhala ndi zakudya zoti adye n'kukhuta,
koma m'mimba mwa munthu woyipa mu-makhala pululu ndi njala.

14

- 1** Mkazi wanzeru amamanga banja lake,
koma mkazi wopusa amalimasula ndi manja ake omwe.
- 2** Amene amayenda molungama amaopa Yehova,
koma amene njira zake ndi zoyipa amanyoza Yehova.
- 3** Kuyankhula kwa chitsiru kumamuyitanira ndodo pa msana,
koma milomo ya munthu wanzeru imamuteteza.
- 4** Pakasowa ng'ombe zolima gome limakhala lopanda chakudya,
koma pakakhala ng'ombe zamphamu za-kudya zimachulukango.
- 5** Mboni yokhulupirika sinama,
koma mboni yonyenga imayankhula zabodza.

- ⁶ Wonyoza anzake amafunafuna nzeru koma osayipeza,
koma munthu womvetsa bwino amadziwa zinthu msanga.
- ⁷ Khala kutali ndi munthu wopusa chifukwa sudzapeza mawu a nzeru.
- ⁸ Nzeru za munthu wochenjera zagona pakuzindikira njira zake.
Koma uchitsiru wa zitsiru umapusitsidwa ndi chinyengo chawo chomwe.
- ⁹ Zitsiru zimanyoza za kulapa machimo, awo,
koma kufuna kwabwino kumapezeka mwa anthu olungama.
- ¹⁰ Mtima uliwonse umadziwa wokha zowawa zake,
ndipo palibe wina aliyense angadziwe kukondwa kwake.
- ¹¹ Nyumba ya munthu woyipa idzapasuka,
koma tenti ya munthu wowongoka mtima idzakhazikika.
- ¹² Pali njira ina yooneka ngati yabwino kwa munthu,
koma kumatsiriziro kwake ndi ku imfa.
- ¹³ Ngakhale poseka mtima utha kumva kuwawa,
ndipo mathero achimwemwe akhoza kukhala chisoni.

- 14** Munthu wosakhulupirika adzalandira zogwirizana ndi ntchito yake,
 koma munthu wabwino adzalandira mphotho ya ntchito yake.
- 15** Munthu wopusa amakhulupirira chilichonse,
 koma munthu wochenjera amaganizira bwino mayendedwe ake.
- 16** Munthu wanzeru amaopa Mulungu ndipo amapewa zoypa,
 koma munthu wopusa ndi wokula mtima amakhala wosasamala.
- 17** Munthu wopsa mtima msanga amachita zinthu za uchitsiru,
 ndipo anthu amadana ndi munthu wachinyengo.
- 18** Anthu opusa amalandira uchitsiru,
 koma anthu ochenjera amavekedwa chipewa cha ulemerero wa kudziwa zinthu.
- 19** Anthu oyipa adzagwada pamaso pa anthu abwino,
 ndipo anthu oyipa adzapempha thandizo kwa anthu olungama.
- 20** Munthu wosauka ngakhale anansi ake omwe amamuda,
 koma munthu wolemera ali ndi abwenzi ambiri.

- ²¹ Wonyoza mnansi wake ndi wochimwa
 koma ndi wodala amene amachitira chi-
 fundo anthu osowa.
- ²² Kodi amene amakonzekera zoyipa sasochera?
 Koma amene amakonzekera zabwino anthu
 amawaonetsa chikondi ndi kukhulupirika.
- ²³ Ntchito iliyonse imakhala ndi phindu,
 koma kuyankhulayankhula kumabweretsa
 umphawi.
- ²⁴ Chipewa chaulemu cha anthu a nzeru ndi
 chuma chawo chomwe,
 koma malipiro a zitsiru ndi uchitsiru.
- ²⁵ Mboni yokhulupirika imapulumutsa miyoyo,
 koma mboni yabodza imaphetsa.
- ²⁶ Amene amaopa Yehova ali ndi chiterezo chok-
 wanira
 ndipo iye adzakhala pothawira pa ana ake.
- ²⁷ Kuopa Yehova ndiye kasupe wamoyo,
 kumathandiza munthu kuti apewe msam-
 pha wa imfa.
- ²⁸ Gulu lalikulu la anthu ndiye ulemerero wa
 mfumu,
 koma popanda anthu kalonga ama-
 wonongeka.
- ²⁹ Munthu wosapsa mtima msanga amamvetsa
 zinthu kwambiri,

koma munthu wopsa mtima msanga
amaonetsa uchitsiru wake.

- ³⁰ Mtima wodekha umapatsa thupi moyo,
koma nsanje imawoletsa mafupa.
- ³¹ Amene amapondereza m'mphawi amanyoza
mlengi wake,
koma wochitira chifundo munthu wosowa
amalemekeza Mulungu.
- ³² Anthu oyipa adzakanthidwa chifukwa cha
ntchito zawo zomwe,
koma olungama adzatetizedwa mwa imfa
yawo.
- ³³ Nzeru zimakhala mu mtima mwa anthu
omvetsa zinthu,
koma nzeru sipezeka mu mtima mwa zitsiru.
- ³⁴ Chilungamo chimakweza mtundu wa anthu,
koma uchimo umachititsa manyazi mtundu
uliwonse.
- ³⁵ Mfumu imasangalatsidwa ndi wantchito
wanzeru,
koma imachitira ukali wantchito wochititsa
manyazi.

15

- ¹ Kuyankha kofatsa kumathetsa mkwiyo,
koma mawu ozaza amautsa ukali.
- ² Munthu wanzeru amayankhula zinthu za
nzeru,

koma pakamwa pa zitsiru pamatulutsa za
uchitsiru.

- ³ Maso a Yehova ali poneponse,
amayang'ana pa oyipa ndi abwino omwe.
- ⁴ Kuyankhula kodekha kuli ngati mtengo
wopatsa moyo,
koma kuyankhula kopotoka kumapweteka
mtima.
- ⁵ Chitsiru chimanyoza mwambo wa abambo ake,
koma wochenjera amasamala chidzudzulo.
- ⁶ Munthu wolungama amakhala ndi chuma
chambiri,
zimene woyipa amapindula nazo zimamug-
wetsa m'mavuto.
- ⁷ Pakamwa pa anthu anzeru pamafalitsa nzeru;
koma mitima ya zitsiru sitero.
- ⁸ Nsembe za anthu oyipa zimamunyansa Yehova,
koma amakondwera ndi pemphero la anthu
owona mtima.
- ⁹ Ntchito za anthu oyipa zimamunyansa Yehova
koma amakonda amene amafunafuna
chilungamo.
- ¹⁰ Amene amasiya njira yabwino adzalangidwa
koopsa.
Odana ndi chidzudzulo adzafa.

- 11 Manda ndi chiwonongeko ndi zosabisika pa-maso pa Yehova,
nanji mitima ya anthu!
- 12 Wonyoza sakonda kudzudzulidwa;
iye sapita kwa anthu anzeru.
- 13 Mtima wokondwa umachititsa nkhope
kukhala yachimwemwe,
koma mtima wosweka umawawitsa moyo.
- 14 Mtima wa munthu wozindikira zinthu umafuna nzeru,
koma pakamwa pa zitsiru pamadya uchitsiru wawo.
- 15 Munthu woponderezedwa masiku ake onse
amakhala oyipa,
koma mtima wachimwemwe umakhala pa
chisangalalo nthawi zonse.
- 16 Kuli bwino kukhala ndi zinthu pang'ono
n'kumaopa Yehova,
kusiyana ndi kukhala ndi chuma chambiri
uli pamavuto.
- 17 Kuli bwino kudyera ndiwo zamasa
pamene pali chikondi,
kusiyana ndi kudyera nyama yang'ombe
yonenepa pamene pali udani.
- 18 Munthu wopsa mtima msanga amayambitsa
mikangano,

koma munthu woleza mtima amathetsa ndewu.

- 19 Njira ya munthu waulesi ndi yowirira ndi mtengo waminga,
koma njira ya munthu wolungama ili ngati msewu waukulu.
- 20 Mwana wanzeru amakondweretsa abambo ake,
koma mwana wopusa amanyoza amayi ake.
- 21 Uchitsiru umakondweretsa munthu wopanda nzeru,
koma munthu womvetsa zinthu amayenda mowongoka.
- 22 Popanda uphungu zolina zako munthu zimalephereka,
koma pakakhala aphungu ambiri zolina zimatheka.
- 23 Munthu amakondwera ndi kuyankha koyenera,
ndipo mawu onena pa nthawi yake ndi okoma.
- 24 Munthu wanzeru amatsata njira yopita ku moyo
kuti apewe malo okhala anthu akufa.
- 25 Yehova amapasula nyumba ya munthu wonyada
koma amasamalira malo a mkazi wamasiye.

- 26 Maganizo a anthu oyipa amamunyansa Yehova,
 koma mawu a anthu oyera mtima amamu-sangalatsa.
- 27 Munthu wofuna phindu mwachinyengo amavutitsa banja lake,
 koma wodana ndi ziphuphu adzakhala ndi moyo.
- 28 Munthu wolungama amaganizira za mmene ayankhire,
 koma pakamwa pa munthu woyipa pamatu-lutsa mawu oyipa.
- 29 Yehova amakhala kutali ndi anthu oyipa,
 koma amamva pemphero la anthu ol-ungama.
- 30 Kuwala kwa maso kumasangalatsa mtima ndipo uthenga wabwino umalimbitsa munthu.
- 31 Womvera mawu a chidzudzulo amene apatsa moyo
 adzakhala pakati pa anthu anzeru.
- 32 Amene amanyoza mwambo amadzinyoza yekha,
 koma womvera mawu a chidzudzulo amapeza nzeru zomvetsa zinthu.
- 33 Kuopa Yehova kumaphunzitsa munthu nzeru,

ndipo kudzichepetsa ndi ulemu chili patso-golo ndi kudzichepetsa.

16

- ¹ Zolina za mu mtima ndi za munthu,
koma kwa Yehova ndiye kumachokera
yankho.
- ² Zochita zonse za munthu zimaoneka zabwino
pamaso pake,
koma Yehova ndiye amasanthula zolina
zako.
- ³ Pereka ntchito zako zonse m'manja mwa
Yehova,
ndipo zolina zako zidzachitikadi.
- ⁴ Yehova amachita zonse ndi cholinga chake,
ngakhale anthu oyipa kuti aone tsiku lat-soka.
- ⁵ Munthu aliyense wodzikuza amamunyansa
Yehova.
Koma dziwani izi: Iwo sadzakhala os-alangidwa.
- ⁶ Chifukwa cha chikondi chosasinthika ndi
kukhulupirika, munthu amakhululukidwa
machimo ake;
chifukwa cha kuopa Yehova munthu
amapewa zoypa.
- ⁷ Pamene makhalidwe a munthu akondweretsa
Yehova,

ngakhale adani ake amakhala naye mwa mtendere.

- ⁸ Kuli bwino kukhala ndi zinthu pang'ono zozipeza mwachilungamo,
kusiyana ndi kukhala ndi zinthu zambiri zozipeza popanda chilungamo.
- ⁹ Mtima wa munthu umalingalira zochita,
koma Yehova ndiye amakhazikitsa njira zake.
- ¹⁰ Mawu a mfumu ali ngati mawu ochokera kwa Mulungu;
ndipo pakamwa pake sipalakwa poweruza mlandu.
- ¹¹ Miyeso ndi masikelo achilungamo zimachok-era kwa Yehova;
miyala yonse yoyesera ya m'thumba anayipanga ndi Yehova.
- ¹² Kuchita zoypa kumanyansa mafumu,
pakuti chilungamo ndiye maziko a ufumu wake.
- ¹³ Mawu owona amakondweretsa mfumu.
Iyo imakonda munthu woyankhula choonadi.
- ¹⁴ Ukali wa mfumu ndi mthenga wa imfa,
koma munthu wanzeru amawupepesa ukaliwo.

- 15 Kuwala kwa nkhopo ya mfumu kumapatsa moyo;
 ndipo kukoma mtima kwake kuli ngati mitambo ya mvula nthawi ya chilimwe.
- 16 N'kwabwino kwambiri kupeza nzeru kupambana golide.
 Kukhala womvetsa bwino zinthu n'kwabwino kupambana ndi kukhala ndi siliva.
- 17 Msewu wa munthu wowongoka mtima umapewa zoyipa;
 wopenyetsetsa kumene akupita amasunga moyo wake.
- 18 Kunyada kumafikitsa ku chiwonongeko,
 ndipo munthu wodzikuza adzagwa.
- 19 N'kwabwino kukhala ndi mtima wodzichep-etsa pakati pa anthu oponderezedwa,
 kusiyana ndi kugawana zolanda ndi anthu onyada.
- 20 Munthu womvera malangizo zinthu zima-muyendera bwino,
 ndipo wodala ndi amene amadalira Yehova.
- 21 A mtima wanzeru amatchedwa ozindikira zinthu,
 ndipo mawu ake okoma amawonjezera nzeru.

- ²² Kumvetsa zinthu ndi kasupe wa moyo kwa iwo
amene ali nako,
koma uchitsiru umabweretsa chilango kwa
zitsiru.
- ²³ Mtima wanzeru umathandiza munthu
kuyankhula mwa nzeru,
ndipo mawu ake amawonjezera nzeru.
- ²⁴ Mawu okometsera ali ngati chisa cha njuchi,
amakoma mu mtima ndipo amalimbitsa
thupi.
- ²⁵ Pali njira ina yooneka ngati yowongoka kwa
munthu
koma kumatsiriziro kwake ndi imfa.
- ²⁶ Njala ya munthu wantchito imamuthandiza
kulimbikira;
njalayo imamukakamiza kuchitapo kanthu.
- ²⁷ Munthu wopanda pake amakonzekera kuchita
zoyipa
ndipo mawu ake ali ngati moto wopsereza.
- ²⁸ Munthu woyipa mtima amayambitsa
mikangano,
ndipo miseshe imalekanitsa anthu okon-
dana kwambiri.
- ²⁹ Munthu wandewu amakopa mnansi wake,
ndipo amamuyendetsa njira imene si yab-
wino.

- 30 Amene amatsinzinira maso ake amalingalira
zinthu zokhota;
amene amachita msunamo amakonzeka ku-
chita zoypa.
- 31 Imvi zili ngati chipewa chaufumu chaule-
merero;
munthu amazipeza akakhala moyo wol-
ungama.
- 32 Munthu wosapsa mtima msanga amaposa
munthu wankhondo,
munthu wowugwira mtima wake amaposa
amene amalandia mzinda.
- 33 Maere amaponyedwa pa mfunga,
koma ndiye Yehova amene amalongosola
zonse.

17

- 1 N'kwabwino kudya mkute koma pali mtendere,
kuposa kuchita madyerero m'nyumba
m'mene muli mikangano.
- 2 Kapolo wanzeru adzalamulira mwana wochi-
titsa manyazi,
ndipo kapoloyo adzagawana nawo cholowa
ngati mmodzi mwa abale.
- 3 Siliva amamuyesa m'ng'anjo ndipo golide ama-
muyesa m'ng'anjo,
koma Yehova amayesa mitima.
- 4 Munthu woyipa amamvera malangizo oyipa;

munthu wabodza amatchera khutu mawu
osakaza.

- 5 Iye amene amalalatira m'mphawi amanyoza
mlengi wake;
amene amakondwerera tsoka la mnzake
sadzakhala osalangidwa.
- 6 Zidzukulu ndiye ulemu wa anthu okalamba,
ndipo makolo ndiye ulemerero wa ana.
- 7 Kuyankhula bwino sikuyenerana ndi chitsiru,
nanji kuyankhula bodza kungayenerane
kodi ndi mfumu?
- 8 Chiphuphu chili ngati mankhwala amwayi kwa
wochiperekayo;
kulikonse kumene amapita zinthu zima-
muyendera.
- 9 Iye amene amakhululukira zolakwa za wina,
amafunitsitsa chikondi;
wobwerezabwereza nkhani amapha chib-
wenzi.
- 10 Munthu wanzeru amamva kamodzi kokha,
munthu wopanda nzeru ndi sam-
vamkunkhu.
- 11 Munthu woyipa maganizo ake ali pa kuwukira
basi;
ndipo bwana adzamutumizira wamthenga
wankhanza.

- 12 N'kwabwino kukumana ndi chimbalingondo
cholandidwa ana ake
kusiyana ndi kukumana ndi chitsiru mu
uchitsiru wake.
- 13 Ngati munthu abwezera choyipa kusinthana
ndi zabwino,
ndiye choyipa sichidzachoka m'nyumba
mwake.
- 14 Chiyambi cha mikangano chili ngati
kukhamulira madzi,
choncho uzichokapo mkangano
usanayambe.
- 15 Kumasula munthu wolakwa kapena kumanga
munthu wosalakwa,
zonse ziwigizi Yehova zimamunyansa.
- 16 Ndalamu zogulira nzeru zili ndi phindu lanji
m'manja mwa chitsiru
poti iyeyo mutu wake sumayenda bwino?
- 17 Bwenzi lako limakukonda nthawi zonse,
ndipo m'bale wako anabadwa kuti
azikuthandiza pamavuto.
- 18 Munthu wopanda nzeru amavomereza zop-
ereka chikole
ndipo iyeyo amasanduka chikole cha mnansi
wake.
- 19 Wokonda zolakwa amakonda mkangano,

ndipo wokonda kuyankhula zonyada
amadziyitanira chiwonongeko.

- 20 Munthu wamtima woyipa zinthu sizimuyen-
dera bwino;
ndipo woyankhula zachinyengo amagwa
m'mavuto.
- 21 Mwana wopusa amamvetsa chisoni abambo
ake,
abambo a chitsiru sakhala ndi chimwemwe.
- 22 Mtima wosangalala uli ngati mankhwala ab-
wino,
koma mtima wokhumudwa umafowoketsa
mafupa.
- 23 Munthu woyipa amalandira chiphuphu cham-
seri
kuti apotoze chiweruzo cholungama.
- 24 Munthu wozindikira zinthu, maso ake
amakhala pa nzeru,
koma chitsiru chimwazamwaza maso ake pa
dziko lonse lapansi.
- 25 Mwana wopusa amamvetsa chisoni abambo
ake
ndipo amapweteketsa mtima amayi ake.
- 26 Sibwino kulipitsa munthu wosalakwa,
kapena kulanga anthu osalakwa.

- ²⁷ Munthu wosunga pakamwa ndiye wodziwa zinthu,
ndipo wodekha mtima ndiye womvetsa bwino zinthu.
- ²⁸ Ngakhale chitsiru chimakhala ngati chanzeru chikakhala chete;
ndipo chikatseka pakamwa chimakhala ngati munthu wochenjera.

18

- ¹ Munthu wokonda kukhala yekha amafunafuna zomukomera yekha;
iye amatsutsana ndi malangizo onse anzeru.
- ² Chitsiru chilibi chidwi chomvetsa zinthu,
koma chimakondwera ndi kuyankhula mag-anizo ake okha.
- ³ Kuyipa mtima kukabwera, manyozonso amab-wera.
Manyazi amabwera pamodzi ndi kunyozeka.
- ⁴ Mawu a munthu ali ngati madzi akuya,
kasupe wa nzeru ndiye mtsinje wotum-phuka.
- ⁵ Si kwabwino kukondera munthu woyipa pa milandu;
kapena kupondereza munthu wosalakwa.
- ⁶ Mawu a chitsiru amautsa mkangano;
pakamwa pake pamayitana mkwapulo.

- ⁷ Pakamwa pa chitsiru ndipo pamabweretsa
chiwonongeko chake,
ndipo milomo yake ili ngati msampha wa
moyo wake.
- ⁸ Mawu a miseche ali ngati chakudya chokoma;
amalowa m'mimba mwa munthu.
- ⁹ Munthu waulesi pa ntchito yake
ali pachibale ndi munthu amene ama-
wononga zinthu.
- ¹⁰ Dzina la Yehova lili ngati nsanja yolimba;
wolungama amathawiramo napulumuka.
- ¹¹ Chuma cha anthu olemera chili ngati mzinda
wake wolimba;
chili ngati khoma lalitali limene amaganiza
kuti limutchinjiriza.
- ¹² Chiwonongeko chisanafike, mtima wa munthu
umakhala wonyada,
koma ulemu umatsatira kudzichepetsa.
- ¹³ Ukyankha usanamvetse bwino nkhani,
umenewo ndi uchitsiru ndipo umachita
manyazi.
- ¹⁴ Mtima wa munthu utha kupirira pa matenda,
koma munthu akataya mtima ndani angathe
kumulimbitsanso.
- ¹⁵ Munthu wanzeru amawonjezera nzeru zina;

amafunafuna kudziwa bwino zinthu.

- 16 Mphatso ya munthu imamutsekulira njira yomufikitsa pamaso pa anthu akuluakulu.
- 17 Amene amayamba kufotokoza mlandu wake amaoneka ngati wolungama ndiyem paka mnzake atabwera ndi kumufunsa bwino.
- 18 Kuchita maere kumathetsa mikangano; amalekanitsa okangana amphamu.
- 19 M'bale amene wamuthandiza amakhala ngati mzinda wolimba, koma kukangana naye kumatsekereza thandizo.
- 20 Munthu amapeza bwino malingana ndi zoyankhula zake.
Adzakhuta ndi zipatso za pakamwa pake.
- 21 Mawu ako angathe kukuphetsa kapena kukukhalitsa moyo.
Wokonda kuyankhulayankhula adzadya zipatso zake.
- 22 Wapeza mkazi wapeza chinthu chabwino ndipo Yehova amamukomera mtima.
- 23 Munthu wosauka amapempha koma munthu wolemera amayankha mwaukali.

24 Pali abwenzi amene chibwenzi chawo n'chapamaso,
koma pali bwenzi limene limakukangamira
kuposa m'bale wako.

19

- 1** Ndi wabwino munthu wosauka amene amayenda mu ungwiro,
aposa munthu wopusa woyankhula zokhota.
- 2** Si bwino kuti munthu akhale wopanda nzeru;
ndipo munthu woyenda mofulumira
amaphonya njira.
- 3** Uchitsiru wa munthu umamubweretsera
zovuta,
mtima wake umakwiyira Yehova.
- 4** Chuma chimachulukitsa abwenzi;
koma munthu wosauka bwenzi lake lima-
muthawa.
- 5** Mboni yonama sidzalephera kulangidwa;
ndipo iye amene amanena mabodza sadza-
pulumuka.
- 6** Anthu ambiri amafuna munthu wopatsa kuti
awakomere mtima,
ndipo munthu amene amaperekwa mphatso
ndi bwenzi la munthu aliyense.
- 7** Ngati munthu wosauka abale ake omwe
amadana naye,
nanji abwenzi ake tsono!

Iwo adzamuthawa kupita kutali.

Amayesa kuwatsatira mowapembedza koma
iwo samapezeka konse.

⁸ Iye amene amapeza nzeru ndiye kuti
amakonda moyo wake.

Wosamalitsa kukhala wanzeru, zinthu zima-
muyendera bwino.

⁹ Mboni yonama sidzalephera kulangidwa,
ndipo iye amene amanena mabodza adza-
wonongeka.

¹⁰ N'kosayenera kuti chitsiru chizikhala ndi
moyo wamanyado,
nanjinso kuti kapolo azilamulira akalonga!

¹¹ Nzeru zimapangitsa munthu kukhala wosak-
wiya msanga;
ulemerero wake uli posalabadira kuchi-
tiridwa zoyipa.

¹² Mkwiyo wa mfumu uli ngati kubangula kwa
mkango,
koma kukoma mtima kwake kuli ngati
mame pa udzu.

¹³ Mwana wopusa ndiye tsoka la abambo ake
ndipo mkazi wolongolola ndi wotopetsa
ngati mvula yamvumbi.

¹⁴ Nyumba ndi chuma ndiye cholowa chochokera
kwa makolo;

koma mkazi wanzeru ndi wochokera kwa Yehova.

- 15 Ulesi umagonetsa tulo tofa nato
ndipo munthu wosatakataka amakhala ndi njala.
- 16 Amene amamvera malangizo amasunga moyo wake,
koma amene sasamala malamulo a Yehova adzafa.
- 17 Amene amakomera mtima osauka amachita ngati wakongoletsa Yehova,
ndipo Yehovayo ndiye adzamubwezere.
- 18 Langa mwana wako, chiyembekezo chikanalipo;
ngati sutero udzawononga moyo wake.
- 19 Munthu waukali woopsa ayenera kulantira chilango;
pakuti akamulekelera ndiye zidzayipa kupoza kale.
- 20 Mvera uphungu ndipo landira malangizo;
pa mapeto pake udzakhala wanzeru.
- 21 Munthu amakonzekera zambiri mu mtima mwake,
koma cholinga cha Yehova ndiye chidzachitike.

- 22 Chimene munthu amafuna ndi chikondi chosatha;
n'kwabwino kukhala wosauka kusiyana ndi kukhala wabodza.
- 23 Kuopa Yehova kumabweretsa moyo;
wotereyo amakhala mu mtendere; ndiye kuti choyipa sichidzamugwera.
- 24 Munthu waulesi amapisa dzanja lake m'mbale;
koma sangathe kufikitsa dzanja lakelo pakamwa pake.
- 25 Menya munthu wonyoza, ndipo anthu opanda nzeru adzachenjererapo;
dzudzula munthu wozindikira zinthu, ndipo iye adzapezapo chidziwitso.
- 26 Mwana wochita ndewu ndi abambo ake ndi kuthamangitsa amayi ake,
ndi mwana wochititsa manyazi ndi wonyozetsa.
- 27 Mwana wanga, ukaleka kumvera malangizo,
udzapatukana ndi mawu opatsa nzeru.
- 28 Mboni yopanda pake imanyoza cholungama,
ndipo pakamwa pa anthu oyipa pamameza zoyipa.
- 29 Chilango chakonzedwa kale kuti chigwere anthu oyipa,

ndipo mkwapulo wakonzedwa kale kuti uk-wapule misana ya anthu opusa.

20

- ¹ Vinyo amachititsa munthu kukhala wonyoza ndipo chakumwa choledzeretsa chimachititsa munthu kukhala wolongolola; aliyense wosochera nazo zimenezi alibe nzeru.
- ² Ukali wa mfumu uli ngati kubangula kwa mkango; amene amawuputa mkwiyyowo amataya moyo wake.
- ³ N'chaulemu kwa munthu kupewa mikangano, koma chitsiru chilichonse chimafulumira kulongolola.
- ⁴ Munthu waulesi satipula m'munda pa nthawi yoyenera; koteru pa nthawi yokolola adzafunafuna zinthu koma sadzapeza kanthu kalikonse.
- ⁵ Zolina za mtima wa munthu zili ngati madzi akuya, munthu womvetsa zinthu ndiye yekha angawatunge.
- ⁶ Anthu ambiri amayankhula za kukhulupirika kwawo, koma munthu wokhulupirika angamupeze ndani?

- ⁷ Munthu wolungama amakhala ndi makhalidwe abwino;
odala ndi ana ake amene amatsanzira moyo wake.
- ⁸ Mfumu ikhala pa mpando wake wa chiweruzo,
imapeta ndi maso ake anthu onse oyipa.
- ⁹ Ndani amene anganene kuti, “Ndawuyeretsa mtima wanga;
ndilibe tchimo lililonse?”
- ¹⁰ Masikelo ndi miyeso ya zinthu imene ili yachinyengo
zonsezi Yehova zimamunyansa.
- ¹¹ Ngakhale mwana amadziwika ndi zochita zake,
ngati zochita zake zili zoyerwa ndi zoyerera.
- ¹² Makutu amene amamva ndi maso amene amaona,
zonsezi anazilenga ndi Yehova.
- ¹³ Usakonde tulo ungasauke;
khala maso ndipo udzakhala ndi chakudya chambiri.
- ¹⁴ Munthu wogula chinthu amati, “Sichabwino,
sichabwino.”
Koma akagula n’kuchokapo amayamba kudzitama.
- ¹⁵ Pali golide ndi miyala yamtengowapatali,

koma milomo yoyankhula zanzeru ndi
yamtengowapatali koposa zonsezi.

- 16 Utenge chovala cha munthu amene waperek-era mlendo chikole;
kuti chikhale chikole chako chifukwa waperekera chikole munthu wachilendo.
- 17 Chakudya chochipeza mwachinyengo chimukomera munthu,
koma pa mapeto pake chimasanduka ngati mchenga m'kamwa mwake.
- 18 Zokonzekera zimapindula utafunsira up-hungu;
ndipo usanamenye nkhondo yamba wapempha malangizo oyenera.
- 19 Amene amanka nanena miseche amawulula zachinsinsi.
Choncho usamagwirizane naye munthu woyankhula zopusayo.
- 20 Ngati munthu atemberera abambo ake kapena amayi ake,
moyo wake udzazimitsidwa ngati nyale mu mdima wandiweyani.
- 21 Cholowa chochipeza mofulumira poyamba,
sichidzakhala dalitso pa mapeto pake.
- 22 Usanene kuti, “Ine ndidzabwezera choyipa chimenechi!”
Dikira Yehova, ndipo Iye adzakupulumsa.

- ²³ Miyeso yosintha imamunyansa Yehova;
ndipo masikelo onyenga si abwino.
- ²⁴ Mayendedewe a munthu amawalamulira ndi
Yehova,
tsongo munthu angadziwe bwanji njira yake?
- ²⁵ Ndi msampha kwa munthu kuyankhula mo-
fulumira kuti “Chinthu ichi n’chopatulika
kwa Yehova,”
popeza mwina atha kusintha maganizo
utalumbira kale.
- ²⁶ Mfumu ya nzeru imapeta kwathunthu
anthu oyipa.
- ²⁷ Mpweya wa munthu uli ngati nyale ya Yehova;
imafufufuza ziwalo zake zonse zam’kati.
- ²⁸ Kukoma mtima ndi kukhulupirika ndizo zima-
sunga mfumu;
chilungamo chimalimbikitsa mpando wake
waufumu.
- ²⁹ Ulemerero wa achinyamata uli mu mphamvu
zawo,
imvi ndi ulemerero wa anthu okalamba.
- ³⁰ Mikwingwirima yopweteka ndiyo imachotsa
zoypa,
ndipo mikwapulo ndiyo imachotsa
zam’katikati mwa munthu.

21

- ¹ Mtima wa mfumu uli ngati mtsinje wamadzi
m'dzanja la Yehova;
Iye amautsongolera pa chilichonse chimene
akufuna.
- ² Makhalidwe a munthu amaoneka olungama
kwa mwini wakeyo,
koma Yehova ndiye amayesa mtima wake.
- ³ Za chilungamo ndi zolondola
ndi zomwe zimakondweretsa Yehova kuposa
kupereka nsembe.
- ⁴ Maso odzikuza ndi mtima wonyada,
zimatsogolera anthu oyipa ngati nyale
n'chifukwa chake amachimwa.
- ⁵ Zolina za munthu wakhama zimachulukitsa
zinthu zake;
koma aliyense wochita zinthu mofulumira
amadzakhala wosauka.
- ⁶ Chuma chochipeza ndi mawu onyenga ndi
chosakhalitsa
ndipo chimakola anthu mu msampha wa
imfa.
- ⁷ Chiwawa cha anthu oyipa chidzawawononga,
pakuti iwo amakana kuchita zolungama.
- ⁸ Njira ya munthu wolakwa ndi yokhotakhota,
koma makhalidwe a munthu wosalakwa ndi
olungama.

- ⁹ N'kwabwino kukhala wekha pa ngodya ya
denga la nyumba,
kuposa kukhala m'nyumba pamodzi ndi
mkazi wolongolola.
- ¹⁰ Munthu woyipa amalakalaka zoyipa;
sachitira chifundo mnansi wake wovutika.
- ¹¹ Munthu wonyoza akalangidwa, anthu opusa
amapeza nzeru;
koma munthu wanzeru akalangizidwa,
amapeza chidziwitso.
- ¹² Zolingalira za munthu woyipa n'zosabisika
pamaso pa Yehova,
ndipo Iye adzawononga woyipayo.
- ¹³ Amene atsekera m'khutu mwake wosauka
akamalira,
nayenso adzalira koma palibe adza-
muyankhe.
- ¹⁴ Mphatso yoperekedwa mseri imathetsa mk-
wiyo,
ndipo chipuphu choperekedwa mobisa chi-
mathetsa mphamvu ya ukali woopsa.
- ¹⁵ Chilungamo chikachitika anthu olungama
amasangalala,
koma anthu oyipa amaopsedwa nazo.
- ¹⁶ Munthu amene amachoka pa njira ya anthu
anzeru
adzapezeka m'gulu la anthu akufa.

- 17 Aliyense wokonda zisangalalo adzasanduka
m'mphawi,
ndipo wokonda vinyo ndi mafuta sadzale-
mera.
- 18 Anthu oyipa adzakhala chowombolera cha
anthu olungama
ndipo osakhulupirika chowombolera anthu
olungama mtima.
- 19 N'kwabwino kukhala m'chipululu
kuposa kukhala ndi mkazi wolongolola ndi
woposa mtima msanga.
- 20 Munthu wanzeru samwaza chuma chake,
koma wopusa amachiwononga.
- 21 Amene amatsata chilungamo ndi
kukhulupirika,
amapeza moyo ndi ulemerero.
- 22 Munthu wanzeru amagonjetsa mzinda wa
anthu amphamu
ndi kugwetsa linga limene iwo amalidalira.
- 23 Amene amagwira pakamwa pake ndi lilime
lake
sapeza mavuto.
- 24 Munthu wonyada ndi wodzikuzamamutcha,
“Mnyodoli,”
iyemachita zinthu modzitama kwambiri.

- ²⁵ Chilakolako cha munthu waulesi chidzamupha
yekha
chifukwa manja ake amangokhala goba os-
agwira ntchito.
- ²⁶ Tsiku lonse anthu oyipa amasirira zambiri,
koma anthu olungama amapereka
mowolowamanja.
- ²⁷ Nsembe ya anthu oyipa imamunyansa Yehova,
nanji akayipereka ndi cholinga choyipa!
- ²⁸ Mboni yonama idzawonongeka,
koma mawu a munthu wakumva adzakhala
nthawi zonse.
- ²⁹ Munthu woyipa amafuna kudzionetsa ngati
wolimba mtima,
koma munthu wowongoka amaganizira
njira zake.
- ³⁰ Palibe nzeru, palibe kumvetsa bwino, pal-
ibenso uphungu,
zimene zingapambane Yehova.
- ³¹ Kavalo amamukonzera tsiku la nkhondo,
koma ndi Yehova amene amapambanitsa.

22

- ¹ Mbiri yabwino ndi yofunika kuposa chuma
chambiri;
kupeza kuyanja n'kwabwino kuposa siliva
kapena golide.
- ² Wolemera ndi wosauka ndi ofanana;

onsewa anawalenga ndi Yehova.

- 3 Munthu wochenjera akaona choopsa amabisala,
koma munthu wopusa amangopitirira ndipo
amadzanong'oneza bondo.
- 4 Mphotho ya munthu wodzichepetsa
ndi woopa Yehova ndi chuma, ulemu ndi
moyo.
- 5 M'njira za anthu oyipa muli minga ndi misampha,
koma amene amasala moyo wake
adzazipewa zonsez.
- 6 Mwana muzimuphunzitsa njira yake,
ndipo akadzakalamba sadzachokamo.
- 7 Wolemera amalamulira wosauka,
ndipo wokongola zinthu amakhala kapolo
wa womukongozayo.
- 8 Amene amafesa zoypa amakolola mavuto,
ndipo ndodo yaukali wake idzathyoka.
- 9 Amene ali ndi diso lachifundo adzadalitsika,
pakuti iye amagawana chakudya chake ndi
anthu osauka.
- 10 Chotsani munthu wonyoza, ndipo kukangana
kudzatha;
mapokoso ndi zonyoza zidzaleka.

- 11 Amene amakonda kukhala woyerwa mtima ndi kumayankhula mawu abwino, adzakhala bwenzi la mfumu.
- 12 Maso a Yehova amakhala pa anthu odziwa bwino zinthu, koma Iye adzalepheretsa mawu a anthu osakhulupirika.
- 13 Munthu waulesi amati, "Kunjaku kuli mkango. Ine ndidzaphedwa m'misewu!"
- 14 Pakamwa pa mkazi wachigololo pali ngati dzenje lozama; amene Yehova wamukwiyira adzagwamo.
- 15 Uchitsiru umakhala mu mtima mwa mwana, koma ndodo yomulangira mwanayo idzachotsa uchitsiruwo.
- 16 Amene amapondereza anthu osauka kuti awonjezere chuma chake, ndiponso amene amaperekwa mphatso kwa anthu olemera onsewa adzasauka.
- Malangizo a Anthu Anzeru*
- 17 Utchere khutu lako ndipo umvere mawu anzeru; uyike mtima wako pa zimene ndikukuphunzitsa kuti udziwe.
- 18 Zidzakhala zokondweretsa ngati uzisunga mu mtima mwako ndi wokonzeka kuziyankhula.
- 19 Ndakuphunzitsa zimenezi lero

- koma makamaka uziopa Yehova.
- ²⁰ Kodi suja ndinakulembera malangizo makumi
atatu
okuchenjeza ndi okupatsa nzeru,
- ²¹ malangizo okudziwitsa zolungama
ndi zoona
ndi kuti ukawayankhe zoona amene akutu-
mawo?
- ²² M'mphawi usamubere chifukwa ndi osauka,
ndipo usawapondereze anthu osowa
m'bwalo la milandu,
- ²³ pakuti Yehova adzawateteza pa mlandu wawo
ndipo adzalandanda moyo onse amene amawa-
landa iwo.
- ²⁴ Usapalane naye ubwenzi munthu wosachedwa
kupsa mtima
ndipo usayanjane ndi munthu amene
sachedwa kukwiya
- ²⁵ kuopa kuti iwe ungadzaphunzire njira zake
ndi kukodwa mu msampha.
- ²⁶ Usakhale munthu woperekwa chikole
kapena kukhala mboni pa ngongole;
- ²⁷ ngati ulephera kupeza njira yolipirira
adzakulanda ngakhale bedi lako lomwe.
- ²⁸ Usasunthe mwala wam'malire akalekale
amene anayikidwa ndi makolo ako.
- ²⁹ Kodi ukumuona munthu waluso pa ntchito
yake?
Iye adzatumikira mafumu;

sadzatumikira anthu wamba.

23

- ¹ Ngati ukhala pansi kuti udye pamodzi ndi wolamulira,
uyang'ane bwino zimene zili pamaso pako,
- ² ngati ndiwe munthu wadyera
udziletse kuti usaonetse dyera lakolo.
- ³ Usasirire zakudya zake,
pakuti zimenezo ndi zakudya zachinyengo.
- ⁴ Usadzitopetse wekha ndi kufuna chuma,
ukhale ndi nzeru ya kudziretsa.
- ⁵ Ukangoti wachipeza chumacho uwona posachedwa kuti palibepo.
Chumacho chimachita ngati chamera mapiko mwadzidzidzi
ndi kuwuluka kunka kumwamba ngati chi-wombankhang'a.
- ⁶ Usadye chakudya cha munthu waumbombo,
usalakalake zakudya zake zokoma;
- ⁷ paja iye ndi munthu amene
nthawi zonse amaganizira za mtengo wake
ngakhale amati kwa iwe, "Idya ndi kumwa,"
koma sakondweretsedwa nawe.
- ⁸ Udzasanza zimene wadyazo
ndipo mawu ako woyamikira adzapita pach-abe.
- ⁹ Usayankhule munthu wopusa akumva,
pakuti adzanyoza mawu ako anzeru.

- ¹⁰ Usasunthe mwala wa m'malire akalekale
kapena kulowerera m'minda ya ana
amasiye,
- ¹¹ paja Mpulumutsi wawo ndi wamphamvu;
iye adzawateteza pa milandu yawo kutsut-
sana nawe.
- ¹² Mtima wako uzikhala pa malangizo
ndipo makutu ako azimvetsera mawu a
chidziwitso.
- ¹³ Usaleke kumulangiza mwana;
ngati umulanga ndi chikwapu sadzafa.
- ¹⁴ Ukamukwapula ndi tsatsa
udzapulumutsa moyo wake.
- ¹⁵ Mwana wanga, ngati mtima wako ukhala
wanzeru,
inenso mtima wanga udzakondwera.
- ¹⁶ Mtima wanga udzakondwera
pamene ndidzakumva ukuyankhula zol-
ungama.
- ¹⁷ Mtima wako usachite nsanje ndi anthu
ochimwa,
koma uziopa Yehova tsiku ndi tsiku.
- ¹⁸ Ndithu za m'tsogolo zilipo
ndipo chiyembekezo chakocho sichidzale-
phereka.
- ¹⁹ Tamvera mwana wanga, ndipo ukhale
wanzeru,
mtima wako uwuyendetse m'njira yabwino.
- ²⁰ Usakhale pakati pa anthu amene amaledzera

kapena pakati pa anthu amene amadya
nyama mwadyera.

- 21 Paja anthu oledzera ndi adyera amadzakhala
amphawi
ndipo aulesi adzavala sanza.
- 22 Mvera abambo ako amene anakubala,
usanyoze amayi ako pamene akalamba.
- 23 Gula choonadi ndipo usachigulitse;
ugulenso nzeru, mwambo ndiponso
kumvetsa zinthu bwino.
- 24 Abambo a munthu wolungama ali ndi
chimwemwe chachikulu;
Wobala mwana wanzeru adzakondwera
naye.
- 25 Abambo ndi amayi ako asangalale;
amene anakubereka akondwere!
- 26 Mwana wanga, undikhulupirire
ndipo maso ako apenyetsetse njira zanga.
- 27 Paja mkazi wachiwerewere ali ngati dzenje
lozama;
ndipo mkazi woyendayenda ali ngati chit-
sime chopapatiza.
- 28 Amabisala ngati mbala yachifwamba,
ndipo amuna amakhala osakhulupirika chi-
fukwa cha iyeyu.
- 29 Ndani ali ndi tsoka? Ndani ali ndi chisoni?
Ndani ali pa mkangano? Ndani ali ndi
madandawulo?
Ndani ali ndi zipsera zosadziwika uko za-
chokera? Ndani ali ndi maso ofira?
- 30 Ndi amene amakhalitsa pa mowa,

- amene amapita nalawa vinyo osakanizidwa.
- ³¹ Usatengeke mtima ndi kufira kwa vinyo,
 pamene akuwira m'chikho
 pamene akumweka bwino!
- ³² Potsiriza pake amaluma ngati njoka,
 ndipo amajompha ngati mphiri.
- ³³ Maso aka adzaona zinthu zachilendo
 ndipo maganizo ndi mawu aka adzakhala
 osokonekera.
- ³⁴ Udzakhala ngati munthu amene ali gone
 pakati pa nyanja,
 kapena ngati munthu wogona pa msonga ya
 mlongoti ya ngalawa.
- ³⁵ Iwe udzanena kuti, “Anandimenya, koma
 sindinapwetekedwe!
 Andimenya koma sindinamve kanthu!
 Kodi ndidzuka nthawi yanji?
 Ndiye ndifunefunenso vinyo wina.”

24

- ¹ Usachitire nsanje anthu oyipa,
 usalakalake kuti uzikhala nawo,
- ² pakuti mitima yawo imalingalira chiwawa,
 ndipo pakamwa pawo pamayankhula zoy-
 ambitsa mavuto.
- ³ Nyumba imamangidwa ndi anthu anzeru,
 ndipo imakhazikika ndi anthu odziwa
 zinthu;
- ⁴ Munthu wodziwa zinthu angathe kudzaza
 zipinda zake
 ndi chuma chamtengowapatali ndiponso
 chabwino.

- ⁵ Munthu wodziwa zinthu ali ndi mphamvu yayikulu kuposa munthu wanyonga zam-biri,
ndipo munthu wachidziwitso amaposa munthu wamphamvu.
- ⁶ Pafunika malangizo kuti ukamenye nkhondo.
Pakakhala aphungu ambiri kupambana ku-makhalapo.
- ⁷ Nzeru ndi chinthu chapatali kwambiri kwa chitsiru;
chilibi choti chiyankhule pabwalo la mi-landu pa chipata.
- ⁸ Amene amakonzekera kuchita zoyipa adzatchedwa mvundulamadzi.
- ⁹ Kukonzekera kuchita za uchitsiru ndi tchimo,
ndipo munthu wonyoza amanyansa anthu.
- ¹⁰ Ngati utaya mtima nthawi ya mavuto ndiye kuti mphamvu yako ndi yochejadi!
- ¹¹ Uwapulumutse amene akutengedwa kuti akaphedwe;
uwalanditse amene akuyenda movutika kupita kokaphedwa.
- ¹² Ukanena kuti, “Koma ife sitinadziwe kanthu za izi,”
kodi Iye amene amasanthula mtima sazindikira zimenezi?
Kodi Iye amene amateteza moyo wako sazidziwa zimenezi?

Kodi Iye sadzalipira munthu malingana ndi ntchito zake?

- 13 Mwana wanga, uzidya uchi popeza ndi wab-wino;
uchi wochokera m'chisa cha njuchi ndi wokoma ukawulawa.
- 14 Udzwiwe kuti nzeru ndi yoteronso pa moyo wako;
ngati uyipeza nzeruyo, zinthu zidzakuyendera bwino m'tsogolo,
ndipo chiyembekezo chako sichidzapita pachabe.
- 15 Usachite zachifwamba nyumba ya munthu wolungama ngati munthu woyipa.
Usachite nayo nkhondo nyumba yake;
- 16 paja munthu wolungama akagwa kasanu n'kawiri amadzukiriranso.
Koma woyipa adzathedwa tsoka likadza-wafikira.
- 17 Usamakondwera ndi kugwa kwa mdani wako.
Mtima wako usamasangalale iye akapunthwa.
- 18 Kuopa kuti Yehova ataziona zimenezi nayipidwa nazo,
angaleke kukwiyira mdaniyo.
- 19 Usavutike mtima chifukwa cha anthu ochita zoypa
kapena kuchitira nsanje anthu oyipa,
- 20 paja munthu woyipa alibe tsogolo.

Moyo wa anthu oyipa adzawuzimitsa ngati nyale.

- 21 Mwana wanga, uziopa Yehova ndi mfumu, ndipo usamagwirizana ndi anthu owachitira mwano,
 - 22 awiri amenewa amagwetsa tsoka mwadzidzidzi.
- Ndani angadziwe mavuto amene angagwetse?

Malangizo Enanso a Anthu Anzeru

- 23 Malangizo enanso a anthu anzeru ndi awa: Kukondera poweruza mlandu si chinthu chabwino:
- 24 Aliyense amene amawuza munthu wolakwa kuti, "Iwe ndi munthu wosalakwa," anthu a mitundu yonse adzamutemberera, ndi mitundu ya anthu idzayipidwa naye.
- 25 Koma olanga anthu oyipa zinthu zidzawayendera bwino
ndipo madalitso ochuluka adzakhala pa iwo.
- 26 Woyankhula mawu owona
ndiye amaonetza chibwenzi chenicheni.
- 27 Ugwiriretu ntchito zako zonse,
makamaka za ku munda
ndipo pambuyo pake uyambe kumanga nyumba.
- 28 Usakhale mboni yotsutsa mnzako popanda chifukwa,

kapena kugwiritsa ntchito pakamwa pako
kunena zachinyengo.

- 29 Usanene kuti, "Ine ndidzamuchitira iye monga
momwe wandichitira ine;
ndidzamubwezera munthu ameneyo
zimene anandichitira."
- 30 Ndinkayenda m'mbali mwa munda wa
munthu waulesi
ndinadutsa munda wamphesa wa munthu
wopanda nzeru.
- 31 Ndinapeza kuti paliponse m'mundamo munali
mutamera minga,
m'nthaka imeneyo munali mutamera
khwisa,
ndipo mpanda wake wamiyala unali uta-
wonongeka.
- 32 Tsongo nditaona ndinayamba kuganizira mu
mtima mwanga
ndipo ndinatolapo phunziro ili:
- 33 Ukatu, "Bwanji ndigone pang'ono," kapena
"Ndiwodzereko pang'ono,"
kapenango "Ndipinde manja pang'ono kuti
ndipumule,"
- 34 umphawi udzafika pa iwe ngati mbala
ndipo usiwa udzakupeza ngati munthu
wachifwamba.

25

Miyambo Ina ya Solomoni

- ¹ Iyi ndi miyambo inanso ya Solomoni, imene
anthu a Hezekiya mfumu ya ku Yuda analemba.
² Ulemerero wa Mulungu uli pa kubisa zinthu;

ulemerero wa mafumu uli pa kufufuza
zinthuzo.

- 3 Monga momwe kwatalikira kumwamba ndi
momwe kulili kuzama kwa dziko lapansi,
ndi momwemonso alili maganizo a mfumu
kusadziwika kwake.
- 4 Chotsa zoyipa m'siliva
ndipo wosula adzapanga naye ziwiya.
- 5 Chotsa munthu woyipa pamaso pa mfumu;
ndipo ufumu wake udzakhazikika mu
chilungamo.
- 6 Usamadzikuze ukakhala pamaso pa mfumu,
ndipo usamakhale pamalo pa anthu
apamwamba;
- 7 paja ndi bwino kuti mfumu ichite kukuwuza
kuti, "Bwera pamwamba pano,"
kulekana ndi kuti ikuchititse manyazi chi-
fukwa cha wina wokuposa.

Chimene wachiona ndi maso ako,
8 usafulumire kupita nacho ku bwalo la
milandu
nanga udzachita chiyani pa mapeto pake
ngati mnansi wako adzakuchitsa manyazi?

- 9 Kamba mlandu ndi mnansi wako,
koma osawulula chinsinsi cha munthu wina
- 10 kuopa kuti wina akamva mawu ako adzaku-
chitsa manyazi
ndipo mbiri yako yoyipa sidzatha.

- 11** Mawu amodzi woyankhulidwa moyenera
 ali ngati zokongoletsera zagolide
 m'zotengera zasiliva.
- 12** Kwa munthu womvetsa bwino, kudzudzula
 kwa munthu wanzeru kuli ngati ndolo
 zagolide
 kapena chodzikongoletsera china cha golide
 wabwino kwambiri.
- 13** Wamthenga wodalirika ali ngati madzi ozizira
 pa nthawi yokolola
 kwa anthu amene amutuma;
 iye amazizirtsa mtima bwana wake.
- 14** Munthu wonyadira mphatso imene sayipereka
 ali ngati mitambo ndi mphepo yopanda
 mvula.
- 15** Kupirira ndiye kumagonjetsa mfumu,
 ndipo kufewa m'kamwa kutha kumafatsitsa
 munthu wowuma mtima.
- 16** Ngati upeza uchi, ingodya okukwanira,
 kuopa ungakoledwe nawo ndi kuyamba ku-
 sanza.
- 17** Uzipita kamodzikamodzi ku nyumba ya mn-
 zako
 ukawirikiza kupita, udzadana naye.
- 18** Munthu wochitira mnzake umboni wonama,
 ali ngati chibonga kapena lupanga kapena
 muvi wakuthwa.

- ¹⁹ Kudalira munthu wosankhulupirika pa nthawi
ya mavuto,
kuli ngati dzino lobowoka kapena phazi
lolumala.
- ²⁰ Kuyimbira nyimbo munthu wachisoni
kuli ngati kuvula zovala pa nyengo yozizira
kapena kuthira mchere pa chilonda.
- ²¹ Ngati mdani wako ali ndi njala, mupatse
chakudya kuti adye;
ngati ali ndi ludzu mupatse madzi kuti
amwe.
- ²² Pochita izi, udzamusenzetsa makala a moto pa
mutu pake,
ndipo Yehova adzakupatsa mphotho.
- ²³ Monga momwe mphepo yampoto imabw-
eretsera mvula,
chonchonso mjedu umadzetsa mkwiyo.
- ²⁴ N'kwabwino kukhala pa ngodya ya denga
kuposa kukhala m'nyumba ndi mkazi wo-
longolola.
- ²⁵ Mthenga wabwino wochokera ku dziko laku-
tali
ali ngati madzi ozizira kwa munthu
waludzu.
- ²⁶ Munthu wolungama amene amagonjera
munthu woyipa
ali ngati kasupe wodzaza ndi matope kapena
chitsime cha madzi oyipa.

- 27** Sibwino kudya uchi wambiri,
sibwinonso kudzifunira wekha ulemu.
- 28** Munthu amene samatha kudziretsa
ali ngati mzinda umene adani awuthyola ndi
kuwusiya wopanda malinga.

26

- 1** Ngati chisanu choti mbee nthawi yachilimwe
kapena mvula nthawi yokolola,
ndi momwe zilili ndi ulemu wowulandira
chitsiru.
- 2** Ngati timba wokhalira kuwuluka kapena
namzeze wokhalira kuzungulirazungulira,
ndi mmenenso limachitira temberero
lopanda chifukwa, silichitika.
- 3** Mkwapulo ndi wokwapulira kavalo, chitsulo
ndi cha m'kamwa mwa bulu,
choncho ndodo ndi oyenera ku msana wa
chitsiru.
- 4** Usayankhe chitsiru monga mwa uchitsiru
wake,
kuopa kuti ungadzakhale ngati chitsirucho.
- 5** Koma nthawi zina umuyankhe monga mwa
uchitsiru wake,
kuopa kuti angamadziyese yekha wanzeru.
- 6** Kutuma chitsiru kuti akapereke uthenga
kuli ngati kudzidula mapazi ndipo kumakuy-
itanira mavuto.

- ⁷ Monga miyendo ya munthu wolumala imene
 ilibe mphamvu
 ndi mmene ulili mwambi m'kamwa mwa
 chitsiru.
- ⁸ Kuperekwa ulemu kwa chitsiru
 zili ngati kukulunga mwala m'legeni.
- ⁹ Monga umachitira mtengo waminga wobaya
 m'dzanja la chidakwa
 ndi mmene ulili mwambi m'kamwa mwa
 chitsiru.
- ¹⁰ Munthu amene amalemba ntchito chitsiru
 chongoyendayenda,
 ali ngati woponya mivi amene angolasa
 anthu chilaselase.
- ¹¹ Chitsiru chimene chimabwerezabwerezza
 uchitsiru wake
 chili ngati galu amene amabwerera ku
 masanzi ake.
- ¹² Munthu wa uchitsiru aliko bwino popeza pali
 chiyembekezo
 kuposana ndi munthu amene amadziyesa
 yekha kuti ndi wanzeru.
- ¹³ Munthu waulesi amati, “Mu msewu muli
 mkango,
 mkango woopsa ukuyendayenda
 m'misewu!”
- ¹⁴ Monga chitseko chimapita uku ndi uku pa
 zolumikizira zake,

momwemonso munthu waulesi amangotem-
benukatembenuka pa bedi lake.

- ¹⁵ Munthu waulesi akapisa dzanja lake mu
m'bale;
zimamutopetsa kuti alifikitse pakamwa
pake.
- ¹⁶ Munthu waulesi amadziyesa yekha wanzeru
kuposa anthu asanu ndi awiri amene
amayankha mochenjera.
- ¹⁷ Munthu wongolowera mikangano imene si
yake
ali ngati munthu wogwira makutu a galu
wongodziyendera.
- ¹⁸ Monga munthu wamisala amene
akuponya sakali zamoto kapena mivi
yoopsa,
- ¹⁹ ndi momwe alili munthu wonamiza mnzake,
amene amati, “Ndimangoseka chabe!”
- ²⁰ Pakasowa nkhuni, moto umazima;
chomwechonso pakasowa anthu amiseche
mkangano umatha.
- ²¹ Monga alili makala pa moto wonyeka kapena
mmene zimachitira nkhuni pa moto,
ndi mmene alili munthu wolongolola poy-
ambitsa mikangano.

- 22 Mawu a munthu wamiseche ali ngati chakudya chokoma; chimene chimatsikira m'mimba mwa munthu.
- 23 Monga mmene chiziro chimakutira chiwiya chadothi ndi mmene mawu oshashalika amabisira mtima woyipa.
- 24 Munthu wachidani amayankhula zabwino pamene mu mtima mwake muli chinyengo.
- 25 Ngakhale wotereyu mawu ake ali okoma, koma usamukhulupirire, pakuti mu mtima mwake mwadzaza zonyansa.
- 26 Ngakhale amabisa chidani mochenjera, koma kuyipa kwakeko kudzaonekera poyerpa gulu la anthu.
- 27 Ngati munthu akumba dzenje, adzagweramo yekha; ngati munthu agubuduza mwala, udzamupsinja iye mwini.
- 28 Munthu wonama amadana ndi amene anawapweteka, ndipo pakamwa poshashalika pamabweretsa chiwonongeko.

27

- ¹ Usamanyadire za mawa, pakuti sudziwa zimene zidzachitike pa tsikulo.

- ² Munthu wina akutamande, koma osati wekha;
 mlendo akakutamanda, ndiponi koma osati
 ndi pakamwa pako.
- ³ Mwala ndi wolemera ndipo mchenganso ndi
 wolemera kwambiri,
 koma makani a chitsiru ndi oposa zonsezo
 kulemera kwake.
- ⁴ Mkwiyo umadzetsa nkhanza ndipo kupsa
 mtima kumachititsa zoopsa.
 Koma nsanje imachita zoopsa zopambana.
- ⁵ Kudzudzula munthu poyer a n'kwabwino
 kuposa chikondi chobisika.
- ⁶ Munthu amene amakukonda ngakhale akup-
 weteke zili bwino,
 koma mdani wako amakupsompsona
 mwachinyengo.
- ⁷ Iye amene wakhuta amayipidwa ndi chisa cha
 uchi,
 koma kwa munthu wanjala ngakhale
 chimene chili chowawa chimamukomera.
- ⁸ Munthu amene wasochera ku nyumba kwake,
 ali monga mbalame imene yasochera pa
 chisa chake.
- ⁹ Mafuta ndi zonunkhira zimasangalatsa mtima,
 ndipo kukoma mtima kwa bwenzi kwagona
 pa malangizo ake.

- ¹⁰ Usasiye bwenzi lako ndiponso bwenzi la abambo ako,
ndipo usapite ku nyumba ya m'bale wako pamene wakumana ndi mavuto;
mnzako wokhala naye pafupi amaposa m'bale wako wokhala kutali.
- ¹¹ Mwana wanga, khala wanzeru, ndipo ukondweretse mtima wanga;
pamenepo ine ndidzatha kuyankha aliyense amene amandinyoza.
- ¹² Munthu wochenjera akaona choopsa amabisala,
koma munthu wopusa amangopitirira ndipo amakumana ndi mavuto.
- ¹³ Utenge chovala cha munthu amene waperekera mlendo chikole;
ngati chigwiriro chifukwa waperekera chikole mlendo wosadziwika.
- ¹⁴ Ngati munthu apatsa mnzake moni mofuwula mmamawa kwambiri,
anthu adzamuyesa kuti akutemberera.
- ¹⁵ Mkazi wolongolola ali ngati mvula yamvumbi.
- ¹⁶ Kumuletsa mkazi wotereyu zimenezi zili ngati kuletsa mphepo kapena kufumbata mafuta m'dzanja.
- ¹⁷ Chitsulo chimanoledwa ndi chitsulo chinzake,

chomwechonso munthu amanoledwa ndi
munthu mnzake.

- 18 Amene amasamalira mtengo wamkuyu
adzadya zipatso zake,
ndipo iye amene amasamalira mbuye wake
adzalandira ulemu.
- 19 Monga momwe nkhope imaonekera m'madzi,
chomwechonso mtima wa munthu umadzi-
wika ndi ntchito zake.
- 20 Manda sakhuta,
nawonso maso a munthu sakhuta.
- 21 Siliva amasungunulira mu uvuni ndipo golide
m'ng'anjo,
chomwechonso munthu amadziwika ndi
zomwe akudzitamandira nazo.
- 22 Ngakhale utakonola chitsiru mu mtondo
ndi musi ngati chimanga,
uchitsiru wakewo sudzachoka.
- 23 Uzidziwe bwino nkhosa zako momwe zilili.
Kodi usamalire bwino ziweto zako?
- 24 Paja chuma sichikhala mpaka muyaya,
ndipo ufumu sukhala mpaka mibado yonse.
- 25 Pamene udzu watha, msipu n'kumera;
ndipo atatuta udzu wa ku mapiri,
- 26 ana ankhosa adzakupatsani chovala
ndipo pogulitsa mbuzi mudzapeza ndalam
yogulira munda.
- 27 Mudzakhala ndi mkaka wambuzi wambiri
kuti muzidya inuyo ndi banja lanu

ndi kudyetsa antchito anu aakazi.

28

- ¹ Munthu woyipa amathawa ngakhale palibe
wina womuthamangitsa,
koma wolungama ndi wolumba mtima ngati
mkango.
- ² Pamene m'dziko muli kuwukirana, dzikolo
limakhala ndi olamulira ambiri,
koma anthu omvetsa ndi odziwa zinthu
bwino ndiwo angakhazikitse bata
m'dzikolo nthawi yayitali.
- ³ Munthu wosauka amene amapondereza osauka
anzake
ali ngati mvula yamkuntho imene ima-
wononga mbewu m'munda.
- ⁴ Amene amakana malamulo amatamanda anthu
oyipa,
koma amene amasunga malamulo amatsut-
sana nawo.
- ⁵ Anthu oyipa samvetsa za chiweruzo chol-
ungama,
koma amene amafuna kuchita zimene
Yehova afuna amachimvetsetsa bwino.
- ⁶ Munthu wosauka wa makhalidwe abwino
aposa munthu wolemera wa makhalidwe
okhotakhota.
- ⁷ Amene amasunga malamulo ndi mwana
wozindikira zinthu,

koma amene amayenda ndi anthu adyera
amachititsa manyazi abambo ake.

- 8** Amene amachulukitsa chuma chake polandira
chiwongoladzanja chochuluka
amakundikira chumacho anthu ena, amene
adzachitira chifundo anthu osauka.
- 9** Wokana kumvera malamulo
ngakhale pemphero lake lomwe limamun-
yansa Yehova.
- 10** Amene amatsogolera anthu olungama kuti
ayende m'njira yoyipa
adzagwera mu msampha wake womwe,
koma anthu opanda cholakwa adzalandira
cholowa chabwino.
- 11** Munthu wolemera amadziyesa kuti ndi
wanzeru,
koma munthu wosauka amene ali ndi nzeru
zodziwa zinthu amamutulukira.
- 12** Pamene olungama apambana pamakhala
chikondwerero chachikulu;
koma pamene anthu oyipa apatsidwa ula-
muliro, anthu amabisala.
- 13** Wobisa machimo ake sadzaona mwayi,
koma aliyense amene awulula ndi kuleka
machimowo, adzalandira chifundo.
- 14** Ndi wodala munthu amene amaopa Yehova
nthawi zonse,

koma amene aumitsa mtima wake adzagwa
m'mavuto.

- 15 Ngati mkango wobuma kapena chimbalan-gondo cholusa
ndi mmenenso amakhalira munthu woyipa
akamalamulira anthu osauka.
- 16 Wolamulira amene samvetsa zinthu ndiye
amakhala wankhanza
koma amene amadana ndi phindu lopeza
mwachinyengo adzakhala ndi moyo wau-tali.
- 17 Munthu amene wapalamula mlandu wopha
munthu
adzakhala wothawathawa mpaka imfa yake;
wina aliyense asamuthandize.
- 18 Amene amayenda mokhulupirika adzapulu-mutsidwa
koma amene njira zake ndi zokhotakhota
adzagwa m'dzenje.
- 19 Amene amalima m'munda mwake adzakhala
ndi chakudya chochuluka,
koma amene amangosewera adzakhala
m'mphawi.
- 20 Munthu wokhulupirika adzadalitsika
kwambiri,
koma wofuna kulemera mofulumira adza-langidwa.

- 21 Kukondera si kwabwino,
 ena amachita zolakwazo chifukwa cha
 kachidutswa ka buledi.
- 22 Munthu wowumira amafunitsitsa kulemera
 koma sazindikira kuti umphawi udzamugw-
 era.
- 23 Amene amadzudzula mnzake potsiriza pake
 mnzakeyo adzamukonda kwambiri, kupam-
 bana amene amanena mawu oshashalika.
- 24 Amene amabera abambo ake kapena amayi
 ake
 namanena kuti “kumeneko sikulakwa,”
 ndi mnzake wa munthu amene amasakaza.
- 25 Munthu wadyera amayambitsa mikangano,
 koma amene amadalira Yehova adzalemera.
- 26 Amene amadzidalira yekha ndi chitsiru,
 koma amene amatsata nzeru za ena adzapu-
 lumuka.
- 27 Amene amapereka kwa osauka sadzasowa
 kanthu,
 koma amene amatsinzina maso ake adza-
 tembereredwa kwambiri.
- 28 Pamene anthu oyipa apatsidwa ulamuliro
 anthu amabisala,
 koma anthu oyipa akawonongeka olungama
 amapeza bwino.

29

- ¹ Munthu amene amawumitsabe khosi lake atadzudzulidwa kwambiri,
adzawonongeka mwadzidzidzi popanda chomuchiritsa.
- ² Anthu olungama akamalamulira m'dziko anthu amakondwa,
koma ngati dziko lilamulidwa ndi anthu oyipa mtima anthu amadandaula.
- ³ Munthu amene amakonda nzeru amasan-galatsa abambo ake,
koma woyenda ndi akazi achiwerewere amasakaza chuma chake.
- ⁴ Mfumu imalimbitsa dziko poweruza mwachilungamo,
koma mfumu imene imawumiriza anthu kuti ayipatse mphatso imawononga dziko.
- ⁵ Munthu woshashalika mnzake,
akudziyalira ukonde mapazi ake.
- ⁶ Munthu woyipa amakodwa ndi machimo ake,
koma wochita chilungamo amayimba lokoma.
- ⁷ Munthu wolungama amasamalira anthu os-auka,
koma woyipa salabadira zimenezi.
- ⁸ Anthu onyoza atha kuwutsa ziwawa mu mzinda,

koma anthu anzeru amaletsa ukali.

⁹ Ngati munthu wanzeru atsutsana ndi chitsiru,
chitsirucho chimachita phokoso ndi kuman-
goseka ndipo sipakhala mtendere.

¹⁰ Anthu okhetsa magazi amadana ndi munthu
wangwiyo
koma anthu olungama amasamalira moyo
wake.

¹¹ Munthu wopusa amaonetsa mkwiyo wake,
koma munthu wanzeru amadzigwira.

¹² Ngati wolamulira amvera zabodza,
akuluakulu ake onse adzakhala oyipa.

¹³ Munthu wosauka ndi munthu wopondereza
anzake amafanana pa kuti:
Yehova ndiye anawapatsa maso onsewa.

¹⁴ Ngati mfumu iweruza osauka moyenera,
mpando wake waufumu udzakhazikika
nthawi zonse.

¹⁵ Ndodo ndi chidzudzulo zimapatsa nzeru
koma mwana womulekerera amachititsa
amayi ake manyazi.

¹⁶ Oyipa akamalamulira zoyipa zimachuluka,
koma anthu olungama adzaona kugwa kwa
anthu oyipawo.

- 17 Umulange mwana wako ndipo adzakupatsa
 mtendere
 ndi kusangalatsa mtima wako.
- 18 Ngati uthenga wochokera kwa Yehova su-
 pezeka anthu amangochita zofuna zawo;
 koma wodala ndi amene amasunga mala-
 mulo.
- 19 Munthu wantchito sangalangizidwe ndi mawu
 okha basi;
 ngakhale awamvetse mawuwo sadzatha ku-
 chitapo kanthu.
- 20 Ngakhale munthu wa uchitsiru n'kuti ndiponi
 popeza chikhulupiriro chilipo
 kuposa munthu wodziyesa yekha kuti ndi
 wanzeru poyankhula.
- 21 Ngati munthu asasatitsa wantchito wake
 kuyambira ali mwana,
 potsirizira adzapeza kuti wantchitoyo
 wasanduka mlowachuma wake.
- 22 Munthu wamkwiyo amayambitsa mikangano,
 ndipo munthu waukali amachita zolakwa
 zambiri.
- 23 Kunyada kwa munthu kudzamutsitsa,
 koma munthu wodzichepetsa amalandira
 ulemu.
- 24 Woyenda ndi munthu wakuba ndi mdani wa
 moyo wake womwe;

amalumbira koma osawulula kanthu.

- 25** Kuopa munthu kudzakhala ngati msampha,
koma aliyense amene amadalira Yehova
adzatetezedwa.
- 26** Anthu ambiri amafunitsitsa kuti wolamulira
awakomere mtima,
koma munthu amaweruzidwa mwachilung-
amo ndi thandizo la Yehova basi.
- 27** Anthu olungama amanyansidwa ndi anthu
achinyengo;
koma anthu oyipa amanyansidwa ndi anthu
a mtima wowongoka.

30

Mawu a Aguri

- 1** Nawa mawu a Aguri mwana wa Yake wa ku
Masa:
Munthuyo anati kwa Itieli, “Inu Mulungu, ine
ndatopa.
Inu Mulungu, ine ndatopa. Ndalefukiratu.
- 2** “Ine ndine munthu wopusa kuposa anthu onse;
ndilibe nzeru zomvetsa zinthu zonga za
munthu.
- 3** Sindinaphunzire nzeru,
ndipo Woyerayo sindimudziwa.
- 4** Kodi ndani anakwera kumwamba ndi kut-
sikako?
Ndani anafumbatapo mphepo m'manja
mwake?
Ndani anamanga madzi m'chovala chake?

Ndani anakazikitsa mathero onse a dziko
lapansi?

Dzina lake ndani? Ndiuze ngati ukudziwa!
Ndipo mwana wake dzina lake ndani?

5 "Mawu ali wonse a Mulungu ndi opanda
cholakwika;
Iye ndi chishango kwa amene amathawira
kwa Iye.

6 Usawonjezepo kanthu pa mawu ake,
kuopa kuti Iye angadzakudzudzule ndi
kukupeza kuti ndiwe wabodza."

7 "Inu Yehova, ndikukupempani zinthu ziwiri
musandimane zimenezo ndisanafe:

8 Choyamba, mundichotsere kutali nane ma-
bodza ndi chinyengo.

Chachiwiri, ndisakhale m'mphawi kapena
munthu wachuma.

Koma muzindidyietsa chakudya chondik-
wanira tsiku ndi tsiku

9 kuopa kuti ndikakhuta kwambiri ndingayambe
kukukanani,
n'kumanena kuti, 'Yehova ndiye yaninso?'

Kuopano kuti ndikakhala wosauka
ndingayambe kuba,
potero n'kuyipitsa dzina la Mulungu
wanga."

10 "Usamusinjirire wantchito kwa mbuye wake
kuopa kuti angakutemberere ndipo iweyo
n'kupeze ka wolakwa."

- 11 "Alipo ena amene amatemberera abambo
awo,
ndipo sadalitsa amayi awo.
- 12 Pali ena amene amadziyesa okha oyera mtima
komatu sanachotse zoyipa zaho.
- 13 Pali ena ndi odzitukumula kwambiri,
amene amakweza zikope modzitukumula.
- 14 Pali ena amene mano awo ali ngati malupanga
ndipo zibwano zaho zili ngati mipeni
moti amadya amphawi ndi kuwachotsa pa dziko
lapansi.
Amachotsanso anthu osauka pakati pa an-
zaho."
- 15 "Msundu uli ndi ana aakazi awiri
iwo amalira kuti, 'Tipatseni! Tipatseni!' "
- "Pali zinthu zitatu zimene sizikhuta,
zinthu zinayi zimene sizinena kuti,
'Takhuta!'
- 16 Manda, mkazi wosabala,
nthaka yosakhuta madzi
ndiponso moto womangoyakirayakira!"
- 17 Aliyense amene amanyoza abambo ake,
ndi kunyozera kumvera amayi ake,
makwangwala a ku chigwa adzamukolowola
maso
ndipo mphungu zidzadya mnofu wake.
- 18 Pali zinthu zitatu zimene zimandidabwitsa,
zinthu zinayi zimene ine sindizimvetsetsa.
- 19 Ndipo ndi izi: mmene chiwulukira chiwom-
bankhangga mlengalenga;

mmene iyendera njoka pa thanthwe;
 mmene chiyendera chombo pa nyanja;
 ndiponso mmene mwamuna achitira
 akakhala ndi namwali.

- ²⁰ Umu ndi m'mene mkazi amachitira attachita chigololo:
 Atatha kudya ndi kupukuta pakamwa pake iye amanena kuti "Sindinachite kalikonse kolakwa."
- ²¹ Pali zinthu zitatu zimene zimanjenjemeretsa dziko lapansi,
 pali zinthu zinayi zimene dziko lapansi silingathe kuzipirira:
- ²² Kapolo amene wasanduka mfumu,
 chitsiru chimene chakhuta,
- ²³ mkazi wonyozeka akakwatiwa
 ndiponso wantchito wamkazi akalanda mwamuna wa mbuye wake.
- ²⁴ Pali zinthu zinayi zing'onozing'ono pa dziko lapansi,
 komatu ndi zochenjera kwambiri:
- ²⁵ Nyerere zili ngati anthu opanda mphamvu,
 komatu zimasungiratu chakudya chake nthawi ya chilimwe;
- ²⁶ mbira zili ngati anthu opanda mphamvu
 komatu zimakonza pokhalapo pawo m'miyala;
- ²⁷ dzombe lilibe mfumu,
 komatu lonse limakhala m'magulumagulu poyenda.

- 28 Buluzi unga the kumugwira m'manja
komatu amapezeka m'nyumba za mafumu.
- 29 "Pali zinthu zitatu zimene zimayenda chiny-
achinya,
pali zinthu zinayi zimene zimayenda
monyadira:
- 30 Mkango umene uli wamphamvu kuposa
nyama zone,
ndipo suthawa kanthu kalikonse.
- 31 Tambala woyenda chinyachinya, mbuzi yay-
imuna,
ndiponso mfumu yoyenda pakati pa anthu
ake.
- 32 "Ngati wakhala ukupusa ndi kumadzikweza
wekha,
kapena ngati wakhala ukukonzekera zoyipa,
ndiyе khala kaye chete, uganizire bwino!"
- 33 Paja pakutha mkaka mafuta amapangidwa,
ndipo ukapsinya mphuno, magazi amatu-
luka,
ndipo mikangano imakhalapo ukalimbikira
kukwiya."

31

Mawu a Mfumu Lemueli

- ¹ Nawa mawu a mfumu Lemueli wa ku Massa
amene anamuphunzitsa amayi ake:
- ² N'chiyani mwana wanga? N'chiyani mwana
wa m'mimba mwanga?
N'chiyani iwe mwana wanga amene ndina-
chita kupempha ndi malumbiro?

- 3** Usapereke mphamvu yako kwa akazi.
 Usamayenda nawo amenewa popeza amawononga ngakhale mafumu.
- 4** Iwe Lemueli si choyenera kwa mafumu,
 mafumu sayenera kumwa vinyo.
 Olamulira asamalakalake chakumwa choledzeretsa
- 5** kuopa kuti akamwa adzayiwala malamulo a dziko,
 nayamba kukhotetsa zinthu zoyenera anthu osauka.
- 6** Perekani chakumwa choledzeretsa kwa amene ali pafupi kufa,
 vinyo kwa amene ali pa mavuto woopsa;
- 7** amwe kuti ayiwale umphawi wawo
 asakumbukirenso kuvutika kwawo.
- 8** Yankhula m'malo mwa amene sangathe kudziyankhulira okha.
 Uwayankhulire anthu onse osiyidwa pa zonse zowayenera.
- 9** Yankhula ndi kuweruza mwachilungamo.
 Uwateteze amphawi ndi osauka.

Mathero: Mkazi Wangwiro

- 10** Kodi mkazi wangwiro angathe kumupeza ndani?
 Ndi wokwera mtengo kuposa miyala yamtengowapatali.
- 11** Mtima wa mwamuna wake uma-mukhulupirira
 ndipo mwamunayo sasowa phindu.
- 12** Masiku onse a moyo wake

mkaziyo amachitira mwamuna wake zab-wino zokhazokha osati zoypa.

- 13 Iye amafunafuna ubweya ndi thonje; amagwira ntchito ndi manja ake mwaufulu.
- 14 Iye ali ngati sitima zapamadzi za anthu amalonda, amakatenga chakudya chake kutali.
- 15 Iye amadzuka kusanache kwenikweni; ndi kuyamba kukonzera a pa banja pake chakudya ndi kuwagawira ntchito atsikana ake antchito.
- 16 Iye amalingalira za munda ndi kuwugula; ndi ndalama zimene wazipeza amalima munda wamphesa.
- 17 Iye amavala zilimbe nagwira ntchito mwamphamvu ndi manja ake.
- 18 Iye amaona kuti malonda ake ndi aphindu, choncho nyale yake sizima usiku wonse.
- 19 Iye amadzilukira thonje ndipo yekha amagwira chowombera nsalu.
- 20 Iye amachitira chifundo anthu osauka ndipo amapereka chithandizo kwa anthu oswa.
- 21 Iye saopa kuti banja lake lifa ndi kuzizira pa nyengo yachisanu; pakuti onse amakhala atavala zovala zo-funda.
- 22 Iye amadzipangira yekha zoyala pa bedi pake; amavala zovala zabafuta ndi zapopo.
- 23 Mwamuna wake ndi wodziwikpa chipata cha mzinda,

- ndipo amakhala pakati pa akuluakulu a
m'dzikomo.
- ²⁴ Iye amasoka nsalu zabafuta nazigulitsa;
amaperekanso mipango kwa anthu
amalonda.
- ²⁵ Mphamu ndi ulemu zimakhala ngati chovala
chake;
ndipo amaseka osaopa zam'tsogolo.
- ²⁶ Iye amayankhula mwanzeru,
amaphunzitsa anthu mwachikondi.
- ²⁷ Iye amayang'anira makhalidwe a anthu a pa
banja lake
ndipo sachita ulesi ndi pang'ono pomwe.
- ²⁸ Ana ake amamunyadira ndipo amamutchha
kuti wodala;
ndipo mwamuna wake, amamuyamikira
n'kumati,
- ²⁹ "Pali akazi ambiri amene achita zinthu zopam-
bana
koma iwe umawaposa onsewa."
- ³⁰ Nkhope yachikoka ndi yonyenga, ndipo kukon-
gola n'kosakhalitsa;
koma mkazi amene amaopa Yehova ayenera
kutamandidwa.
- ³¹ Mupatseni mphotho chifukwa cha zimene iye
wachita
ndipo ntchito zake zimutamande ku mab-
walo.

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